

GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD, MILK, COFFEE & TEA - TARTAR SAUCE SERVED WITH FISH

CONGREGATE DINING RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BBQ CHICKEN THIGHS COLESLAW SWEET POTATO GREEN BEANS FRESH FRUIT
4 TURKEY BURGER w/ Peppers & Onions AU GRATIN POTATOES MIXED VEGETABLES MANDARIN ORANGES	5 CHICKEN DIVAN CALIFORNIA VEGETABLE MEDLEY WHITE RICE PEARS	6 MEATLOAF w/ Gravy CORN MASHED POTATOES APPLE CRISP	7 SEAFOOD SCAMPI TOMATOES & ZUCCHINI SPINACH LINGUINI FRESH FRUIT <i>Nutrition Ed. - Jewett</i>	8 MEATBALL SUB ITALIAN MIXED VEGETABLES ITALIAN PASTA SALAD FRESH FRUIT
11 BEEF CHILI BROCCOLI BROWN RICE TROPICAL FRUIT	12 CHICKEN QUARTERS w/ Gravy MASHED POTATOES GREEN BEANS VANILLA MOUSSE	13 CHICKEN PARMESAN ITALIAN MIXED VEGETABLES SPINACH WHOLE WHEAT LINGUINE <i>Nutrition Ed. - Catskill</i>	14 ROAST PORK w/ Gravy APPLESAUCE MASHED POTATOES RED CABBAGE FRUITED JELL-O	15 CRAB STUFFED COD BAKED POTATO WINTER MIXED VEGETABLES FRESH FRUIT
18 CHICKEN DIJON MONACO VEGETABLE MIX MASHED POTATOES FRUIT COCKTAIL	19 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES TROPICAL FRUIT	20 HOTDOG w/ Sauerkraut BAKED BEANS CARROTS PB SWIRL BROWNIE <i>Nutrition Ed. - Athens</i>	21 CHRISTMAS HOLIDAY DINNER  ROAST BEEF w/GRAVY MASHED POTATOES PEAS & CARROTS CHEESECAKE w/ Strawberry Topping	22 STUFFED CABBAGE ITALIAN MIXED VEGETABLES WHITE RICE FRESH FRUIT
25 DEPARTMENT CLOSED NO MEALS 	26 TORTELLINI W/ SAUSAGE SPINACH CARROTS PEACHES	27 LEMON PEPPER FISH SONOMA VEGETABLES BROCCOLI RICE PILAF BUTTERSCOTCH PUDDING	 28 NEW YEARS EVE DINNER BAKED HAM w/ PINEAPPLE SAUCE AU GRATIN POTATOES MONACO MIXED VEGETABLES CHOCOLATE SILK PIE	29 HUNGARIAN GOULASH w/ EGG NOODLES OLD FASHIONED VEGETABLE MIX RED CABBAGE FRESH FRUIT