



Greene County Round Table News

Published by Greene County Department of Human Services since 1976

JUNE 2023

Greene County Legislature Presents Annual Senior Citizen Awards

On Wednesday, May 17, the Greene County Legislature took time out from their regular monthly meeting to honor several Greene County senior citizens for volunteering their time and dedication to the community. Receiving county proclamations were:

PATRICIA ELSBREE - 2023 GREENE COUNTY SENIOR CITIZEN OF THE YEAR
receiving proclamation from Greenville Legislator Greg Davis



ROBERT KNIGHTON - OUTSTANDING CONTRIBUTION BY A SENIOR CITIZEN
receiving proclamation from New Baltimore Legislator Patrick Linger



CERTIFICATE OF MERIT RECOGNITION
John Pulice receiving proclamation
from Legislator Edward Bloomer



GREENE COUNTY SENIOR SERVICE CENTERS

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather.

If you wish lunch from any of the nutrition sites, you must notify the appropriate center by noon, a day in advance. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.

If you would like lunch at either Athens or Catskill & need transportation, please call the Nutrition office to schedule.

ACRA

Acra Community Center,
Old Rte. 23, Acra
(518) 622-9898

Ashley Reynolds
Meal Site Manager

Elaine Cherrington
Cook

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Roxanne Slater
Sr. Service Center Mngr.

Shane Dillon
Central Kitchen Manager

Mary Santiago
Cook

Bonnie Farrell
Food Service Helper

JEWETT

Jewett Municipal Building
3547 Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager

CATSKILL

Robert C. Antonelli
Senior Center
15 Academy Street,
Catskill
943-1343

Penny Konstalid
Meal Site Manager

DEPARTMENT of HUMAN SERVICES MEAL COUPON BOOKLETS AVAILABLE



MEAL COUPON BOOKS ARE ALWAYS AVAILABLE FOR
PURCHASE FOR BOTH CONGREGATE
AND HOMEBOUND MEAL CLIENTS.

BOOKLETS CONTAIN 10 COUPONS,
AT A COST OF \$30.00,
TO USE FOR MEAL CONTRIBUTIONS.

* IF YOU RECEIVE A HOME DELIVERED MEAL AND
WISH TO PURCHASE A BOOKLET, PLEASE CALL THE
MAIN OFFICE AT 518-719-3555 AND ASK FOR THE
NUTRITION DEPARTMENT. WE WILL MAKE
ARRANGEMENTS FOR A BOOKLET TO BE DELIVERED
DIRECTLY TO YOU.

* CONGREGATE DINERS CAN REQUEST A BOOKLET AT
THEIR FAVORITE NUTRITON SITE.

COXSACKIE

Town of Coxsackie
Senior Center
127 Mansion Street,
Coxsackie
731-8901

Dorothy Barkman
Meal Site Manager

GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE ELIGIBLE - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH

CONGREGATE DINING RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE

BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
			<p align="center">1</p> <p align="center">MEATBALL SUB MONACO VEG MIX ITALIAN PASTA SALAD FRESH FRUIT NUTRITION EDUCATION COXSACKIE SITE</p>	<p align="center">2</p> <p align="center">CRANBERRY CHICKEN SALAD MARINATED CARROTS MIXED GREENS MACARONI SALAD FRESH FRUIT</p>
<p align="center">5</p> <p align="center">MACARONI & CHEESE 3 BEANS SALAD STEWED TOMATOES TROPICAL FRUIT</p>	<p align="center">6</p> <p align="center">PORK CHOP w/Gravy APPLESAUCE PEAS & CARROTS MASHED SWEET POTATOES FRUITED JELL-O</p>	<p align="center">7</p> <p align="center">TORTELLINI SAUSAGE SPINACH CHOCOLATE MOUSE w/Whipped Topping</p>	<p align="center">8</p> <p align="center">AMERICAN CHEESEBURGER CORN & CARROT MEDLEY COLD BEET SALAD FRESH FRUIT</p>	<p align="center">9</p> <p align="center">CHICKEN & BISCUITS w/Gravy GREEN BEANS MASHED POTATOES FRESH FRUIT</p>
<p align="center">12</p> <p align="center">CHICKEN DIVAN TUSCAN VEGETABLES WHITE RICE FRUIT COCKTAIL</p>	<p align="center">13</p> <p align="center">BAKED SALMON w/ Dill Sauce BROCCOLI SCALLOPED POTATOES MANDARIN ORANGES & PINEAPPLE</p>	<p align="center">14</p> <p align="center">CHICKEN PARMESAN ITALIAN MIXED VEGETABLES ROTINI PASTA CHEESECAKE w/ Strawberry Sauce NUTRITION EDUCATION ACRA SITE</p>	<p align="center">15</p> <p align="center">MEATLOAF w/ Gravy MASHED POTATOES MONACO VEGETABLE MIX FRESH FRUIT</p>	<p align="center">16</p> <p align="center">CHEF SALAD w/ HAM & SWISS 3 BEAN SALAD MACARONI SALAD YOGURT PARFAIT FRESH BERRIES</p>
<p align="center">19</p> <p align="center">FISH FLORENTINE PRUNE JUICE BROCCOLI RICE PILAF FRUIT CUP</p>	<p align="center">20</p> <p align="center">SALISBURY STEAK w/Onion Gravy AU GRATIN POTATOES CORN PEARS</p>	<p align="center">21</p> <p align="center">BIRTHDAY CELEBRATION</p> <p align="center">STUFFED PEPPERS BRUSSELS SPROUTS CHOCOLATE CAKE</p> 	<p align="center">22</p> <p align="center">KNOCKWURST w/ SAUERKRAUT* CARROTS BAKED BEANS STRAWBERRY SHORTCAKE * LOW SODIUM DIET SUBST: BBQ CHICKEN</p>	<p align="center">23</p> <p align="center">TUNA MACARONI SALAD over Mixed Greens CUCUMBERS & TOMATOES COLESLAW FRESH FRUIT</p>
<p align="center">26</p> <p align="center">SWEET & SOUR CHICKEN ORIENTAL MIXED VEGETABLES LOW SODIUM V8 JUICE WHITE RICE PEACHES</p>	<p align="center">27</p> <p align="center">BAKED ZITI w/ MEATBALLS ITALIAN VEGETABLES COOKIES</p>	<p align="center">28</p> <p align="center">FRENCH ONION CHICKEN BAKE MASHED POTATOES GREEN BEANS LEMON PUDDING</p>	<p align="center">29</p> <p align="center">ROAST TURKEY w/Gravy MASHED POTATOES BROCCOLI STUFFING CHERRY BARS NUTRITION EDUCATION ACRA SITE</p>	<p align="center">30</p> <p align="center">SHRIMP SCAMPI TOSSED SALAD SPINACH LINGUINI FRESH FRUIT</p>

Crafting a FUN LIFE

It's always a fun time at the Rivertown Senior Center in Athens when crafters get together with our very own, Nettie!

Want to join the fun while creating a one-of-a-kind item?

Stop by any Tuesday from 1pm - 3pm to join in the creativity.



CINCO DE MAYO is a yearly celebration held on May 5 to celebrate Mexico's victory over the Second French Empire at the Battle of Puebla in 1862 led by General Ignacio Zaragoza.

However, it has also become a day of fun & celebration here in America when one partakes

in a Margarita and Mexican food. The seniors at the Robert Antonelli Senior Center in Catskill were among the many enjoying the spirit of the day.



BONNIE, BONNIE, QUITE CONTRARY HOW DOES YOUR GARDEN GROW?



JOIN IN THE GARDENING FUN

RIVERTOWN SENIOR CENTER
ATHENS

MONDAYS and THURSDAYS
STARTING JUNE 5
1:00 P.M. TO 3:00 P.M.



SHOPPING BUS

The Greene County Department of Human Services offers a shopping bus to Greene County residents age 60 or older. Seniors are picked up at their door, driven to Catskill for shopping, and then have lunch at a local Senior Center before returning home.

For further information: call 518-719-3555

Advanced notice, of at least one day, to bus driver is required.

MONDAY:

Mountaintop
(Windham, Ashland, Prattsville, Jewett & Hunter)

TUESDAY:

Cairo/Greenville/Leeds

WEDNESDAY:

Athens/Coxsackie/Catskill

NOTE:

The shopping bus does not run on the following holidays:

New Year's Day

Presidents' Day

Independence Day

Election Day (November)

Thanksgiving

Martin Luther King, Jr. Day

Memorial Day

Columbus Day

Veterans Day

Christmas

During inclement weather, it may be necessary for us to close our senior service centers because of hazardous driving conditions. When we close the centers, we also cancel transportation services for the day.

SHOPPING BUS TRIP TO COLONIE CENTER

THURSDAY, JUNE 15, 2023

\$10 Per person - Payment due at time of departure/boarding.

No exceptions please.

Call 518-719-3568 to reserve a seat.

Reservations must be made no later than 4:30 p.m. Friday, June 9

Each person is required to make their own reservation

**MUST HAVE A MINIMUM OF EIGHT RESERVATIONS
FOR TRIP TO OCCUR**





Nutrition Notes

Written by: Nicole Gehman, MS, RD, CD-N

The Summer season is almost here! Warmer weather brings the opportunity to grow your own fruits and vegetables, be more active outdoors, and visit local farm stands, and farmers' markets. With an abundance of warm weather crops, eating a nutritious diet seems to get easier during the warmer months. This summer, work on incorporating more farm fresh foods into your diet, try new produce, increase your physical activity- all help to improve your energy levels.

Gardening can be a great way to mix up your fitness routine and become more active outside. The aspects of gardening or yard work would engage multiple muscle groups including arms and legs, back, shoulders and your abdomen. All the mowing, raking, bending, twisting, planting, and weeding burns calories too. Remember to bend from your knees, take short walks and admire your lawn and plants, and lightly stretch your muscles before and after activities.



If you would like to try planting a garden, or have a few potted plants, there is still time. Not all planting must be done in the Spring. Vegetables seeds such as summer squash, beans, lettuces, Swiss chard, tomatoes, and peppers can be planted in the first two weeks of June. These crops have a short maturation time (~50 days) and would be ready to harvest before the nights turn cool. If you prefer planting more mature crops, you can purchase sprouted plants at a local farmers' market, farm stand, or garden center.

With so many fruits and vegetables in season during Summer, there is ample opportunity to add more nutritious, fibrous foods into your meal plan. Other seasonal foods include beets, cherries, peaches, cucumbers, kale, spinach, and berries. They all make great snacks and additions to salads. Crops often taste better and are more cost effective in season.



Making summer salads is a way to enjoy all the delicious options. Try a caprese salad with peaches instead of tomatoes! Mix fresh peaches, mozzarella pearls, and fresh torn basil with a drizzle of olive oil, balsamic vinegar, and seasonings.

You can also pair nuts and fresh berries over mixed greens including baby kale, spinach, and green lettuce-top with balsamic vinaigrette and enjoy. Try a new fruit or vegetable this season that you have never cooked or eaten.



What's in Season for June?

		
Blackberries	Corn	Melons
Artichokes Asparagus Avocados Bananas Beets Blueberries Bok Choy Broccoli Carrots Cauliflower Celery	Cherries Cucumbers Grapes Green Beans Greens Leeks Lemons/Limes Mango Mushrooms Okra Papaya	Peas Pineapple Potatoes Raspberries Stone Fruit Strawberries Summer Squash Tomatoes Vidalia Onions Zucchini
Visit ProduceforKids.com for more info & recipes!		

Ask The



As a registered dietitian, I am always available to help you reach your health goals or more ways to incorporate colorful foods into your diet.

Please call the main office at (518) 719-3555 to request an individual nutrition referral. I will respond via telephone to provide additional information and answer any dietary questions you may have.

Dietitian! *Nicole*

COMING IN JULY NYS FARMERS MARKETS CHECKS

If you are a senior, aged 60 years or older, and low-income, you may be eligible to receive Senior Farmers Market Nutrition Program (SFMNP) checks. Eligible seniors receive a \$25 booklet of SFMNP checks that can be used to purchase local, fresh, unprocessed vegetables and fruits at **participating** farmers markets and farm stands. The program starts July 1.

Check back with GCDHS for updated information on when & where to obtain booklets.





**AmeriCorps
Seniors**

DO YOU ENJOY DRIVING?



We are in need of volunteers to serve as Medical Transportation and/or Home Delivered Meal Drivers.

Medical Transportation Volunteers drive homebound senior clients to medical appointments when they have no other means of transportation available.

Home Delivered Meal Volunteers deliver healthy, nutritious, balanced meals, up to five days a week to Greene County residents, age 60 and older, who can't prepare meals for themselves.

We offer mileage reimbursement at the IRS rate, currently 65.5 cents a mile.

All volunteers are required to complete a registration form and submit to a background check.

Make a Difference in Someone's Life

When you volunteer you are getting a chance to help someone who really needs you. As a senior, you have had a lot of life experiences that you can use to help someone else. Whether you volunteer and drive a senior to a medical appointment, or deliver a meal to a homebound senior you will be making a direct impact on someone's life. After a day of volunteering, you will go home knowing you made a difference in someone's life, and that is a very special feeling!

Consider volunteering with Greene County Department of Human Services AmeriCorps Senior Program. Contact Ruth Pforte at 518-719-3555 or rpforte@discovergreene.com for information on how you can get started.

"There is no better exercise for your heart than reaching down and helping to lift someone up."
Bernard Meltzer



Attention Greene County Seniors living in Catskill, Coxsackie-Athens or Greenville

HELPING HANDS PROGRAM

Greene County Department of Human Services' Senior Angels Program has teamed up with local Rotary Clubs on the "**HELPING HANDS**" program.

If you need assistance with getting groceries or some minor repairs done around the home (i.e.: changing out screens to storm windows, changing light bulbs, and any minor repairs) please let the Greene County Senior Angels know.

Please call: 518-719-3555 and ask for the Helping Hands Coordinator.



Note: Large jobs requiring a contractor are not eligible (i.e.: new roof, deck or fencing)



39 Second Street, Athens



MONDAY 9:00 A.M. – 11:30 A.M.

WEDNESDAY 9 A.M. – 11:30 A.M. & 12:30 P.M. – 2:00 P.M.

**ALL SUMMER CLOTHES ARE 1/2 PRICE DURING JUNE!
MENS & WOMENS SIZES XS - 4X**

*NOTE: We are in need of donations.
Donations are accepted during business hours only.*



ATTENTION U. S. VETERANS AND CURRENT MILITARY PERSONNEL

June Events of Interest in Greene County **PTSD Awareness Month**



Thurs. June 1	7:00 p.m. 7:00 p.m.	Greenville American Legion meeting Catskill American Legion meeting @ Elks Lodge
Fri. June 2	7:00 p.m.	Greene County American Legion meeting @ Athens Post
Sun, June 4	9:00 a.m.	Vet-2-Vet Breakfast @ Athens Post (see flyer)
Tues. June 6	7:00 p.m.	Greenville Legion Riders meeting
Wed. June 7	7:00 p.m. 7:00 p.m.	Prattsville American Legion meeting Tannersville American Legion @ Firehouse
Thurs. June 8	7:00 p.m.	Greenville S.A.L. meeting
Sun. June 11	10:00 a.m. 11:00 a.m.	Flag Retirement Ceremony @ Greenville Catskill Elks Flag Day Ceremony
Tues. June 13	7:00 p.m.	Cairo American Legion meeting
Wed. June 14	8:30 a.m. 2:00 p.m. 7:00 p.m. 7:00 p.m.	Flag Ceremonies Ellis Elementary, Greenville EJA Elementary, Athens Athens American Legion meeting Windham VFW Meeting
Sat. June 17	11:00 a.m.	Catskill VFW meeting
Tues. June 20	7:30 p.m.	New Baltimore American Legion @ Cornell Hook & Ladder firehouse
Thurs. June 22	7:00 p.m.	Greenville Legion Auxiliary
Wed. June 28	7:00 p.m.	Marine Corps League Meeting @ East Durham firehouse

GREENE COUNTY



Veterans Breakfast Sunday, June 4th At 9 A.M.

*Hosted by Athens American Legion Post 187
Address: 94 2nd St, Athens NY, 12015*

*Please RSVP by Thursday, June 1st
Contact Vet2Vet with any questions:
Arin.Vandemark.@Hvncvr.org
Office: 518-719-0020*



HVNCVR
THE HUDSON VALLEY
NATIONAL CENTER FOR
VETERAN REINTEGRATION

News From the Greene County Youth Bureau

GREENE COUNTY RECOGNIZES OUTSTANDING AREA YOUTH

Greene County is pleased to announce their selections for their 2023 Youth Awards. A description of the activities and involvement within the community for each youth nominated was submitted to the Greene County Youth Advisory Board portraying a caring, dedicated individual whose efforts and accomplishments should be recognized. Selecting the awardees out of the many excellent nominations was a very difficult task. However, they are confident that the awards are being made to very deserving young members of our county: **Ella Schoenborn of Coxsackie has been named the 2023 Youth of the Year while Micah Doig of Catskill will receive the Chairman's Award and Maeve Lampman of Surprise will receive the Director's Award.**



Ella Schoenborn, daughter of Gus Schoenborn and Christina Gifford, is in the 9th grade at Academy of the Holy Names. In 2018, at the age of nine, Ella embarked on a mission to feed the hungry. "ProjectElla" started simply as a sandwich making operation in her home and ballooned into the distribution of more than 7,000 meals and hundreds of thousands of food pantry items. Since starting Project Ella, Schoenborn has helped more than a dozen organizations and food pantries. She serves as a volunteer for Street Soldiers of the Capital District, as well as locally at the Bethel AME Church in Coxsackie, Cairo

Food Pantry, Athens Food Pantry, Catskill Community Fridge, Salvation Army in Hudson and the Hilltown Food Pantry. While freely giving to benefit others, Ella maintains a 4.0 GPA and is an active member of her school community. She is a member of the Student Council and has served as Class President. She is on the school's Cross Country/Track team and was Captain of the JV Lacrosse team. She has received numerous community service awards for her dedication and care to her fellow man including: Daughters of American Revolution, Hudson; Greene County Sheriff's Office and Bethel AME Church, Coxsackie. Sunmark Credit Union recognized her with "The Cool to be Kind Student Leader Award" and the YWCA of Northeastern NY presented her with the Young Excellence Award. She has been recognized by the NYS Assembly with a citation for community service and was recognized with the Youth Virtues, Valor, and the Vision Award from the National Catholic Educational Association, having been chosen from more than 1.6 million Catholic school students across the country.



Micah S. Doig, son of Shawn & Linda Doig, is a senior at Catskill High School. He is a member of the Community Life Church and serves as drummer for the Worship team; Youth Group Leader, assists with Light the Night, and helps with church dinners and the concession stand. In addition, he is a Patrol Leader/Sr. Patrol Leader of local scout Troop 131, currently working on his Eagle Scout rank. He has volunteered for Scouting for Food; participated in Veteran's ceremonies in the community; led spring clean-up; placed flags & wreaths on Veteran's graves, and cleaned brush around historical landmarks. He has collected, delivered and sorted food for Matthew 25. Micah is also involved in his school community and has played the lead role in several theater productions (Tarzan in 2022 and "Eddie" in Sister Act in 2023), as well as is a member of the school Jazz band and Baritones. He has achieved recognition as a Life Scout and was nominated by Broadway.com for "Best Performer" for his role in "The 25th Annual Putnam County Spelling Bee", a musical comedy.

Maeve Lampman, daughter of Douglas & Stephanie Lampman, is in the 11th grade at Greenville High School. She volunteers in the community at the Norton Hill Church annual turkey dinner and as a parking guide at the annual Greenville Day. In 2022, she was named to the Greene County Youth Advisory Board. She is an active member of her school community and has volunteered her time by working the GCS chicken BBQ dinner and organizes the school art room. Maeve is a member of the school Interact Club, Journalism Club, Prom Committee, Athletic Association, Varsity cheerleader and serves as Student Council Secretary. She plays a vital role within the school by serving as a Mental Health Advocate. Academically, she has made the Principals' Honor Roll and in 2022 was named to the National Honor Society. She considers "giving back to the community important as the community has cared for me throughout my life. I believe I can make a difference."



Joseph Vanholestyn, son of Joe & Lisa Vanholestyn, of East Durham will receive Merit Recognition. Joe is in Grade 11 at Cairo-Durham High School. He has volunteered his time with the library, highway clean-up, and food pantries. As a scout, he has participated in parades, Veterans' events, served in various ranks, earned 32 badges and was named to the Order of the Arrow (Scouts Honor Society). He has given to his community by serving as a volunteer firefighter with the East Durham Fire Company since 2020, and is currently training in CPR and Safety.

Congratulations to all these fine young Greene County residents. They are truly role models for others and we are grateful for their service. They will be honored by the Greene County Legislature at opening ceremonies of the Greene County Youth Fair, Thursday, July 27 in Cairo.

Mark Your Calendars Now



Angelo Canna Park, Mountain Avenue, Cairo

Thursday, July 27 - Sunday, July 30, 2023

Hours: 9:00 a.m. - 9:00 p.m. Sunday: 9:00 a.m. - 3:00 p.m.

Saturday, Fireworks at 9:00 p.m.

For more information, go to: www.thegreencountyyouthfair.com

GREENE COUNTY YOUTH FAIR

PIG RAFFLE

WHOLE HOG WITH PROCESSING

\$10 PER TICKET

ONLY 500 TICKETS SOLD!

FOR MORE INFO EMAIL
GREENECOUNTYAGSOCIETY@GMAIL.COM



TICKETS
AVAILABLE AT
GREENE COUNTY
DEPARTMENT OF
HUMAN SERVICES
MAIN OFFICE

DRAWING WILL BE HELD JULY 30, 2023

WHOLE HOG APPROXIMATELY CONSISTS OF:

2 HAMS, 20 LBS.

BACON, 16-20 LBS.

2 PORK LOINS, 30-32 PORK CHOPS

2 PORK BUTTS & 2 PORK SHOULDERS

SAUSAGE, ABOUT 16 LBS.

2 RACKS OF SPARERIBS 3-3 1/2 LBS.

DONATED BY JOHNK FAMILY FARM LLC

GREENE COUNTY SENIOR CITIZENS CLUBS



ATHENS

ATHENS SENIOR CITIZENS

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

Contact person: President Al Ramm, 518-945-1061

CAIRO:

CAIRO GOLDEN AGERS

2nd & 4th monthly Wednesday, 1:30 p.m.

Acra Community Center

Contact person: President Pat Asaro, 518-821-6508

CATSKILL:

CATSKILL SILVER LININGS

2nd monthly Thursday, 1:00 p.m.

Robert C. Antonelli Senior Center

Contact person: President Sheila Pedersen, 518-719-5361

COXSACKIE:

COXSACKIE AREA SENIORS

2nd & 4th monthly Tuesday, 1:00 p.m.

Van Heest Hall, Bethany Village

Contact: Mary Kibbey, 518-634-7524

SENIOR CITIZENS of COXSACKIE

1st & 3rd monthly Monday, 2:00 p.m.

Town of Coxsackie Senior Center

Contact: Pres. Dawn M. Smith, 518-857-4780

GREENVILLE

GREENVILLE GOLDEN YEARS

1st monthly Wednesday, 1:00 p.m.

American Legion Hall

Contact person: President Beverly Myers, 518-966-8482

MOUNTAIN-TOP:

MOUNTAIN TOP GOLDEN AGERS

4th monthly Thursday, 1:30 p.m.

Tannersville Fire Hall

Contact person:

President Margaret Robinson

518-299-0218

W-A-J-P-L GOLDEN AGE CLUB

1st & 3rd Monday, 1:00 p.m.

Windham Town Building

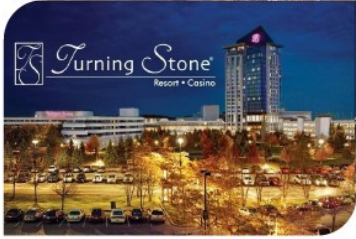
Contact person:

President Lula Anderson

518-734-5360

W-A-J-P-L Golden Age Club Trip

WEDNESDAY, JULY 12, 2023



**Turning Stone
Casino**

and

**Fort Stanwix
National Monument**



\$25 per person

Includes \$25 Free Play & \$5 Food Voucher

**For reservation, please contact
MaryLouise (518) 622-3397
Vicky (518) 734-4164**

Mountaintop Golden Agers



**FRESH HORSES
GARTH BROOKS TRIBUTE**

WEDNESDAY, JULY 12, 2023

**The Log Cabin,
Holyoke, MA**



\$80 per person

Lunch Choice: Twin Lobsters or Prime Rib

**For reservation, please contact
Patty (518) 821-8670**



WILLIAMSBURG & CHARLOTTESVILLE

With Berkeley Plantation & Thomas Jefferson's Monticello

5 DAYS - 4 NIGHTS

SEPTEMBER 11 - 15, 2023

\$ 780.00 per person double occupancy
\$ 740.00 per person triple occupancy
\$1004.00 per person single occupancy

*\$100 deposit with reservation
Balance due by 7/17/23*



PACKAGE INCLUDES:

- * 4 Nights lodging
- * 4 Breakfasts
- * Buffet Lunch at Historic Michie Tavern
- * 3 Dinners including Captain George's Smorgasbord & The Whaling Company
- * 2-Day Ticket to Colonial Williamsburg
- * Guided Tour of Colonial Williamsburg
- * Self-guided tour of Jamestown Settlement
- * Tour of Thomas Jefferson's Monticello
- * Admission to Berkeley Plantation
- * Drive-by University of Virginia
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation

Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

WAJPL GOLDEN AGE CLUB
Mary Louise (518) 622-3397
or
Vicky (518) 734-4164

*Make checks payable and mail to
WAJPL Golden Age Club
P. O. Box 96
Hensonville, NY 12439*

CLARKSVILLE, TENNESSEE BBQ, BISCUITS & BOOZE

6 DAYS - 5 NIGHTS
SEPTEMBER 17 - 22, 2023

Deposit: \$25
\$ 935.00 Per Person
Double Occupancy

\$1268.00 Single Occupancy
Balance due: July 19, 2023 **Clarksville**



PACKAGE INCLUDES:

- * 5 Nights lodging, including overnights
- * 5 Breakfasts
- * 3 Dinners, including a BBQ Dinner
- * 3 Evenings of Entertainment to include:
Blue Grass Music
"Music Throughout the Years" Show
Sweet Charlotte Fun Store
- * Storyteller Farm (formerly owned by Johnny Cash)
- * Visit to a local Tobacco Farm
- * Customs House Museum & Cultural Center
- * Tour of Fort Defiance (American Civil War)
- * Tour of Historic Collinsville
- * Tour & Tasting at Beachaven Winery
- * Great Biscuit Bake-Off
- * Trazo Meadery
- * Souvenir Gift
- * Luggage Handling
- * Taxes & Meal Gratuities
- * Motorcoach Transportation

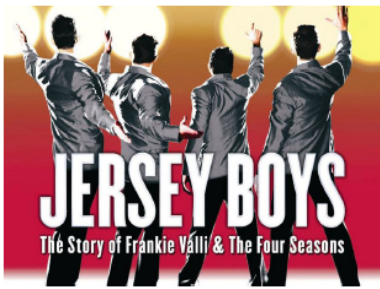


Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS
Georgianna Ramsay
P.O. Box 162
Round Top, NY 12473
(518) 622-3257

Mountaintop Golden Agers



WEDNESDAY, AUGUST 23, 2023

The Mac-Haydn Theatre

Buffet Lunch at KOZEL'S

\$70 per person

**For reservation, please contact
Datty (518) 821-8670**

HOLIDAY SIGHTS & SOUNDS OF LANCASTER, PENNSYLVANIA

Featuring Sight & Sound's "Miracle of Christmas" & "The First Noel" at American Music Theatre

**3 DAYS - 2 NIGHTS
NOVEMBER 15 - 17, 2023**

**\$499 Per Person Double Occupancy
\$648 Per Person Single Occupancy**



PACKAGE INCLUDES:

- * 2 Nights Lodging
- * 2 Breakfasts
- * 2 Dinners including a Smorgasbord Dinner
- * Guided Tour of the Amish Countryside, including stops at an Amish Craft Farm & Bake Shop
- * "The First Noel" at the American Music Theatre
- * "Miracle of Christmas" at Sight & Sound
- * Tanger Outlets
- * Kitchen Kettle Village
- * Souvenir Gift
- * Luggage Handling
- * All Taxes & Meal Gratuities
- * Motorcoach Transportation

*\$25 Deposit at Sign Up
Balance Due No Later than Sept. 1, 2023*
Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

CAIRO GOLDEN AGERS
Pam O'Reilly (518) 821-6508
11 Rolling Meadow Rd. Cairo, NY 12413
Patty Asaro (518) 634-7303

★ WHITE STAR TOURS 28 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

Mt Top Golden Agers presents

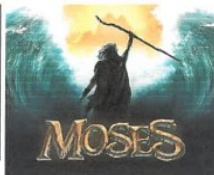
"MOSES" in Lancaster, PA

Set adrift as a baby, Moses is an unlikely hero – until God calls him to lead His people out of Egypt and into the promised land. Experience one of the Bible's most epic stories as MOSES comes to life with massive sets, special effects, and live animals in this original stage production from Sight & Sound Theatres.

2 Day Tour - October 3-4, 2023



\$375. Double
\$365 Triple \$465 Single
DEPOSIT of \$50 at SIGN UP
Balance due: 9/1/23
Cancellation Protection
Only \$39 per person



**For Reservations:
Patty at
(518) 821-8670**

**EDEN RESORT
& SUITES**

Package Includes:

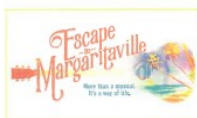
- Roundtrip Deluxe Motor Coach
- 1 Night at the EDEN RESORT
- 1 Breakfast Buffet at the Hotel
- Dutch Apple Dinner Theatre
- "MOSES" at Sight Sound Theater
- **RESERVED** Great Orchestra Seats!
- Longwood Gardens admission (1st Day)
- Bird in Hand Farmers Market
- Baggage Handling
- All Hotel and Meal Tax



Make Checks Payable to:
Mt. Top Golden Agers
Mail to:
P.O. Box 818
Tannersville, NY 12485



**Musical
Theatres**



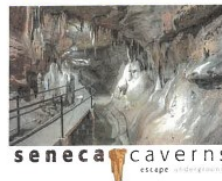
BUS DEPARTS at 7am:
Windham, NY
Tannersville, NY
Catskills, NY
Approx. return at 8:00pm

RIDING THE RAILS WEST VIRGINIA



**3 DAYS - 2 NIGHTS
SEPTEMBER 27 - 29, 2023**

**\$ 585.00 per person double occupancy
\$ 760.00 per person double occupancy**



PACKAGE INCLUDES:

- * 2 Nights lodging
- * 2 Breakfasts
- * 1 Lunch
- * 2 Dinners, including an evening of entertainment
- * Cass Scenic Railroad
- * Seneca Caverns
- * Blackwater Falls State Park
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation

Cancellation insurance available; see reverse side for details

FOR INFORMATION AND RESERVATIONS CONTACT:

COXSACKIE SENIORS
Linda Wilkinson
80 Saco Mill Rd.
Coxsackie, NY 12051
(518) 731-8648
(518) 225-1611
or
Lorrie Dudley
(518) 424-8099

★ WHITE STAR TOURS 28 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

GREENE COUNTY DEPARTMENT of HUMAN SERVICES
CONTRIBUTIONS POLICY



For services under the Older Americans Act and in Community Services for the Elderly which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions. **Services will not be denied to anyone unable or unwilling to make a contribution.**

CONSULTATION and ASSISTANCE: This includes such client assistance activities as case assistance, Health Insurance Information Counseling and Assistance Program (HIICAP), help with public benefit applications, etc. The suggested level is \$5.00 per office visit (*Actual cost \$20.00/hour*).

IN-HOME SERVICES: This is discussed with the client by the case manager at the time of assessment. The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

LEGAL SERVICES: The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hr*).

NUTRITION:

Senior Congregate Meal or Home Delivered Meals: The suggested level of contribution is \$4.00 (*Actual cost \$15.00/meal*).

Nutrition Counseling: Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute. The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

Health Promotions: There is no suggested contribution for this service. Donations always accepted.

TRANSPORTATION:

Shopping Bus: The suggested level of contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).

Senior Center Transportation: The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

Medical (Homebound) Transportation: The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

Remember to make checks payable to Greene County Department of Human Services & note in memo the service.



As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates donations. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your donation will be used to provide service to an older adult in need.

NAME: _____

ADDRESS: _____

I designate \$ _____ in appreciation of services **OR** In memory of _____

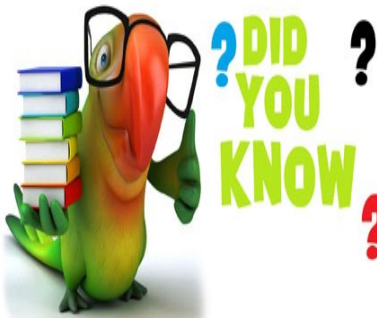
to the following:

- _____ Consultation & Assistance _____ In-home services _____ Legal Services
 _____ Nutrition Program (Congregate/Home Delivered/Nutrition Counseling)
 _____ Transportation (Shopping Bus, Senior Center van, Medical)
 _____ Round Table News _____ Senior Angel Program _____ Where most needed

Make checks payable & mail to: Greene County Dept. of Human Services
 411 Main Street, Catskill, NY 12414



*Anonymous Donation
 In Honor of William Cash
 to the Senior Angel Program*



. . . The **GREENE COUNTY ROUND TABLE NEWS** is published monthly by the Greene County Department of Human Services?

. . . You can pick up an issue at one of the following locations?

- * Our main office
- * One of our Senior Nutrition sites
- * On our Shopping Bus
- * Area US Post Offices
- * Area senior housing, assisted living and nursing homes
- * Local libraries
- * Senior citizen club meetings

. . . That if you don't see a location listed, we can make arrangements to have a bundle delivered, upon request of the location's manager (e.g. bank, business, etc.)?

. . . That you can be added to our subscriber list? Just call Maureen at 518-719-3555 or email mmurphy@discovergreene.com to arrange.

. . . Issues are available via electronic mail?

. . . That if you don't have internet capability, a hard copy can be mailed to you? We prefer electronic transmission but understand that not all have the technology.

