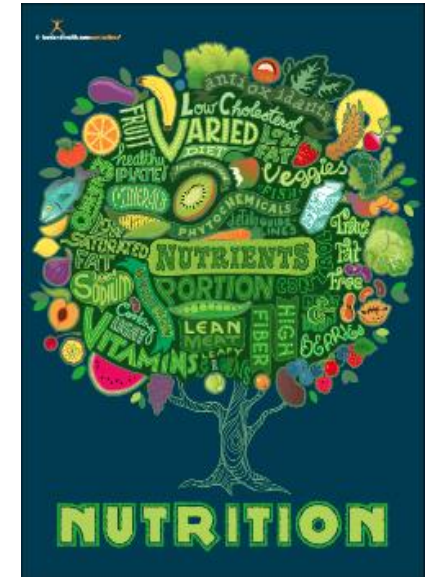


NUTRITION EDUCATION with Nicole Gehman, MS, RD, CD-N

Sponsored by Greene County Department of Human Services

- THURS. MAY 18
ANTONELLI SENIOR CENTER, CATSKILL 943-1343
- THURS. JUNE 1
TOWN of COXSACKIE SENIOR CENTER 731-8901
- WED. JUNE 14
ACRA SENIOR NUTRITON SITE 622-9898
- THURS. JUNE 29
JEWETT SENIOR NUTRITON SITE 263-4392
- THURS. JULY 13 THURS. JULY 27
RIVERTOWN SENIOR CENTER, ATHENS 945-2700



All sessions at 12:00 p.m.

Come learn about healthy nutrition habits.

Feel free to ask questions. Recipe and tasting to follow.

If you would like lunch that day at the site, please call at least a day in advance to reserve.

Nutritional information and/or counseling is always available.

Please call GCDHS for a referral at (518)719-3555.