



Greene County Round Table News

Published by Greene County Department of Human Services since 1976

APRIL 2023

PROCLAMATION

WHEREAS, every April, Global Volunteer Month is a time to recognize volunteers and people who actively support their communities; and the week of April 16 – April 22, 2023 is recognized throughout the United States as National Volunteer Week, powered by Points of Light, as an opportunity to recognize the impact of volunteer service and the power of volunteers to tackle society’s greatest challenges, to build stronger communities and be a force that transforms the world. Each year, we shine a light on the people and causes that inspire us to serve, recognizing and thanking volunteers who lend their time, talent and voice to make a difference in their communities; and

WHEREAS, National Volunteer Week was established in 1974 and has grown exponentially each year, with thousands of volunteer projects and special events scheduled throughout the week. Today, as people strive to lead lives that reflect their values, the expression of civic life has evolved and doing good comes in many forms, and we recognize and celebrate them all as National Volunteer Week is part of Global Volunteer Month; and

WHEREAS, the Greene County Department of Human Services relies upon volunteers to AmeriCorps Seniors to provide and assist with vital services for the elderly residents of Greene County; and these volunteers are crucial to the department’s aging services, including home-delivered meals and transportation for medical appointments, and

WHEREAS, volunteerism empowers individuals to find their purpose, take their passion and turn it into meaningful change by solving our most persistent problems, and create stronger communities with a more just society; and

WHEREAS, it has long been a tradition for the county’s AmeriCorps Seniors’ volunteers to perform work of a high quality and to brighten the lives of others while making Greene County a better place in which to live by serving in community locations; and these county volunteers give freely of their energy, time, ability and experience;

NOW THEREFORE, we, the members of the Greene County Legislature, do hereby proclaim the month of April as:

GREENE COUNTY DEPARTMENT of HUMAN SERVICES’ GLOBAL VOLUNTEER MONTH

AND FURTHER, we recognize and thank the many volunteers within Greene County who lend their time, talent and voice to meet the critical needs of our communities. With great pleasure, we honor all our county volunteers and convey the sincere gratitude and appreciation of our citizens for the dedicated, selfless and compassionate efforts of these volunteers.

Greene County Legislature
Patrick S. Linger, Chairman



DEPARTMENTAL CHANGES



Over the past year, this Department has seen numerous changes - specifically with staffing. To update you on all these, we will briefly turn back the hands of time . . .

- **MARCH 2022** - Long time Executive Director, Terry McGee Ward retires and the search begins for a new Director. We welcome Chris Lewoc as Case Manager.
- **APRIL** - Sees new staff . . . Bonnie Snyder, Aging Services Specialist (Medical Transportation) and Ashley Reynolds, Acra Senior Nutrition site Manager.
- **MAY** - More new staff . . . Brooke Bergeron, Case Manager; Rich Snyder, Food Service Helper/Driver (Per Diem), and Dotty Barkman and Faye VanDyke as Cossackie Senior Nutrition site Co-managers.
- **SEPTEMBER** - Yeah! We now have a new Executive Director, Stephanie Schleuderer.
- **OCTOBER** - Staff grows as we continue to return to pre-COVID. Welcome Robert Laird, Shopping Bus Driver.
- **DECEMBER** - As the year closes out, Mary “Nettie” Santiago starts in Rivertown Senior Center as Cook. At this time, Shane Dillon is promoted to Central Kitchen Manager at Rivertown.
- **JANUARY 2023** rolls around with additional staffing. We welcome, Anita Buyers as a Food Service Helper/Driver (Per Diem) in Jewett and say goodbye to Connie Bentley, Coordinator of Aging Services as she retires.
- **FEBRUARY**, we welcome Racine Wallace as our new receptionist.
- Present day **MARCH** and we welcome James & Linda Polverelli as Food Service Helper/Drivers (Per Diem) in Cossackie, and Bonnie Farrell as a Food Service Helper in Rivertown. The Department says goodbye to Ken Brooks, Business Manager as he begins retirement. Two long-time staff members are promoted and receive new titles: Tami Bone is named Deputy Director and Danielle Kane-Wade is named Senior Case Manager.



We would like to congratulate our Business manager, Ken Brooks, on his retirement. Ken started with DHS in December 2012 as the department’s Junior Accountant. In 2014, he was named Business Manager, and served as Interim Director during the search for a new Director. Not only has he been of service to DHS, but he has helped Greene County Planning and Economic Development with Greene County Transit.

Ken has been instrumental as a member of the Senior Angels Committee, and even spearheaded the annual Thanksgiving dinners.

In his retirement, Ken plans to travel - a favorite activity of his. We wish him much happiness as he sails the seas of retirement.





SENIOR ANGELS PROGRAM SPREADING CHEER 365 DAYS A YEAR

The Greene County Senior Angels Program operates more than just at holiday time. Under their slogan, "Spreading Cheer 365 Days a Year", funds are used year-round to provide one-time, emergency assistance to senior citizens, when all other funds have been exhausted, and there is no other source to help.

Due to the generous contributions of area residents, business and clubs, the Program has been able to help fulfill all qualified requests. Year-round donations can be dropped off or mailed to:

Greene County Department of Human Services
ATTN: Senior Angels Fund
411 Main Street
Catskill, NY 12414

For more information, please call Greene County Department of Human Services at (518) 719-3555 or toll-free (877) 794-9266

Medicaid/MSP Eligibility has expanded!

What does this mean?

There are new income and resource limits for people age 65 and over

Non-MAGI Medicaid Levels (SSI and SSI-Related Consumers With or Without A Surplus)											
Family Size	1	2	3	4	5	6	7	8	9	10	Each Additional Person
Monthly Income	\$1,677	\$2,268	\$2,859	\$3,450	\$4,042	\$4,633	\$5,224	\$5,815	\$6,406	\$6,997	\$592

Changes to Medicare Savings Program

QMB 138% of Federal Poverty Limit	Income		
		Family of 1	Family of 2
	Annual	\$20,121	\$27,214
Monthly	\$1,677	\$2,268	

Contact Greene County NY Connects for more information!
(518) 719-3556



**Need Help
Finding the
Right Senior
Community?**

Call Renee & Melonie today to help you find the right senior living option for yourself, mom or dad.

With over 20 years' combined experience in long-term care options, they know how to help preserve dignity and make it possible for seniors to maintain the best possible quality of life.

Choice Connections is a 100% free advisory service.



(518) 894-2443 - choiceconnectionsny.com

Choice Connections NY is a local independently owned advisory service



**Attention Greene County Seniors
living in Catskill, Coxsackie-Athens or Greenville**

HELPING HANDS PROGRAM

Greene County Department of Human Services' Senior Angels Program has teamed up with local Rotary Clubs on the "**HELPING HANDS**" program.

If you need assistance with getting groceries or some minor repairs done around the home (i.e.: changing light bulbs, changing out screens to storm windows, or any minor repairs*) please let the Greene County Senior Angels know. by calling 518-719-3555 and ask for the Helping Hands Coordinator.

** Large jobs requiring a contractor (i.e.: new roof, deck or fencing) are not eligible*



39 Second Street, Athens, NY

Spring into April!



HOURS:

Monday: 9:00 a.m. – 11:30 a.m.
Wednesday: 9:00 a.m. – 11:30 a.m.
12:30 p.m. - 2:00 p.m.

**WE NOW HAVE SPRING AND SUMMER CLOTHS AVAILABLE !
MENS & WOMENS SIZES XS - 4X**

Note: We are in need of donations. Donations accepted during business hours only.



Do you enjoy driving?

WE ARE IN NEED OF VOLUNTEER MEDICAL TRANSPORTATION DRIVERS!

Drivers use their own vehicles to take ambulatory, Greene County seniors to their medical appointments.

You can receive mileage reimbursement for all the miles you drive as a volunteer.

Reimbursement is paid at the current IRS rate of 65.5 cents per mile.

To volunteer or for additional information, contact Ruth Pforte at 518-719-3555



AmeriCorps
Seniors



TGM American Legion Post 187
94 Second Street, Athens

FILEA MARKET



SATURDAY, MAY 20, 2023 9:00 A.M. – 4:00 P.M.

Proceeds go towards Legion kitchen renovation project

VENDORS WELCOME!!!

Indoor spaces: \$25 (6' x 8')

Outdoor spaces: \$35 (10' x 10')

**Applications available on Legion Facebook page,
at the Post**

or by calling 518-965-1550 after 6:00 p.m.

Set-up from 7:30 a.m. on that day



ATTENTION U. S. VETERANS AND CURRENT MILITARY PERSONNEL



April Events of Interest in Greene County

Thurs. April 6	7:00 p.m. 7:00 p.m.	Greenville American Legion meeting Catskill American Legion meeting @ Elks Lodge
Fri. April 7	7:30 p.m.	Irish Music Jam @ Athens American Legion
Tues. April 11	7:00 p.m.	Cairo American Legion meeting
Wed. April 12	7:00 p.m. 7:00 p.m.	Athens American Legion meeting Windham VFW Meeting
Thurs. April 13	7:00 p.m.	Prattsville American Legion meeting American Legion National Commander's Visitation - Saratoga Springs
Fri. April 14	4:30 p.m. – 7:00 p.m.	American Legion Spaghetti Dinner @ Greenville American Legion
Fri. March 17	7:00 p.m.	Greene County American Legion meeting @ Catskill Elks Lodge
Sat. April 15	11:00 a.m. 12:00 p.m.	Catskill VFW meeting Catskill VFW Auxiliary meeting
Tues. April 18	7:00 p.m.	New Baltimore American Legion meeting
Fri. April 21	7:00 p.m.	GCAL meeting, Greenville Legion
Wed. April 26	7:30 p.m.	Marine Corps League Meeting @ Durham firehouse



Nutrition Notes

Written by Nicole Gehman, MS, RD, CD-N

Historically, ham has become an integral part of Easter dinner. I was thinking about how my sister always says “ham gives her dry mouth” due to the sodium content, so she rarely enjoys. Lately, I have heard many misconceptions about the salt content in different foods and wanted to provide information on sodium.

Our body needs sodium daily to maintain fluid balance and assist with nerve and muscle function. The recommended daily intake is 2300 milligrams (mg) per day, but unfortunately most Americans average closer to 3400 mg per day. Our kidneys maintain sodium balance in the body. When they cannot eliminate enough sodium in our urine, it builds up in the blood, making the heart work harder and stressing our arteries. This can lead to hypertension (high blood pressure), increased risk for cardiovascular events, and tax the kidneys over time.

One teaspoon of table salt contains about 2300 mg of sodium. If you think of a small sprinkle from the shaker, it would be quite difficult to exceed your recommended intake from table salt. Most sodium in our diet comes from processed or packaged foods. These include frozen, canned, boxed or packaged food items. Cured meat (salami, pepperoni, hot dogs) and brined vegetables (pickles, olives, pepperoncini’s, etc.) are strong sources. Restaurant food or fast foods are significantly high in sodium. Condiments such as soy sauce are very high. Sodium naturally occurs in many foods, such as meat and dairy. It is important to label read so you are aware of your consumption.



Certain medical conditions require a reduction in sodium, but almost everyone could benefit from reducing their intake. Always consult your sodium needs with your medical doctor or dietitian.

TIPS TO REDUCE SODIUM (SALT):

- Choose products that have “low-sodium” or “sodium-free” on the label. Look for “sodium” content on the nutrition facts label.
- Read your ingredients for sodium. It can be listed in many forms (not just salt) including MSG (monosodium glutamate) or sodium nitrite.
- Shop the perimeter (outer aisles) of the grocery store, and choose fresh foods more often. Decrease consumption of prepared and processed foods.
- When buying canned, frozen or boxed foods, choose low sodium options or “no salt added”.
- Use salt free seasonings and limit salt from the shaker. Try other herbs and spices with low or no salt.
- Limit high sodium condiments such as salad dressings, ketchup, dips, and soy sauce.
- Explore heart healthy recipes or a reduced sodium cook book.
- Make a lower sodium substitution where possible, or reduce the volume of a high sodium food. For example, when enjoying salty ham on a holiday, fill up on fresher vegetables and low sodium sides and limit your portion to 3-4 oz. (deck of poker cards).
- Aim for 64 oz.- 80 oz. water daily (or Dr.’s orders) to excrete excess sodium in the urine.

Salt can also be very addicting, causing cravings for saltier foods or other items. Once you begin reducing sodium, your taste buds often adjust over time. You are then reaping the heart health benefits and maintaining a healthier diet.



If you have specific questions or need individual guidance, please call the main office at (518) 719-3555 to place a nutrition referral. I will continue to visit monthly for lunch presentations. All are welcome to attend. Typically, there is a brief education and food samples to follow.

GREENE COUNTY SENIOR SERVICE CENTERS

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather.

If you wish lunch from any of the nutrition sites, you must notify the appropriate center by noon, a day in advance. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.

If you would like lunch at either Athens or Catskill & need transportation, please call Rose at the main office to schedule.

IMPORTANT NOTE REGARDING ANTONELLI CENTER APRIL 7 - APRIL 10

FRI. APR. 7, CONGREGATE MEALS WILL BE PRE-PACKAGED.

THE WEEK OF MON. APR. 10 - FRI. APR. 14, THE ANTONELLI SENIOR CENTER IN CATSKILL WILL BE CLOSED.

THERE WILL BE NO CONGREGATE MEALS BUT DINERS ARE WELCOME TO GO TO ANOTHER SITE TO ENJOY THE DAILY MEAL.

HOME DELIVERED MEALS WILL BE UNAFFECTED. WE DO ASK VOLUNTEERS TO MEET OUR DRIVER, PATRICK, IN PARKING LOT TO PICK-UP MEALS.

ACRA

Acra Community Center,
Old Rte. 23, Acra
(518) 622-9898

Ashley Reynolds
Meal Site Manager

Elaine Cherrington
Cook

JEWETT

Jewett Municipal Building
3547 Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Shane Dillon,
Central Kitchen Manager

Mary Santiago
Cook

Bonnie Farrell
Food Service Helper

CATSKILL

Robert C. Antonelli
Senior Center
15 Academy Street,
Catskill
943-1343

Penny Konstalid
Meal Site Manager



COXSACKIE

Town of Coxsackie
Senior Center
127 Mansion Street,
Coxsackie
731-8901

Dorothy Barkman
Faye VanDyke
Co-Meal Site Managers

GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE ELIGIBLE - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH

CONGREGATE DINING RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE

BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">3</p> <p>BBQ CHICKEN THIGHS BAKED BEANS CORN CORNBREAD BANANA PUDDING</p>	<p align="center">4</p> <p>TORTELLINI MARINARA SAUSAGE ITALIAN MIXED VEGETABLES FRUIT COCKTAIL COOKIE</p>	<p align="center">5</p>  <p>BAKED HAM* W/ RAISIN SAUCE SCALLOPED POTATOES GLAZED CARROTS CHERRY PIE * <i>LOW SODIUM</i> DIET SUBST : <i>BREADED CHICKEN CUTLET</i></p>	<p align="center">6</p> <p>BEEF CHILI CALIFORNIA MIXED VEGETABLES BROWN RICE FRESH FRUIT</p>	<p align="center">7</p> <p>SHRIMP SCAMPI TOSSED SALAD GREEN BEANS LINGUINI FRESH FRUIT</p>
<p align="center">10</p> <p>MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRUIT COCKTAIL</p>	<p align="center">11</p> <p>CHICKEN DIVAN TUSCAN VEGETABLES WHITE RICE PEARS</p>	<p align="center">12</p> <p>BEEF STEW POTATOES BROCCOLI CHOCOLATE MOUSSE w/ Whipped Topping</p>	<p align="center">13</p> <p>VEGETABLE LASAGNA w/ Red Sauce TOSSED SALAD ITALIAN MIXED VEGETABLES PEACH CRISP</p>	<p align="center">14</p> <p>MEATBALL SUB MONACO VEGETABLE MIX POTATO SALAD FRESH FRUIT</p>
<p align="center">17</p> <p>FISH FLORENTINE O'BRIEN POTATOES BROCCOLI TROPICAL FRUIT</p>	<p align="center">18</p> <p>STUFFED CABBAGE CARROT/CORN MEDLEY LOW SODIUM V8 PEARS</p>	<p align="center">19</p> <p>MEATLOAF w/ Gravy BRUSSELS SPROUTS MASHED POTATOES CHOCOLATE CUPCAKE</p> 	<p align="center">20</p> <p>CHICKEN DIJON MASHED POTATOES MONACO VEGETABLES YOGURT PARFAIT W/ BLUEBERRIES</p>	<p align="center">21</p> <p>KIELBASA W/ SAUERKRAUT* MARINATED BEETS BAKED BEANS FRESH FRUIT * <i>LOW SODIUM</i> DIET SUBST : <i>BBQ CHICKEN CUTLET</i></p>
<p align="center">24</p> <p>SLOPPY JOES CALIFORNIA VEGETABLE MIX WHITE RICE PINEAPPLE</p>	<p align="center">25</p> <p>SWEET & SOUR CHICKEN ORIENTAL MIXED VEGETABLES WHITE RICE FORTUNE COOKIE APPLESAUCE</p>	<p align="center">26</p> <p>PORK CHOP w/ Gravy APPLESAUCE MASHED POTATOES PEAS & CARROTS PB COOKIE</p>	<p align="center">27</p> <p>CRAB TOPPED COD AU GRATIN POTATOES CARROT COINS BUTTER PECAN CAKE FRESH FRUIT</p>	<p align="center">28</p> <p>BACON CHEDDAR BURGER COLESLAW GREEN BEANS YOGURT CUP</p>



GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE ELIGIBLE - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH

CONGREGATE DINING RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE

BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
1 CHICKEN & BISCUITS CALIFORNIA VEGETABLE MIX MASHED POTATOES LEMON MOUSSE	2 BEEF CHILI MIXED VEGETABLES WHITE RICE PEACHES	3 SALMON w/ Dill Sauce MASHED POTATOES GREEN BEANS PB SWIRL BROWNIE	4 VEAL PARMESAN TOSSED SALAD ITALIAN MIXED VEGETABLES ROTINI FRESH FRUIT	5 CHICKEN CAESAR SALAD COLD BEAN SALAD MACARONI SALAD FRESH FRUIT
8 TURKEY BURGER w/ Peppers & Onions SCALLOPED POTATOES COLD BEET SALAD PEACHES	9 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRUITED JELL-O	10 FRENCH ONION CHICKEN BAKE MASHED POTATOES BROCCOLI CHOCOLATE CHIP COOKIES	11 PORK CHOP w/ Gravy APPLESAUCE MASHED SWEET POTATOES GREEN BEANS CORN BREAD FRESH FRUIT	12 BEEF & BROCCOLI ORIENTAL MIXED VEGETABLES WHITE RICE FRESH FRUIT
15 CHICKEN DIVAN CORN STEWED TOMATOES WHITE RICE TROPICAL FRUIT	16 TORTELLINI W/ SAUSAGE ITALIAN MIXED VEGETABLES CHOCOLATE MOUSSE W/ WHIPPED TOPPING	17 KNOCKWURST W/ SAUERKRAUT* PEAS BAKED BEANS MACARONI SALAD CHERRY BARS <i>* LOW SODIUM SUBST: CHICKEN CUTLET</i>	18 SEAFOOD SALAD WRAP LETTUCE & TOMATO COLESLAW FRESH FRUIT	19 FISH FLORENTINE SCALLOPED POTATOES BROCCOLI FRESH FRUIT
22 BBQ PULLED PORK GREEN BEANS SWEET POTATO COLESLAW TROPICAL FRUIT	23 CHICKEN DIJON BRUSSELS SPROUTS MASHED POTATOES APPLESAUCE COOKIES	24 MEATLOAF w/ Gravy MASHED POTATOES CALIFORNIA VEGETABLE MEDLEY BUTTER PECAN CAKE	25 TUNA SALAD Over Mixed Greens COLD BEAN SALAD POTATO SALAD FRESH FRUIT	26 ALL-AMERICAN HOT DOG* CARROTS BAKED BEANS ICE CREAM STICKS <i>(Congregate diners) OR PUDDING (Home Delivered Meals)</i> <i>* LOW SODIUM SUBST: TURKEY SWISS BURGER</i>
29 MEMORIAL DAY  ALL SENIOR NUTRITION SITES & MAIN OFFICE CLOSED	30 LEMON PEPPER FISH AU GRATIN POTATOES SPINACH BUTTERSCOTCH PUDDING	31 PHILLY CHEESESTEAK PASTA BAKE GREEN BEANS APPLESAUCE COOKIES		



RIVERTOWN SENIOR CENTER
39 SECOND STREET, ATHENS

TUESDAYS 1:00 P.M. - 3:00 P.M.
BEGINNING APRIL

PLEASE JOIN
OUR VERY OWN STAFF MEMBER, NETTIE,
WITH YOUR IDEAS, TALENTS, AND COMPANY
FOR AN AFTERNOON OF FUN, CREATIVITY
AND CRAFTING!

PLEASE CALL A DAY IN ADVANCE
IF YOU WISH TO HAVE LUNCH AT THE CENTER
BEFORE CRAFTING BEGINS
518-945-2700



GREENE COUNTY DEPARTMENT of HUMAN SERVICES
CONTRIBUTIONS POLICY



For services under the Older Americans Act and in Community Services for the Elderly which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

Services will not be denied to anyone unable or unwilling to make a contribution.

CONSULTATION and ASSISTANCE: This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc. The suggested level is \$5.00 per office visit (*Actual cost \$20.00/hour*).

IN-HOME SERVICES: This is discussed with the client by the case manager at the time of assessment. The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

LEGAL SERVICES: The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hour*).

NUTRITION:

- **Senior Congregate Meal or Home Delivered Meals:**

The suggested level of contribution is \$4.00 (*Actual cost \$15.00/meal*).

- **Nutrition Counseling:**

Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute. The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

- **Health Promotions:**

There is no suggested contribution for this service. Donations always accepted.

TRANSPORTATION:

- **Shopping Bus:**

This door-to-door service is provided directly by the Department. The suggested level of contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).

- **Senior Center Transportation:**

The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

- **Medical (Homebound) Transportation:**

The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

Remember to make checks payable to Greene County Department of Human Services
& note in memo the service.

**Donations
are Greatly
Appreciated!**

As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates donations. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your donation will be used to provide service to another older adult in need.

NAME: _____

ADDRESS: _____

I designate \$ _____ in appreciation of services **OR** In memory of _____
to the following:

- _____ Consultation & Assistance _____ In-home services _____ Legal Services
_____ Nutrition Program (Congregate/Home Delivered/Nutrition Counseling)
_____ Transportation (Shopping Bus, Senior Center van, Medical)
_____ Round Table News _____ Senior Angels Program _____ Where most needed

Make checks payable & mail to: Greene County Dept. of Human Services
411 Main Street, Catskill, NY 12414



For Your Donations

John Van Valkenburg
In Memory of Patricia J. Van Valkenburg

Louise Wells
In Memory of Linda Wells

Carolyn Yusko
In Memory of Loved Ones

Marianne Krauss
In Memory of Rose Hudecek
For Senior Angels Program

GREENE COUNTY SENIOR CITIZENS CLUBS



ATHENS

ATHENS SENIOR CITIZENS

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

Contact person: President Al Ramm, 518-945-1061

CAIRO:

CAIRO GOLDEN AGERS

2nd & 4th monthly Wednesday, 1:30 p.m.

Acra Community Center

Contact person: President Pat Asaro, 518-821-6508

CATSKILL:

CATSKILL SILVER LININGS

2nd monthly Thursday, 1:00 p.m.

Robert C. Antonelli Senior Center

Contact person: President Sheila Pedersen, 518-719-5361

COXSACKIE:

COXSACKIE AREA SENIORS

2nd & 4th monthly Tuesday, 1:00 p.m.

Van Heest Hall, Bethany Village

Contact: Mary Kibbey, 518-634-7524

SENIOR CITIZENS of COXSACKIE

1st & 3rd monthly Monday, 2:00 p.m.

Town of Coxsackie Senior Center

Contact: Pres. Dawn M. Smith, 518-857-4780

GREENVILLE

GREENVILLE GOLDEN YEARS

1st monthly Wednesday, 1:00 p.m.

American Legion Hall

Contact person: President Beverly Myers, 518-966-8482

MOUNTAIN-TOP:

MOUNTAIN TOP GOLDEN AGERS

4th monthly Thursday, 1:00 p.m.

Tannersville Fire Hall

Contact person:

President Margaret Robinson

518-299-0218

W-A-J-P-L GOLDEN AGE CLUB

1st & 3rd Monday, 1:00 p.m.

Windham Town Building

Contact person:

President Lula Anderson

518-734-5360

ATTENTION CLUBS: WE DO OUR BEST TO ACCOMMODATE ALL REQUESTS FOR POSTING ITEMS. HOWEVER DUE TO SPACE LIMITATIONS, WE WILL INCLUDE ITEMS BASED ON THE DATE OF THE EVENT IN THE SPACE THAT IS AVAILABLE. WHEN WE DO NOT HAVE SUFFICIENT ROOM, WE WILL HOLD & INCLUDE FOR THE FUTURE.

Mountaintop Golden Agers



WEDNESDAY, MAY 31, 2023

Resorts World Catskills Casino



\$75 per person

Includes \$25 Slot Play & Lunch Buffet

**For reservation, please contact
Patty (518) 821-8670**



DOO WOP
Featuring **JOEY & THE PARADONS**
Sponsored by WAJPL GOLDEN AGE CLUB

6/13/2023



VILLA ROMA, Callicoon NY

\$65
SHOW - LUNCH - BINGO

For reservations,
please call **MARY LOUISE (518) 622-3397**
or **VICKY (518) 734-4164**



**MAINE & CAPE COD,
MASSACHUSETTS**

Including Hyannis & Sandwich

4 DAYS - 3 NIGHTS

JUNE 26 - 29, 2023

\$719.00 Per Person
Double Occupancy

Cancellation insurance available upon request; see reverse side



PACKAGE INCLUDES:

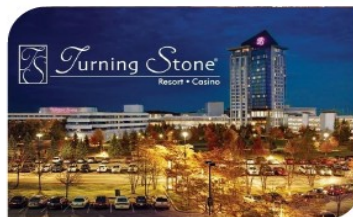
- * 3 Nights Lodging, including 1 night in Maine
- * 3 Breakfasts
- * 3 Dinners
- * Desert of Maine
- * Guided Tour of Historic Sandwich, including Great Salt Marsh
- * Cape Cod Canal Visitor's Center
- * Guided Tour of Hyannis area, including Kennedy Memorial & Main Street
- * Hyannis Harbor Cruise with view of Kennedy Compound
- * Souvenir Gift
- * Luggage Handling
- * All Taxes & Meal Gratuities
- * Motorcoach Transportation

FOR INFORMATION AND RESERVATIONS CONTACT:

MOUNTAIN TOP GOLDEN AGERS **PAT TRACY**
P.O. Box 818 (518) 821-8670
Tannersville, NY 12485

W-A-J-P-L Golden Age Club Trip

WEDNESDAY, JULY 12, 2023



**Turning Stone
Casino**

and

**Fort Stanwix
National Monument**



\$25 per person

Includes \$25 Free Play & \$5 Food Voucher

**For reservation, please contact
MaryLouise (518) 622-3397
Vicky (518) 734-4164**

Mountaintop Golden Agers



**FRESH HORSES
GARTH BROOKS TRIBUTE**

WEDNESDAY, JULY 12, 2023

**The Log Cabin,
Holyoke, MA**



\$80 per person

Lunch Choice: Twin Lobsters or Prime Rib

**For reservation, please contact
Patty (518) 821-8670**



WILLIAMSBURG & CHARLOTTESVILLE

With Berkeley Plantation & Thomas Jefferson's Monticello

5 DAYS - 4 NIGHTS

SEPTEMBER 11 - 15, 2023

\$ 780.00 per person double occupancy
\$ 740.00 per person tripe occupancy
\$1004.00 per person single occupancy

\$100 deposit with reservation
Balance due by 7/17/23

PACKAGE INCLUDES:

- * 4 Nights lodging
- * 4 Breakfasts
- * Buffet Lunch at Historic Michie Tavern
- * 3 Dinners including Captain George's Smorgasbord & The Whaling Company
- * 2-Day Ticket to Colonial Williamsburg
- * Guided Tour of Colonial Williamsburg
- * Self-guided tour of Jamestown Settlement
- * Tour of Thomas Jefferson's Monticello
- * Admission to Berkeley Plantation
- * Drive-by University of Virginia
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation

Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

WAJPL GOLDEN AGE CLUB
Mary Louise (518) 622-3397
or
Vicky (518) 734-4164

Make checks payable and mail to
WAJPL Golden Age Club
P. O. Box 96
Hensonville, NY 12439

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com



CLARKVILLE, TENNESSEE

BBQ, BISCUITS & BOOZE

6 DAYS - 5 NIGHTS
SEPTEMBER 17 - 22, 2023

Deposit: \$25
\$935.00 Per Person
Double Occupancy

\$1268.00 Single Occupancy
Balance due: July 19, 2023
Clarksville

PACKAGE INCLUDES:

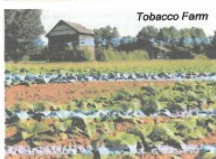
- * 5 Nights lodging, including overnights
- * 5 Breakfasts
- * 3 Dinners, including a BBQ Dinner
- * 3 Evenings of Entertainment to include:
Blue Grass Music
"Music Throughout the Years" Show
Sweet Charlotte Fun Store
- * Storyteller Farm (formerly owned by Johnny Cash)
- * Visit to a local Tobacco Farm
- * Customs House Museum & Cultural Center
- * Tour of Fort Defiance (American Civil War)
- * Tour of Historic Collinsville
- * Tour & Tasting at Beachaven Winery
- * Great Biscuit Bake-Off
- * Trazo Meadery
- * Souvenir Gift
- * Luggage Handling
- * Taxes & Meal Gratuities
- * Motorcoach Transportation



Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS
Georgianna Ramsay
P.O. Box 162
Round Top, NY 12473
(518) 622-3257



WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

W-A-J-P-L Golden Age Club Trip

THURSDAY, AUGUST 3, 2023

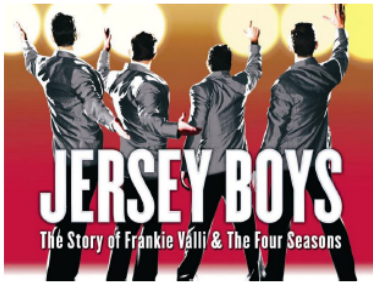


PROCTOR'S THEATER

\$60 PER PERSON

For reservation, please contact
MaryLouise (518) 622-3397
Vicky (518) 734-4164

Mountaintop Golden Agers



WEDNESDAY, AUGUST 23, 2023



Buffet Lunch at **KOZEL'S**

\$70 per person

**For reservation, please contact
Patty (518) 821-8670**

HOLIDAY SIGHTS & SOUNDS OF LANCASTER, PENNSYLVANIA

Featuring Sight & Sound's "Miracle of Christmas" & "The First Noel" at American Music Theatre



**3 DAYS - 2 NIGHTS
NOVEMBER 15 - 17, 2023**

**\$499 Per Person Double Occupancy
\$648 Per Person Single Occupancy**



PACKAGE INCLUDES:

- * 2 Nights Lodging
- * 2 Breakfasts
- * 2 Dinners including a Smorgasbord Dinner
- * Guided Tour of the Amish Countryside, including stops at an Amish Craft Farm & Bake Shop
- * "The First Noel" at the American Music Theatre
- * "Miracle of Christmas" at Sight & Sound
- * Tanger Outlets
- * Kitchen Kettle Village
- * Souvenir Gift
- * Luggage Handling
- * All Taxes & Meal Gratuities
- * Motorcoach Transportation

*\$25 Deposit at Sign Up
Balance Due No Later than Sept. 1, 2023*

Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

CAIRO GOLDEN AGERS
Pam O'Reilly Patty Asaro
11 Rolling Meadow Rd. (518) 821-6508
Cairo, NY 12413
(518) 634-7303

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

Mt Top Golden Agers presents

"MOSES" in Lancaster, PA

Set adrift as a baby, Moses is an unlikely hero – until God calls him to lead His people out of Egypt and into the promised land. Experience one of the Bible's most epic stories as MOSES comes to life with massive sets, special effects, and live animals in this original stage production from Sight & Sound Theatres.

2 Day Tour - October 3-4, 2023



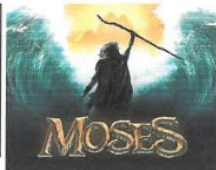
\$375. Double

\$365 Triple \$465 Single

DEPOSIT of \$50 at SIGN UP

Balance due: 9/1/23

Cancellation Protection
Only \$39 per person



Package Includes:

- Roundtrip Deluxe Motor Coach
- 1 Night at the EDEN RESORT
- 1 Breakfast Buffet at the Hotel
- Dutch Apple Dinner Theatre
- "MOSES" at Sight Sound Theater
- **RESERVED** Great Orchestra Seats!
- Longwood Gardens admission (1st Day)
- Bird in Hand Farmers Market
- Baggage Handling
- All Hotel and Meal Tax

**For Reservations:
Patty at
(518) 821-8670**



Make Checks Payable to:
Mt. Top Golden Agers
Mail to:
P.O. Box 818
Tannersville, NY 12485



BUS DEPARTS at 7am:
Windham, NY
Tannersville, NY
Catskills, NY
Approx. return at 8:00pm



RIDING THE RAILS WEST VIRGINIA

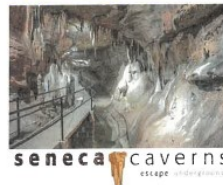
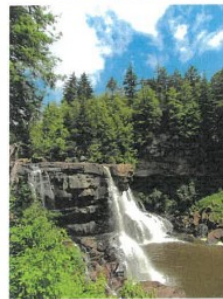


3 DAYS - 2 NIGHTS

SEPTEMBER 27 - 29, 2023

\$ 585.00 per person double occupancy

\$ 760.00 per person double occupancy



PACKAGE INCLUDES:

- * 2 Nights lodging
- * 2 Breakfasts
- * 1 Lunch
- * 2 Dinners, including an evening of entertainment
- * Cass Scenic Railroad
- * Seneca Caverns
- * Blackwater Falls State Park
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation

Cancellation insurance available; see reverse side for details

FOR INFORMATION AND RESERVATIONS CONTACT:

COXSACKIE SENIORS
Linda Wilkonson
80 Saco Mill Rd.
Coxsackie, NY 12051
(518) 731-8648
(518) 225-1611
or
Lorrie Dudley
(518) 424-8099

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

News From the Greene County Youth Bureau



Office of Children
and Family Services

PERSONS IN NEED OF SUPERVISION (PINS)

NYS OCFS, Division of Youth Development & Partnership for Success

Ask any parent in the state of New York and they will tell you that being a parent is no easy task. Most parents encounter the usual amount of disobedience from their children with situations such as refusing to clean their room and talking back to a parent. But when this disobedient behavior escalates to skipping school repeatedly or leaving home repeatedly without parental consent, families can feel overwhelmed and are in need of support.

These youth have committed no crime and their behavior may be more indicative of harm they have or are suffering from. Most youth and their families will thrive successfully with community-based services, supports and opportunities.

Each municipality in New York State (NYS) must designate a PINS lead agency that is responsible to assess and intervene to support youth with PINS behavior and their families.

PINS REFORM

The PINS reform legislation of 2019 reflects the spirit of the broad youth justice reforms in New York State as well as the federal Family First Prevention Services Act. Emphasis is placed on the use and delivery of services safely in the community to exhaust all diversion efforts prior to court intervention, to avoid all unnecessary out-of-home placement, and to safely and swiftly return youth back to their communities if placed. This includes exploring all natural resources for the youth & family, providing access to community-based, trauma-informed, gender-responsive interventions, as well as opportunities for positive youth development supports.

By preserving important connections to a youth's home community, family and culture, youth have the support to meet their needs in a manner that is individualized and thereby effective to the unique circumstances of each family.

For youth who do require out-of-home placement related to an Article 7 petition, the reform legislation limits the settings in which these can occur, and outlines mandated, time-limited placements requiring immediate and focused permanency planning.

What Is a PINS Petition?

When community-based supports have been exhausted and youth behaviors continue to escalate, a petition in family court under Article 7 of the Family Court Act may need to be considered. The clerk of the court shall accept a petition for filing only if the PINS designated lead agency has documented there is no bar to such petition and diversion services have terminated due to no substantial likelihood of further benefits from such.

Mark Your Calendars Now

GREENE COUNTY YOUTH FAIR

Angelo Canna Park, Mountain Avenue, Cairo

Thursday, July 27 - Sunday, July 30, 2023

Hours: 9:00 a.m. - 9:00 p.m. Sunday: 9:00 a.m. - 3:00 p.m.

Saturday, Fireworks at 9:00 p.m.

For more information, go to: www.thegreencountyyouthfair.com

GREENE COUNTY YOUTH FAIR PIG RAFFLE

WHOLE HOG WITH PROCESSING

\$10 PER TICKET

ONLY 500 TICKETS SOLD!

FOR MORE INFO EMAIL

GREENECOUNTYAGSOCIETY@GMAIL.COM

TICKETS
AVAILABLE AT
GREENE COUNTY
DEPARTMENT OF
HUMAN SERVICES
MAIN OFFICE



DRAWING WILL BE HELD JULY 30, 2023

WHOLE HOG APPROXIMATELY CONSISTS OF:

2 HAMS, 20 LBS.

BACON, 16-20 LBS.

2 PORK LOINS, 30-32 PORK CHOPS

2 PORK BUTTS & 2 PORK SHOULDERS

SAUSAGE, ABOUT 16 LBS.

2 RACKS OF SPARERIBS 3-3 1/2 LBS.

DONATED BY JOHNK FAMILY FARM LLC



GREENE COUNTY DEPARTMENT of HUMAN SERVICES

411 Main Street, Catskill, NY 12414
(518) 719-3555 Toll Free (877) 794-9266
aging@discovergreene.com

EXECUTIVE DIRECTOR STEPHANIE SCHLEUDERER

DEPUTY DIRECTOR: Tami Bone
SENIOR CASE MANAGER: Danielle Kane-Wade
NUTRITION COORDINATOR: Tezera Pulice
AMERICORPS SENIORS COORDINATOR: Ruth Pforte

Staff:

CASE MANAGERS/WORKERS: **AGING:** Brooke Bergeron Christopher Lewoc
YOUTH: Carrie Wallace Laura Anderson

ADMINISTRATIVE ASSISTANT: Maureen Murphy

AGING SERVICES SPECIALISTS: Bonnie Snyder - Medical Transportation
Rachel Wright - NY Connects

AGING SERVICES AIDE: Rose Bundy

RECEPTIONIST: Racine Wallace

SHOPPING BUS DRIVER: Robert Laird

NUTRITION VAN CHAUFFEUR: Patrick Murphy

The office is open 9:00 a.m. - 5:00 p.m. Monday thru Friday, though most staff are unavailable between 12:00 p.m. and 1:00 p.m. As agency staff specialize in a variety of subjects, it is recommended that you call the main office to schedule an appointment to discuss services available. Walk-ins are always welcome but will be seen only if we are able to accommodate at the time.

Programs are made possible through funds from the NY State Office for the Aging, NY Connects, Administration for Community Living, NY State Office of Children and Family Services, and the generous support of the Greene County Legislature. Contributions are gratefully accepted and used to expand programs and services. **No person will be denied service if they are unable or unwilling to contribute.** All contributions are confidential.

For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days notice.

GREENE COUNTY ROUND TABLE NEWS is published monthly by the Greene County Department of Human Services. If you would like to be added to or removed from our subscriber list, please call Maureen at 518-719-3555 or email aging@discovergreene.com. Issues are available in black & white print and mailed via the U. S. Postal Service or full color via electronic mail.