

## GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD, MILK, COFFEE & TEA - TARTAR SAUCE SERVED WITH FISH

LUNCH RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
BBQ CHICKEN THIGHS BAKED BEANS CORN CORNBREAD BANANA PUDDING	TORTELLINI MARINARA SAUSAGE ITALIAN MIXED VEGETABLES FRUIT COCKTAIL COOKIE	 BAKED HAM* w/ Raisin Sauce SCALLOPED POTATOES GLAZED CARROTS CHERRY PIE * LOW SODIUM DIET SUBST : BREADED CHICKEN CUTLET	BEEF CHILI CALIFORNIA MIXED VEGETABLES BROWN RICE FRESH FRUIT	SHRIMP SCAMPI TOSSED SALAD GREEN BEANS LINGUINI FRESH FRUIT
10	11	12	13	14
MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRUIT COCKTAIL	CHICKEN DIVAN TUSCAN VEGETABLES WHITE RICE PEARS	BEEF STEW POTATOES BROCCOLI CHOCOLATE MOUSSE w/ Whipped Topping	VEGETABLE LASAGNA w/ Red Sauce TOSSED SALAD ITALIAN MIXED VEGETABLES PEACH CRISP	MEATBALL SUB MONACO VEGETABLE MIX POTATO SALAD FRESH FRUIT
17	18	19	20	21
FISH FLORENTINE O'BRIEN POTATOES BROCCOLI TROPICAL FRUIT	STUFFED CABBAGE CARROT/CORN MEDLEY LOW SODIUM V8 PEARS	MEATLOAF w/ Gravy BRUSSELS SPROUTS MASHED POTATOES CHOCOLATE CUPCAKE 	CHICKEN DIJON MASHED POTATOES MONACO VEGETABLES YOGURT PARFAIT w/ Blueberries	KIELBASA W/ SAUERKRAUT* MARINATED BEETS BAKED BEANS FRESH FRUIT * LOW SODIUM DIET SUBST : BBQ CHICKEN CUTLET
24	25	26	27	28
SLOPPY JOES CALIFORNIA VEGETABLE MIX WHITE RICE PINEAPPLE	SWEET & SOUR CHICKEN ORIENTAL MIXED VEGETABLES WHITE RICE FORTUNE COOKIE APPLESAUCE	PORK CHOP w/ Gravy APPLESAUCE MASHED POTATOES PEAS & CARROTS PB COOKIE	CRAB TOPPED COD AU GRATIN POTATOES CARROT COINS BUTTER PECAN CAKE FRESH FRUIT	BACON CHEDDAR BURGER COLESLAW GREEN BEANS YOGURT CUP

