

Greene County Round Table News

Published by Greene County Department of Human Services since 1976

MARCH 2023



DID YOU KNOW MARCH 12 - 18, 2023 IS AMERICORPS WEEK?

“Together We Are AmeriCorps”

During AmeriCorps Week we recognize the commitment of the millions of Americans who have chosen to serve their country through AmeriCorps and AmeriCorps Seniors, and encourage others to follow in their footsteps of service.

AmeriCorps engages 200,000 Americans each year in sustained, results-driven service through our AmeriCorps and AmeriCorps Seniors programs. These dedicated citizens help communities manage COVID-19 response, ensure students stay on track to graduate, combat hunger and homelessness, respond to natural disasters, fight the opioid epidemic, help seniors live independently, support veterans and military families, and much more.

Bring out the Best of America

AmeriCorps Seniors RSVP pairs thousands of Americans aged 55 and older with organizations making change in communities across the country. RSVP volunteers choose how, where, and when they want to serve, with commitments ranging from a few hours to 40 hours per week. You can find an opportunity with the many organizations we work with that see service as a solution to local, regional, and national challenges. AmeriCorps Seniors volunteers report better health and longevity having served their community.

Who Can Serve? How can I serve?

AmeriCorps Seniors is open to individuals 55 and older. When you join AmeriCorps Seniors, you choose how you want to give back. There are numerous service opportunities available to you through AmeriCorps Seniors.

Does this sound like something that might interest you? If so, contact Ruth Pforte, 518-719-3555, to find out the many opportunities that are available right here in Greene County!

In closing, we ask you to join with Greene County AmeriCorps Seniors and recognize the local volunteers who serve. Our dedicated individuals continued to volunteer during COVID-19 and ensured that Greene County seniors could continue to live independently by delivering homebound meals and/or providing transportation to get to medical appointments. We thank them for making an impact and serving others *together*.



Make a
difference

**ARE YOU LOOKING FOR A WAY TO MAKE A DIFFERENCE?
TRY VOLUNTEERING!**

The Greene County Department of Human Services is always looking for volunteer drivers to assist Homebound Senior Citizens. Anyone can volunteer there is no age requirement. How can you help?

Deliver meals – We have numerous routes to offer from our 5 sites:

- Acra site: Town of Cairo
- Athens: site: Village and Town of Athens, Freehold, and Greenville
- Catskill site: Town & Village of Catskill, and South Cairo
- Coxsackie site: Town & Village of Coxsackie
- Jewett site: Hunter, Lexington, Tannersville and Windham.

Medical Transportation – For appointments located in Greene County, as well as in the nearby counties of Albany, Columbia, Delaware, Dutchess, Rensselaer, Schoharie and Ulster.

You can tell us what days, times and routes/locations where you would be comfortable serving and we will schedule appropriately. For a commitment as little as an hour one day a week, you will be making a difference in the life of your elderly homebound neighbors. You will even receive a tax exempt reimbursement at the current IRS rate per mile! Please note that a mandatory background check must be completed prior to acceptance as a volunteer.

INTERESTED? WANT MORE INFORMATION?

Contact Ruth Pforte (518) 719-3555

AmeriCorps Seniors, Greene County Volunteer Coordinator

*“To make a difference in someone’s world,
you don’t have to be amazing, rich, or talented, or beautiful.
You just have to be you and CARE.”*

Rebecca Fox



39 Second Street
Athens, NY



HOURS:

Monday: 9:00 a.m. – 11:30 a.m.
Wednesday: 9:00 a.m. – 11:30 a.m.
12:30 p.m. - 2:00 p.m.

STOP BY AND SEE OUR WONDERFUL SELECTION OF CLOTHING !

MENS & WOMENS SIZES XS - 4X

WINTER COATS \$1.00

LINENS/CURTAINS JUST 50¢



*Note: We are in need of donations.
Donations accepted during business hours only.*





**ATTENTION U. S. VETERANS
AND CURRENT MILITARY PERSONNEL**
March Events of Interest in Greene County



Thurs. March 2	7:00 p.m.	Greenville American Legion meeting
Fri. March 3	7:30 p.m.	Irish Music Jam @ Athens American Legion
Sun. March 5	3:00 p.m.	Female Military Appreciation Dinner @ Athens American Legion
Tues. March 7	7:00 p.m.	Greenville Legion Riders' Meeting
Wed. March 8	7:00 p.m. 7:00 p.m. 7:00 p.m.	Athens American Legion meeting Windham VFW Meeting Coxsackie American Legion meeting @ Town of Coxsackie Senior Center
Thurs. March 9	7:00 p.m. 7:00 p.m.	Prattsville American Legion meeting S. A. L. meeting @ Greenville American Legion
Fri. March 10	4:30 p.m. – 7:00 p.m.	American Legion Spaghetti Dinner @ Greenville American Legion
Tues. March 14	7:00 p.m.	Cairo American Legion meeting
Fri. March 17	7:00 p.m.	Greene County American Legion meeting @ Catskill Elks Lodge
Sat. March 18	11:00 a.m.	Catskill VFW meeting
Tues. March 21	7:00 p.m.	New Baltimore American Legion meeting
Wed. March 22	7:30 p.m.	Marine Corps League Meeting @ East Durham firehouse
Fri. March 31	7:00 p.m.	Cornhole Tournament, Greenville Legion





FEMALE MILITARY APPRECIATION DINNER

SUNDAY, MARCH 5, 2023 3:00 P.M.

**FREDERICK A. VAN LOAN HALL
ATHENS AMERICAN LEGION
SECOND STREET, ATHENS**

FEMALE VETERANS FREE

Please provide name to Gordon Mosher, 518-567-5529

ALL OTHER GUESTS \$10.00

*Find us on Facebook at
www.facebook.com/AthensNYAmericanLegion*



**ARE YOU A GREENE COUNTY RESIDENT,
AGE 60 OR OLDER,
IN NEED OF TRANSPORTATION . . .**
be it Shopping, Medical Appointment, or Lunch at a Senior Site*?

The Dept. of Human Services just may have an answer!

SHOPPING: We offer a free shopping bus.

Our friendly driver will **pick up seniors at their door**, bring them to an area store for shopping, and then take them to a local Senior Service Center for lunch, if desired, before returning home.

Trips are limited to 16 people; first come, first served. Wheelchair accessible.

We ask that you call at least one (1) business day in advance to make arrangements.

NUTRITON: Our Department chauffeur will transport seniors, without a means of personal transportation, to a Nutrition site to enjoy the noontime meal.

*This service is only available to seniors who reside within specific Catskill/Athens areas.

MEDICAL TRANSPORTATION: Our Department provides Medical Transportation, courtesy of a volunteer driver, to residents who do not have any other available options for transportation to appointments.

We are unable to transport clients covered by Medicaid.

The service is available to medical facilities located in Greene County, as well as Albany, Columbia, Delaware, Dutchess, Rensselaer, Schoharie and Ulster.

Appointments must be scheduled for Monday - Friday, 8:30 through 2:00.

We do require clients to call our office at least two weeks prior to the appointment so that we can schedule the transportation with a volunteer driver.

Need more information on these DHS services? Call our office at 518-719-3555.

GREENE COUNTY TRANSIT: GCT offers safe, affordable, reliable daily public transportation services throughout Greene County. Residents who are 60 years or older can register to ride GCT, fully subsidized. To register for a senior coupon book, contact the Greene County Department of Human Services at 518-719-3555 **Or** ride the bus, paying for the fare, and ask the driver for a registration form. You can either return the completed form to the driver or return directly to DHS. For further information, call 518-943-3625.



NY Connects
Your Link to Long Term
Services and Supports

of GREENE COUNTY
(518) 719-3556
(800) 342-9871

NY Connects provides information to people of any age about:

- * Caregiver Support
- * Health Insurance Information
- * Home Care
- * Transportation
- * Community Resources
- * HEAP
- * Home Delivered Meals
- * Additional Services & Support



Get help paying for Medicare costs

A Medicare Savings Program (MSP) can help you save over \$7,200 per year in health care costs.

If your income is below or around the limit, you may qualify for an MSP, which pays for your Medicare Part B premium and automatically enrolls you in Extra Help, the federal prescription drug cost assistance program.

Even if your income is close to the limit, it is often worth applying.



Estimated 2023 income limits

The income limits are increasing for New Yorkers in 2023, and more people will be eligible.

- 1 Individual**
\$2,127 per month
- 2 Couple**
\$2,859 per month

Call us for further information on how we may be able to help you!

March is National Nutrition Month



By Nicole Gehman, MS, RD, CD-N

Over 50 years ago, the Academy of Nutrition and Dietetics named March – National Nutrition Month. Registered Dietitians work year around to spread awareness about the field of dietetics, but we take extra strides during the month of March to improve public awareness. Topics include how to develop healthful eating strategies, ways to increase physical activity levels, and making better dietary choices.



The theme changes annually, and this year the slogan is “Fuel for the Future”. Under this header there are many strategies to make food choices that better impact our environmental sustainability. This enables our ability to protect the planet’s natural resources, maintain ecological balance, and overall promote longevity of these resources for future generations.

We have control over our food purchasing. Buying local food and shopping for items in season can greatly benefit the environment long term, but how?



- ☆ **Less “food miles.”** The term refers to the total distance food can travel from its origin to the supermarket. Food is delivered by cars, large trucks, and planes. The longer the transport, the more fuel is used, releasing harmful gas emissions into the air. This contributes to pollution, and increased need for prolonged refrigeration, also requiring energy.
- ☆ **Support your local farms, markets and farm stands.** Many farmers choose to grow crops without the use of pesticides or other harmful chemicals, therefore protecting water and air from exposure and pollution. In addition, the food is fresh, you know where it comes from, and you are supporting local farmers who engage in sustainable farming.

☆ **Seasonal food choices decrease environmental impact.** If food is in transit for longer periods, there is increased chance of food waste/spoilage. Foods in season, and local, use less energy for production therefore less waste accumulates. You can also choose foods with minimal packaging to ensure there will be less waste produced.

**REGISTERED
DIETITIAN
NUTRITIONIST**

A Registered Dietitian can help you establish new habits that support sustainability.

The Department of Human Services offers nutrition counseling about healthy eating, wellness and healthy habits. You don't need to get meals to discuss with the dietitian. Any senior wishing information is encouraged to call and ask for me, Nicole Gehman, RD, at the main office, 518-719-3555.

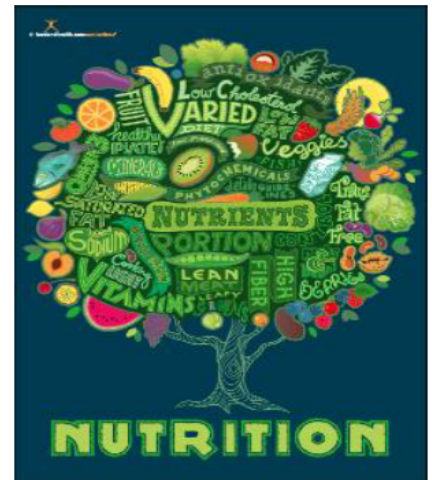


I will continue to visit monthly for lunch presentations. All are welcome to attend. Typically, there is a brief education and food samples to follow. Happy National Nutrition Month!

NUTRITION EDUCATION with Nicole Gehman, MS, RD, CD-N

Sponsored by Greene County Department of Human Services

THURSDAY, MARCH 9, 2023 ROBERT ANTONELLI SENIOR CENTER ACADEMY STREET, CATSKILL	12:00 P.M. 943-1343
THURSDAY, MARCH 23, 2023 TOWN OF COXSACKIE SENIOR CENTER 127 MANSION ST, COXSACKIE	12:00 P.M. 731-8901
THURSDAY, MARCH 30, 2023 ACRA COMMUNITY CENTER OLD ROUTE 23, ACRA	12:00 P.M. 622-9898
WEDNESDAY, APRIL 5, 2023 RIVERTOWN SENIOR CENTER, ATHENS 39 SECOND STREET, ATHENS	12:00 P.M. 945-2700
THURSDAY, APRIL 20, 2023 JEWETT MUNICIPAL BUILDING BEACHES CORNERS, JEWETT	12:00 P.M. 263-4392



Come learn about healthy nutrition habits.
Feel free to ask questions. Recipe and tasting to follow.
**If you would like lunch that day at the location,
please call at least a day in advance to reserve a meal.**

Nutritional information and/or counseling is always available.
Please call GCDHS for a referral at (518)719-3555.

DEPARTMENT of HUMAN SERVICES MEAL COUPON BOOKLETS AVAILABLE



**MEAL COUPON BOOKS
ARE ALWAYS AVAILABLE FOR PURCHASE
FOR BOTH CONGREGATE
AND HOMEBOUND MEAL CLIENTS.**

**BOOKLETS CONTAIN 10 COUPONS, AT A COST OF \$30.00,
TO USE FOR MEAL CONTRIBUTIONS.**

**IF YOU RECEIVE A HOME DELIVERED MEAL AND WISH TO
PURCHASE A BOOKLET, PLEASE CALL THE MAIN OFFICE
AT 518-719-3555 AND ASK FOR THE NUTRITION
DEPARTMENT. WE WILL MAKE ARRANGEMENTS FOR A
BOOKLET TO BE DELIVERED DIRECTLY TO YOU.**

**CONGREGATE DINERS CAN REQUEST A BOOKLET AT
THEIR FAVORITE NUTRITION SITE.**

It was a full house on Thursday, February 9 at the Jewett Senior Service Center when area seniors came out to enjoy a delicious lunch in recognition of the upcoming Valentines Day.

Jewett Site Manager, Gayle, said it was the first time the center has been full since COVID hit. She even ran out of seats & had to turn people away.



GREENE COUNTY SENIOR SERVICE CENTERS

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather.

If you wish lunch from any of the nutrition sites, you must notify the appropriate center by noon, a day in advance. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste.

If you would like lunch at either Athens or Catskill & need transportation, please call Rose at the main office to schedule.

ACRA

Acra Community Center,
Old Rte. 23, Acra
(518) 622-9898

Ashley Reynolds
Meal Site Manager

Elaine Cherrington
Cook

JEWETT

Jewett Municipal Building
3547 Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager

Leigh Mattice
Food Service Helper

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Paul Morales
Senior Center Manager

Shane Dillon,
Central Kitchen Manager

Mary Santiago
Food Service Helper

CATSKILL

Robert C. Antonelli
Senior Center
15 Academy Street,
Catskill
943-1343

Penny Konstalid
Meal Site Manager



COXSACKIE

Town of Coxsackie
Senior Center
127 Mansion Street,
Coxsackie
731-8901

Dorothy Barkman
Faye VanDyke
Co-Meal Site Managers

GREENE COUNTY SENIOR NUTRITION PROGRAM

**ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO RECEIVE - SUGGESTED DONATION IS \$4.00
 SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH
 LUNCH RESERVATIONS FOR TAKE-OUT ARE REQUIRED AT LEAST A DAY IN ADVANCE
 BY CALLING THE APPROPRIATE CENTER
 MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.**

Monday	Tuesday	Wednesday	Thursday	Friday
				
		<i>1</i> BEEF STEW BROCCOLI RICE PUDDING RAISINS	<i>2</i> MACARONI & CHEESE STEWED TOMATOES 3 BEAN SALAD FRESH FRUIT	<i>3</i> SEAFOOD SCAMPI SPINACH TOMATOES LINGUINI FRESH FRUIT
<i>6</i> CHICKEN DIVAN CARROTS BROWN RICE FRUIT COCKTAIL	<i>7</i> TORTELLINI MARINARA W/ MEATBALL BROCCOLI CAULIFLOWER TROPICAL FRUIT	<i>8</i> BBQ PULLED PORK COLE SLAW BAKED BEANS COLLARD GREENS CHOCOLATE MOUSSE	<i>9</i> HUNGARIAN GOULASH MONACO MIXED VEGETABLES EGG NOODLES FRESH FRUIT	<i>10</i> FISH FLORENTINE SCALLOPED POTATOES GREEN BEANS FRESH FRUIT
<i>13</i> BEEF CHILI MIXED VEGETABLES BROWN RICE PEARS	<i>14</i> CHICKEN & BISCUITS CALIFORNIA VEGETABLE MEDLEY MANDARIN ORANGES & PINEAPPLES	<i>15</i> PORK CHOP W/GRAVY APPLESAUCE SWEET POTATO GREEN BEANS CHOCOLATE CHIP COOKIES	<i>16</i> CORNER BEEF & CABBAGE CARROTS BOILED POTATOES CHOCOLATE CAKE w/ Andes Mints 	<i>17</i> BEER BATTERED FISH CARROTS HERB ROASTED POTATOES MACARONI SALAD FRESH FRUIT
<i>20</i> SLOPPY JOES\ CORN RICE TROPICAL FRUIT	<i>21</i> CHICKEN DIJON CALIFORNIA MIXED VEGETABLES MASHED POTATOES VANILLA MOUSSE	<i>22</i> SWEET & SOUR PORK ORIENTAL MIXED VEGETABLES WHITE RICE FORTUNE COOKIE W/ PINEAPPLE	<i>23</i> HOT TURKEY DINNER W/ GRAVY CRANBERRY SAUCE GREEN BEANS MASHED POTATOES STUFFING CHOCOLATE CAKE	<i>24</i> LEMON PEPPER FISH CABBAGE SLAW PEAS & CARROTS O'BRIEN POTATOES FRESH FRUIT
<i>27</i> STUFFED CABBAGE CALIFORNIA VEGETABLE MIX LEMON PUDDING	<i>28</i> SPANISH RICE w/ Beef MEXICALI SALAD CORN/CARROT MEDLEY COOKIES & APPLESAUCE	<i>29</i> MUSHROOM SWISS BURGER CARROTS SCALLOPED POTATOES FRUITED JELL-O	<i>30</i> MEATBALL SUB POTATO SALAD WINTER BLEND VEGETABLES FRESH FRUIT	<i>31</i> CRAB STUFFED COD BROCCOLI RICE PILAF FRESH FRUIT

GREENE COUNTY SENIOR NUTRITION PROGRAM

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BBQ CHICKEN THIGHS BAKED BEANS CORN CORNBREAD BANANA PUDDING	4 TORTELLINI MARINARA SAUSAGE ITALIAN MIXED VEGETABLES FRUIT COCKTAIL COOKIE	5  BAKED HAM* W/ RAISIN SAUCE SCALLOPED POTATOES GLAZED CARROTS CHERRY PIE * <i>LOW SODIUM</i> DIET SUBST : BREADED CHICKEN CUTLET	6 BEEF CHILI CALIFORNIA MIXED VEGETABLES BROWN RICE FRESH FRUIT	7 SHRIMP SCAMPI TOSSED SALAD GREEN BEANS LINGUINI FRESH FRUIT
10 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRUIT COCKTAIL	11 CHICKEN DIVAN TUSCAN VEGETABLES WHITE RICE PEARS	12 BEEF STEW POTATOES BROCCOLI CHOCOLATE MOUSSE w/ Whipped Topping	13 VEGETABLE LASAGNA w/ Red Sauce TOSSED SALAD ITALIAN MIXED VEGETABLES PEACH CRISP	14 MEATBALL SUB MONACO VEGETABLE MIX POTATO SALAD FRESH FRUIT
17 FISH FLORENTINE O'BRIEN POTATOES BROCCOLI TROPICAL FRUIT	18 STUFFED CABBAGE CARROT/CORN MEDLEY LOW SODIUM V8 PEARS	19 MEATLOAF w/ Gravy BRUSSELS SPROUTS MASHED POTATOES CHOCOLATE CUPCAKE 	20 CHICKEN DIJON MASHED POTATOES MONACO VEGETABLES YOGURT PARFAIT W/ BLUEBERRIES	21 KIELBASA W/ SAUERKRAUT* MARINATED BEETS BAKED BEANS FRESH FRUIT * <i>LOW SODIUM</i> DIET SUBST : BBQ CHICKEN CUTLET
24 SLOPPY JOES CALIFORNIA VEGETABLE MIX WHITE RICE PINEAPPLE	25 SWEET & SOUR CHICKEN ORIENTAL MIXED VEGETABLES WHITE RICE FORTUNE COOKIE APPLESAUCE	26 PORK CHOP w/ Gravy APPLESAUCE MASHED POTATOES PEAS & CARROTS PB COOKIE	27 CRAB TOPPED COD AU GRATIN POTATOES CARROT COINS BUTTER PECAN CAKE FRESH FRUIT	28 BACON CHEDDAR BURGER COLESLAW GREEN BEANS YOGURT CUP





RIVERTOWN SENIOR CENTER
39 SECOND STREET, ATHENS

TUESDAYS 1:00 P.M. - 3:00 P.M.
BEGINNING APRIL

PLEASE JOIN
OUR VERY OWN STAFF MEMBER, NETTIE,
WITH YOUR IDEAS, TALENTS, AND COMPANY
FOR AN AFTERNOON OF FUN, CREATIVITY
AND CRAFTING!

PLEASE CALL A DAY IN ADVANCE
IF YOU WISH TO HAVE LUNCH AT THE CENTER
BEFORE CRAFTING BEGINS
518-945-2700





GREENE COUNTY DEPARTMENT of HUMAN SERVICES **CONTRIBUTIONS POLICY**

For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

Services will not be denied to anyone unable or unwilling to make a contribution.

CONSULTATION and ASSISTANCE: This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc. The suggested level of contribution is \$5.00 per office visit (*Actual cost \$20.00/hour*).

IN-HOME SERVICES: This is discussed with the client by the case manager at the time of assessment. The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

LEGAL SERVICES: The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hour*).

NUTRITION:

- **Senior Congregate Meal or Home Delivered Meals:**

The suggested level of contribution is \$4.00 (*Actual cost \$15.00/meal*).

- **Nutrition Counseling**

Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute. The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

TRANSPORTATION:

- ◆ **Shopping Bus**

The suggested level of contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).

- ◆ **Senior Center Transportation**

The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

- ◆ **Medical (Homebound) Transportation**

All tolls are to be paid directly by the passenger. The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

THANK YOU FOR YOUR SUPPORT



As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages & appreciates donations. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your contribution will be used to provide service to another older adult in need.

NAME: _____

ADDRESS: _____

I designate a \$ _____ donation in appreciation for services **OR**

In memory of _____ to the following:

- _____ Round Table News _____ In-home services _____ Senior Angels Program
_____ Nutrition Program/Home-delivered Meals _____ Round Table News
_____ Homebound transportation _____ Where most needed

Make checks payable & mail to:
Greene County Dept. of Human Services
411 Main Street Catskill, N.Y. 12414



For your donations

To the Department

Ray & Nancy Houghtaling

To the Senior Angels Program

*Athens Senior Citizens Club
from their Christmas Party*

*Emily DiSalvo
In Memory of Leonard DiSalvo*

*Robert & Laurel Stauffer
In Memory of Marie Lindner*



GREENE COUNTY SENIOR CITIZENS CLUBS



ATHENS

ATHENS SENIOR CITIZENS

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

CAIRO:

CAIRO GOLDEN AGERS

2nd & 4th monthly Wednesday, 1:30 p.m.

Acra Community Center

Contact person: President Pat Asaro, 518-821-6508

CATSKILL:

CATSKILL SILVER LININGS

2nd monthly Thursday, 1:00 p.m.

Robert C. Antonelli Senior Center

Contact person: President Sheila Pedersen, 518-719-5361

COXSACKIE:

COXSACKIE AREA SENIORS

2nd & 4th monthly Tuesday, 1:00 p.m.

Van Heest Hall, Bethany Village

Contact: Mary Kibbey, 518-634-7524

SENIOR CITIZENS of COXSACKIE

1st & 3rd monthly Monday, 2:00 p.m.

Town of Coxsackie Senior Center

Contact: Pres. Dawn M. Smith, 518-857-4780

GREENVILLE

GREENVILLE GOLDEN YEARS

1st monthly Wednesday, 1:00 p.m.

American Legion Hall

Contact person: President Beverly Myers, 518-966-8482

MOUNTAIN-TOP:

MOUNTAIN TOP GOLDEN AGERS

4th monthly Thursday, 1:00 p.m.

Tannersville Fire Hall

Contact person:

President Margaret Robinson

518-299-0218

W-A-J-P-L GOLDEN AGE CLUB

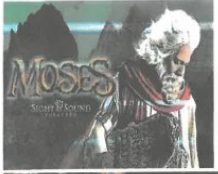
1st & 3rd Monday, 1:00 p.m.

Windham Town Building

Contact person:

President Lula Anderson

518-734-5360



SIGHTS & SOUNDS OF LANCASTER, PA

Featuring Sight & Sound's "MOSES"

3 DAYS - 2 NIGHTS

APRIL 26 - 28, 2023

Deposit required: \$25

\$ 505 Per Person
Double Occupancy

Single Occupancy: \$650

PACKAGE INCLUDES:

- * 2 Nights Lodging
- * 2 Breakfasts
- * 2 Dinners including dinner at an Amish Homestead & Dinner at Bird-in Hand
- * Performance of "MOSES" at Sight & Sound Theatre
- * Guided Tour of the Amish Countryside, including stops at an Amish Craft Farm & Bake Shop
- * Railroad Museum of Pennsylvania
- * Ride on the Strasburg Railroad
- * Kitchen Kettle Village
- * Bird-in-Hand Farmers Market
- * Souvenir Gift
- * Luggage Handling
- * Taxes & Meal Gratuities
- * Motorcoach Transportation

Balanced due: March 2023



Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS
Georgianna Ramsay
P.O. Box 162
Round Top, NY 12473
(518) 622-3257



WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

WAJPL Golden Age Club presents

"MOSES" in Lancaster, PA

Set adrift as a baby, Moses is an unlikely hero – until God calls him to lead His people out of Egypt and into the promised land. Experience one of the Bible's most epic stories as MOSES comes to life with massive sets, special effects, and live animals in this original stage production from Sight & Sound Theatres.

2 Day Tour - May 2-3, 2023



\$371. Double
\$361 Triple \$481 Single
Add \$18.00 to include the Strasburg RR
DEPOSIT OF \$75 at SIGN UP
Balance due: 3/25/23
Cancellation Protection
Only \$29 per person



Package Includes:

- Roundtrip Deluxe Motor Coach
- 1 Night at the EDEN RESORT
- Dinner Show at the Dutch Apple Theatre
- 1 Breakfast Buffet at the Hotel
- Lunch in an actual Amish Home
- "Moses" at Sight & Sound Theater
- **RESERVED Orchestra Seats!**
- Kitchen Kettle Village or Strasburg Railroad (add \$18.00 if doing the RR)
- Baggage Handling
- All Hotel and Meal Tax

For reservations contact:

Mary Louise
(518) 622-3397
Or Vicky @
(518) 734-4164

Send Checks To:
WAJPL Golden Age Club
P.O. Box 96
Hansonville, NY 12439

TWO SHOWS!



Family Style Dinner in a REAL Amish Home!



Bus Departs: Windham, NY



Mountaintop Golden Agers



WEDNESDAY, MAY 31, 2023

Resorts World Catskills Casino



\$75 per person

Includes \$25 Slot Play & Lunch Buffet

**For reservation, please contact
Patty (518) 821-8670**



DOO WOP
Featuring **JOEY & THE PARADONS**
Sponsored by WAJPL GOLDEN AGE CLUB

6/13/2023



VILLA ROMA, Callicoon NY

\$65

SHOW - LUNCH - BINGO

For reservations,
please call MARY LOUISE (518) 622-3397
or VICKY (518) 734-4164



MAINE & CAPE COD, MASSACHUSETTS

Including Hyannis & Sandwich

4 DAYS - 3 NIGHTS

JUNE 26 - 29, 2023

\$719.00 Per Person
Double Occupancy

Cancellation insurance available upon request; see reverse side



Hyannis



PACKAGE INCLUDES:

- * 3 Nights Lodging, including 1 night in Maine
- * 3 Breakfasts
- * 3 Dinners
- * Desert of Maine
- * Guided Tour of Historic Sandwich, including Great Salt Marsh
- * Cape Cod Canal Visitor's Center
- * Guided Tour of Hyannis area, including Kennedy Memorial & Main Street
- * Hyannis Harbor Cruise with view of Kennedy Compound
- * Souvenir Gift
- * Luggage Handling
- * All Taxes & Meal Gratuities
- * Motorcoach Transportation

FOR INFORMATION AND RESERVATIONS CONTACT:

MOUNTAIN TOP GOLDEN AGERS PAT TRACY
P.O. Box 818 (518) 821-8670
Tannersville, NY 12485

WHITE STAR TOURS 26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com

W-A-J-P-L Golden Age Club Trip

WEDNESDAY, JULY 12, 2023



**Turning Stone
Casino**

and

**Fort Stanwix
National Monument**



\$25 per person

Includes \$25 Free Play & \$5 Food Voucher

For reservation, please contact

MaryLouise (518) 622-3397

Vicky (518) 734-4164

Mountaintop Golden Agers



WEDNESDAY, JULY 12, 2023

**The Log Cabin,
Holyoke, MA**



\$80 per person

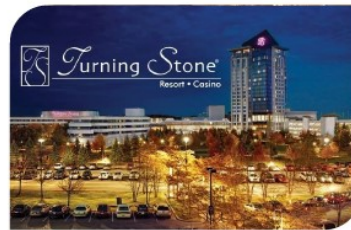
Lunch Choice: Twin Lobsters or Prime Rib

For reservation, please contact

Patty (518) 821-8670

W-A-J-P-L Golden Age Club Trip

WEDNESDAY, JULY 12, 2023



**Turning Stone
Casino**

and

**Fort Stanwix
National Monument**



\$25 per person

Includes \$25 Free Play & \$5 Food Voucher

For reservation, please contact

MaryLouise (518) 622-3397

Vicky (518) 734-4164

W-A-J-P-L Golden Age Club Trip

THURSDAY, AUGUST 3, 2023

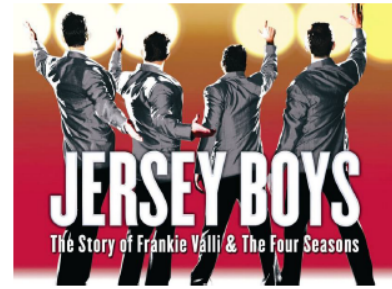


PROCTOR'S THEATER

\$60 PER PERSON

For reservation, please contact
 MaryLouise (518) 622-3397
 Vicky (518) 734-4164

Mountaintop Golden Agers



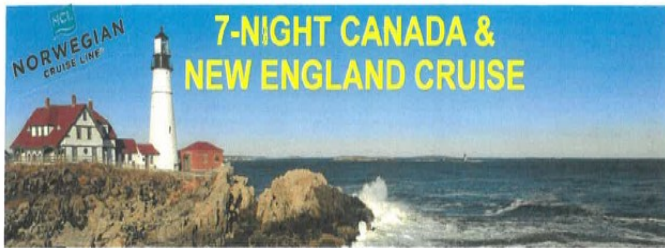
WEDNESDAY, AUGUST 23, 2023

The Mac-Haydn Theatre Inc.

Buffet Lunch at **KOZEL'S**

\$70 per person

For reservation, please contact
 Patty (518) 821-8670

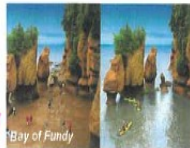


SEPTEMBER 10 - 17, 2023



Inside Category IB - \$1,139
 Balcony Category BB - \$1,459
 based on double occupancy

*\$250 Deposit Due by March 30, 2023
 Final Payment Due by April 25, 2023*



PACKAGE INCLUDES:

- * Bus transfer to/from New York City Pier
- * Air-conditioned cabin with private shower and toilet
- * All meals on board the NORWEGIAN ESCAPE
- * Morning & afternoon snacks
- * Services of a cruise director
- * Cabin steward
- * Health & Fitness Center
- * Nightly entertainment
- * Las Vegas-style casino
- * Swimming pool & sporting activities
- * Room service available (limited hours)
- * Port Taxes
- * Choice of 2 Amenity Options detailed on back

DAY	PORT OF CALL	ARRIVE	DEPART
Sun	New York City	6:00 am	5:30 pm
Mon	Newport, RI	10:00 am	7:00 pm
Tue	Portland, ME	8:00 am	5:00 pm
Wed	Bar Harbor, ME	2:30 pm	2:15 pm
Thu	St. John, Bay of Fundy	8:00 am	8:00 pm
Fri	Halifax, NS		
Sat	At Sea		
Sun	New York City	7:00 am	

FOR INFORMATION AND RESERVATIONS CONTACT:

CAIRO GOLDEN AGERS
 Pam O'Reilly (518) 634-7303
 Patty Asaro (518) 821-6508
 11 Rolling Meadow Rd.
 Cairo, NY 12413

Prices subject to change till reserved and deposited insurance available and must be paid with deposit. After final payment, cancellation penalties may apply.

VALID PASSPORT IS REQUIRED



WILLIAMSBURG & CHARLOTTESVILLE

With Berkeley Plantation & Thomas Jefferson's Monticello

5 DAYS - 4 NIGHTS

SEPTEMBER 11 - 15, 2023

\$ 780.00 per person *double occupancy*
 \$ 740.00 per person *triple occupancy*
 \$1004.00 per person *single occupancy*

\$100 deposit with reservation
 Balance due by 7/17/23



PACKAGE INCLUDES:

- * 4 Nights lodging
- * 4 Breakfasts
- * Buffet Lunch at Historic Michie Tavern
- * 3 Dinners including Captain George's Smorgasbord & The Whaling Company
- * 2-Day Ticket to Colonial Williamsburg
- * Guided Tour of Colonial Williamsburg
- * Self-guided tour of Jamestown Settlement
- * Tour of Thomas Jefferson's Monticello
- * Admission to Berkeley Plantation
- * Drive-by University of Virginia
- * Souvenir gift
- * Luggage handling
- * Taxes and meal gratuities
- * Motorcoach transportation

Cancellation insurance available upon request; see reverse side

FOR INFORMATION AND RESERVATIONS CONTACT:

WAJPL GOLDEN AGE CLUB
 Mary Louise (518) 622-3397
 or
 Vicky (518) 734-4164

Make checks payable and mail to
 WAJPL Golden Age Club
 P. O. Box 96
 Hensonville, NY 12439

ATTENTION GREENE COUNTY TAXPAYERS

Following the unveiling of Governor Hochul's budget proposal to halt the longstanding practice of sharing federal Medicaid funds (eFMAP), the New York State Association of Counties decided to assist county legislatures and residents in opposing this proposal.

The SFY 2024 State Budget proposal would end the Affordable Care Act (ACA) enhanced Federal Medical Assistance Percentage (eFMAP) federal pass-thru to counties. The State is proposing to keep all of these federal savings going forward and use them to cover further expansions of Medicaid eligibility and benefits and to increase payments to health care providers. The elimination of this ACA eFMAP federal pass-thru will require NYS counties to spend at least \$280 million more in SFY 2024, and approximately \$1 billion when New York City is included. The SFY 2024 costs to counties are scheduled to grow by 30 percent by SFY 2027.

It is the strong view of NYSAC that congress intended these federal savings to be shared with counties proportional to the amount they contributed toward the nonfederal Medicaid match. Since 2003, the state has shared the funds proportionally based on an analysis of savings received during periods when an enhanced federal Medicaid match was enacted by Congress. When enacted in 2011, the Medicaid statutory cap was \$7.6 billion. Starting in SFY 2014, New York began sharing these federal ACA savings directly with counties. The savings for a year were provided by lowering the weekly payments each county make to the state to support the State's Medicaid program. Through February 1, 2023, the state continues to share the federal savings with the counties.

NYS Counties strongly disagree with the need to cut county funding so deeply when the Governor's budget proposes to fully fund its own reserves two years ahead of schedule depositing \$5.4 billion into reserves before the end of SFY 2023, while also projecting a general fund surplus of \$35 billion by the end of SFY 2024. The New York State Association of Counties calls on the State to continue to share these federal funds with counties as has been the precedent for over 20 years. We encourage all NYS taxpayers to send letters to the Governor expressing their opposition to this shift. Below you will find a sample letter that can be used. Address letters to: *Colleen Deacon, Senior Director of Upstate Governmental Affairs, Office of Governor Kathy Hochul, 333 East Washington Street Syracuse NY 13202* or via email to Colleen.Deacon@exec.ny.gov

Dear Governor Hochul:

As a tax-paying resident of Greene County, I am writing to oppose your Executive Budget proposal to stop sharing the Affordable Care Act (ACA) enhanced Federal Medical Assistance Program (eFMAP) with counties. This proposal would end the 20-year precedent of sharing federal Medicaid savings with local governments that contribute to the Medicaid program.

New York State is proposing to permanently keep all of these federal savings and use them to cover overspending in the Medicaid program because the state has failed to control costs and continues to expand the program. Due to the failure of the state to contain out of control Medicaid costs, it has turned to shifting billions of dollars in new costs onto the backs of local taxpayers. The elimination of this ACA eFMAP federal pass-thru will require counties outside of New York City to spend at least \$280 million more in SFY 2024, and up to \$900 million when New York City is included. The SFY 2024 costs are scheduled to grow by 30 percent by SFY 2027. As a former county official yourself, you can appreciate that this new cost shift by the state will eventually come out of the residents' pockets in the form increased taxes or cuts to services.

Greene County has worked hard to battle the COVID-19 and opioid pandemics, and we continue to deliver, and partially fund, countless human services to the New Yorkers in need in our community.

We share your goal to make New York and our communities more affordable, but this proposal will force us to pass these costs on to our local taxpayers, and that will make that goal more difficult to achieve.

We urge you to reconsider this administrative cost-shift to our property taxpayers and renters, and we encourage you to reverse your proposal.

Respectfully,

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

An education program presented by the Alzheimer's Association®



ALZHEIMER'S IS NOT NORMAL AGING.

It's a disease of the brain that causes problems with memory, thinking and behavior.

Join us to learn about:

- » The impact of Alzheimer's.
- » The difference between Alzheimer's and dementia.
- » Alzheimer's disease stages and risk factors.
- » Current research and treatments available to address some symptoms.
- » Alzheimer's Association resources.

DATE : Thursday, March 16th

TIME: 6pm

The Pines at Catskill

ADDRESS: 154 Jefferson Heights, Catskill,
NY 12414

REGISTRATION STRONGLY ENCOURAGED

To register contact: 800.272.3900 or

Tony Rivera at 518.675.7214

Email: tarivera@alz.org

Visit alz.org/CRF to explore additional education programs online and in your area.

This program is supported, in part, by a grant from the New York State Department of Health.

alzheimer's  association®

Northeastern New York Chapter

News From the Greene County Youth Bureau

YOUTH RECOGNITION AWARDS

NOMINATIONS SOUGHT for 2023 YOUTH AWARDS

Once again, the annual Greene County Youth Awards (Youth of the Year, Chairman's Choice, and Director's Choice) will be awarded. The purpose of the awards is to recognize the outstanding contributions and achievements of Greene County youth who have made outstanding contributions in serving his/her community through leadership, knowledge, skill and/or service. The dedication of these young people help make Greene County a better place for us all.

If you know a young person, in Grade 9 -12, who deserves this recognition, you can find a nomination form available on our web site:

<https://www.greengovernment.com/departments/human-services/youth>

or you can contact the Greene County Department of Human Services at (518) 719-3555. From the nominations received, the youth will be evaluated by the Greene County Youth Advisory Board to determine this year's winners.

Any inquiries for further information may also be directed to the department.

Deadline for entries is March 31, 2023.

2022 Award winners with members of Greene County Youth Bureau





Office of Children and Family Services

GREENE COUNTY YOUTH BUREAU 2023 FUNDING

We are requesting proposals for the Greene County Youth Bureau Funding for Youth Development programs, as well as Youth Sports Opportunities, sponsored by any 501 (c)(3) (Non-profit tax-exempt charitable organization per IRS).

Due to changes from NYS OCFS, 2023 funding will only be for programs running January 1 – September 30, 2023. Programs that cover October 1, 2023 through September 2024 will be eligible for 2024 funding. **The deadline for this 2023 RFP is Friday, March 24, 2023.**

The application must include:

- List of current Board members with contact information and employer noted.
- List of board members or staff who are authorized to sign claims.
- OCFS-5001 Program Application (*Municipalities signed by Chief Elected Official*).
- OCFS-5002 Program Profile
- OCFS-5003 Program Components
- OCFS-5005 Program Budget

All OCFS forms are available on the web site,

<http://greenegovernment.com/departments/human-services/youth-resources>

All applications are to include **only one** Life Area with the goals & objective for the program. In addition, the Services, Opportunities & Supports (SOS) & Performance Measures must be entered on the application.

Historically, the average grant award has been between \$1,000 and \$3,000.

Please call Greene County Department of Human Services, (518) 719-3555 for assistance.



GREENE COUNTY ROUND TABLE NEWS

is published monthly by

GREENE COUNTY DEPARTMENT of HUMAN SERVICES

411 Main Street, Catskill, NY 12414

(518) 719-3555 Toll Free (877) 794-9266

aging@discovergreene.com

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BUS DRIVER Robert Laird

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The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable between 12:00 p.m. and 1:00 p.m. Agency staff specialize in a variety of subjects. **Staff are available by appointment only. Please call our main office telephone number to schedule an appointment if you need to meet with a staff member.**

Programs are made possible through funds from the NY State Office for the Aging, NY Connects, Administration for Community Living, NY State Office of Children and Family Services, and the generous support of the Greene County Legislature. Contributions are gratefully accepted and used to expand programs and services. **No person will be denied service if they are unable or unwilling to contribute.** All contributions are confidential. For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days notice.

GREENE COUNTY ROUND TABLE NEWS is published monthly by the Greene County Department of Human Services. If you would like to be added to or removed from our subscriber list, please call Maureen at 518-719-3555 or email mmurphy@discovergreene.com. Issues are available in black & white print and can be mailed via the U. S. Postal Service, or in full color via electronic mail.