



## GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00  
**SERVED DAILY:** BREAD WITH PROMISE SPREAD, MILK, COFFEE & TEA - TARTAR SAUCE SERVED WITH FISH  
 LUNCH RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER  
 MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CHICKEN & BISCUITS MASHED POTATOES GREEN BEANS APPLE SPICE CAKE
4 BEEF CHILI BROWN RICE MIXED VEGETABLES CORN BREAD PEACHES	5 SALMON w/ Dill Sauce MASHED POTATOES CAULIFLOWER BROWNIE	6 CHICKEN PARMESAN WHOLE WHEAT SPAGHETTI SPINACH GREEN BEANS TIRAMISU	7 PORK CHOP w/ Gravy BAKED POTATO w/ Sour Cream APPLESAUCE BUTTERNUT SQUASH FRESH PEAR	8 VEGETABLE LASAGNA w/ White Sauce ITALIAN MIXED VEGETABLES FRESH APPLE
11 COLUMBUS DAY DEPARTMENT & ALL NUTRITION SITES CLOSED  	12 STUFFED SHELLS MARINARA SAUSAGE PEAR CUP SAUTÉED MIXED VEGETABLES TROPICAL FRUIT	13 KIELBASA* SAUERKRAUT CORN BAKED BEANS APPLE CRISP w/ Whipped Topping * LOW SODIUM SUBST: Baked Chicken Thigh	14 SHRIMP PRIMAVERA PENNE TOMATOES & ZUCCHINI SPINACH PUMPKIN PUDDING	15 CHICKEN QUARTERS w/ Gravy MASHED POTATOES GREEN BEANS FRESH FRUIT
18 SLOPPY JOES CAULIFLOWER CORN TROPICAL FRUIT	19 CHICKEN DIJON MASHED POTATOES MONACO VEGETABLE MIX CHOCOLATE BIRTHDAY CAKE PEAR CUP	20 HOT TURKEY DINNER w/ Gravy GREEN BEANS CRANBERRY SAUCE SWEET POTATO MANDARIN ORANGES	21 MEATLOAF w/ Gravy SCALLOPED POTATOES SONOMA VEGETABLES FRESH FRUIT	22 RAVIOLI w/ SAUSAGE ITALIAN VEGETABLES LIMA BEANS FRESH FRUIT
25 BEER BATTERED FISH SPINACH MASHED POTATOES LEMON PUDDING w/ Graham Cracker Crumbs	26 TORTELLINI MARINARA MEATBALL ITALIAN MIXED VEGETABLES CARROT COINS PEAR CUP CHOCOLATE CHIP COOKIE	27 BEEF BARLEY STEW ( <i>Carrots &amp; Potatoes                  in stew</i> ) BROCCOLI FRUITED JELL-O	28 CHICKEN DIVAN CALIFORNIA MIXED VEGETABLES FRESH FRUIT	29 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES HALLOWEEN CUPCAKE  