

The Arc Mid-Hudson
Greene County Annual Report - 2019

The Arc Mid-Hudson Services in Greene County

The Arc Mid-Hudson serves individuals with intellectual and developmental disabilities (I/DD) including autism in Greene County. The services provides are as follows: Family Support, which includes Community Habilitation and Waiver Respite, Residential (IRA's and apartments), Day Habilitation (Group and Community Based), Clinical Supports (Multi-Sensory Room and Behavioral Supports), ENRICH (School to Work), Employment (SEMP and ACCES VR), Transportation, Greene County Transit (GCT) and Assistance with Accessing OPWDD services.

Family Support Services:

The Arc Mid-Hudson provides a variety of family support services, which include the following: Voucher Respite, Waiver Respite, Community Habilitation, and Intensive Behavior Supports.

1. Voucher Respite

Voucher respite pays families for providing respite to their family member who is eligible for OPWDD services. The Arc currently provides voucher respite to following individuals in Greene County.

Town	#People (unduplicated)
Purling	1
Cairo	4
Earlton	1
S. Cairo	1
Coxsackie	1
Palenville	2
Catskill	2
Greenville	1
Tannersville	1
Hunter	1

Total = 15 (unduplicated)

2. Waiver Respite

In Waiver Respite, staff goes to the individual family's residence to provide respite services to family and individual with disabilities. Individual must be OPWDD Waiver eligible. 240.75 hours were used to support the following individuals in Waiver Respite services:

Town	#People (unduplicated)
Acra	1
Palenville	1

Total = 2 (unduplicated)

**The Arc Mid-Hudson
Greene County Annual Report - 2019**

3. Community Habilitation

The Arc Mid-Hudson provides community habilitation services to individuals who live in their natural homes. Staff provides a variety of services to build skills necessary for successful community living. **2,508.5 hours** of support were provided to the following individuals:

Town	#People (unduplicated)
Cairo	1
Catskill	4
Earlton	1

Total = 6 (unduplicated)

4. Intensive Behavior Support (at Home)

Offers clinical supports to individuals living in their natural homes: No one used this service in 2019

Residential:

Individual Residential Alternative (IRA's)

PROGRAM	CAPACITY	CURRENT NUMBER of INDIVIDUALS	CITY
Hagan: 110 Wildwing Park, Catskill, NY 12414	8	8	Jefferson Heights
Total	8	8	
Griffin: 195 Spring Street, Catskill, 12414	8	6/ 2 vacancies	Catskill
Total	8	6	
McGiffert: 13 Red Apple Lane, Catskill, NY 12414	6	6	Catskill
Total	6	6	
Honeysuckle: 8 Honeysuckle Lane, Catskill, NY 12414	4	4	Catskill
Total	4	4	
Total	26	24/ 2 vacancies	

IRA Apartments

West Main: Supervised 359 W. Main Street, Catskill, NY 12414	8	8	Catskill
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**The Arc Mid-Hudson
Greene County Annual Report - 2019**

Grandview: Supportive 78 Grandview ave Catskill, NY 12414	2	2	Catskill
9W: 359 W. Main Street, Catskill, NY 12414	5	3/ 2 vacancies	Catskill
Total	15	13/ 2 vacancies	

Capacity 41 Total 37 /4 vacancies (unduplicated)

Day Habilitation:

Our Day Hab. Programs provide volunteer services to Greene county residents through collaborative relationships with community partners. The volunteer hours totaled 4280.86 for 2019 which is up 602.86 hours from 2018, providing services for :

- Deliver Meals on Wheels
- Bagging food for Windham food bank
- Cleaning Greenville Norton church
- Cossackie Paramedics
- Ronald McDonald House
- Unloading Food Truck
- Recycling
- Help a Senior
- Cossackie Fire House
- Salvation Army (ringing the bell)

Our day Hab programs provide opportunity for onsite skill development and socialization with peers. Skill development includes cooking, art , exercise and community intergration.

Cairo Day Hab: 18 Forgiore Road, Cairo, NY 12413	Capacity 25		
		2	Cairo
		9	Catskill
		1	Athens
		2	Earlton
		1	Greenville
		2	Hannacroix
Total	25/26	9 unduplicated out of total 17	8 Vacancies
Catskill Day Hab: 311 W. Bridge Street, Catskill, NY 12414	Capacity		
		5	Valatie
		11	Catskill
		0	Westerlo
		1	Cairo
		1	Palenville
		8	Saugerties

**The Arc Mid-Hudson
Greene County Annual Report – 2019**

Total	25/22	13 unduplicated out of 25	3 Vacancies
Community Day Hab: 311 west bridge street Catskill. NY 12414			
		5	Catskill
		5	Saugerties
		2	Cairo
		0	Westerlo
Total	15/12	4 unduplicated out of 12	3 vacancies
Total capacity	65		14 vacancies

Clinical supports:

- Multi-Sensory Room for Autism
- Cognitive Support Technology (ABLE Link)
- Family Support Training
- We provided IQ/ABAS evaluations for OPWDD services to Greene County residents. We also provided clinical services in our Multi-Sensory environment (MSE) room to Greene County individuals.

Self- Advocacy Group: Catskill Cats

Catskill Cats is an advocacy group for adults who are affected by an intellectual or developmental disability (I/DD), and is a local branch of the Self-Advocacy Association of New York State (SANYS). The Catskill Cats meet at the Catskill Center Office, located at 311 West Bridge Street in Catskill.

- Meet one time per quarter
- Started with 10 members, elected a president, vice president, and a treasurer.

Employment:

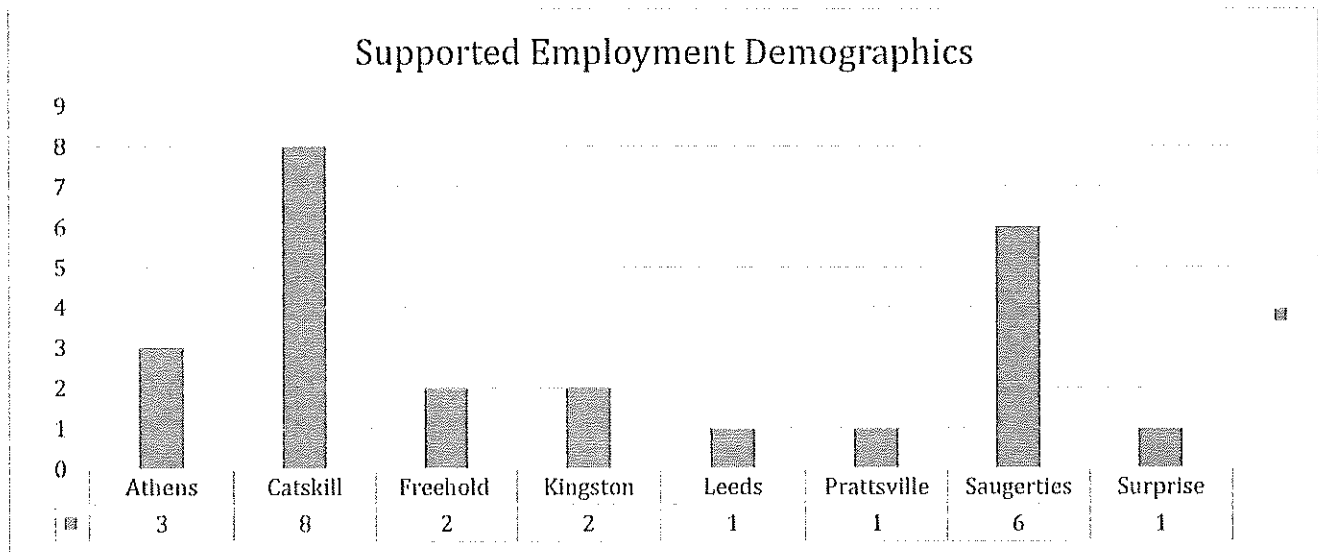
Supported employment:

The Arc Mid-Hudson
Greene County Annual Report - 2019

Supported Employment is a gateway for local businesses and residents to collaborate to provide opportunities to reduce benefits and government assistance, via providing individuals with disabilities community work experiences and employment. Through employment services, an individual learns a host of skills needed to secure and maintain entry-level employment. Services and supports include soft skill training & development, job coaching to learn the tasks associated with a job, resume creation, interview preparation, job readiness training, benefits advisement, career development, etc. Over the past year, **41** individuals have benefited from this service provided in Greene County.

In 2019, the Arc Mid-Hudson supported **24** individuals with maintaining competitive employment in Greene County via providing on site and off site job coaching. Competitive Employment is when individuals are directly hired by a business and earn at or above minimum wage (\$11.80/hour). This provides local disabled citizens, who are able to work independently in a job, an opportunity to be assisted in securing employment while helping local employers fill vacancies with qualified candidates. Some of our Greene County business clients include Walmart, Home Depot, Price Chopper, Greene County Department of Social Services, The Arc Mid-Hudson, Town of Greenville, Field Goods, McDonalds, Valero, Tops, North East Auto, etc.

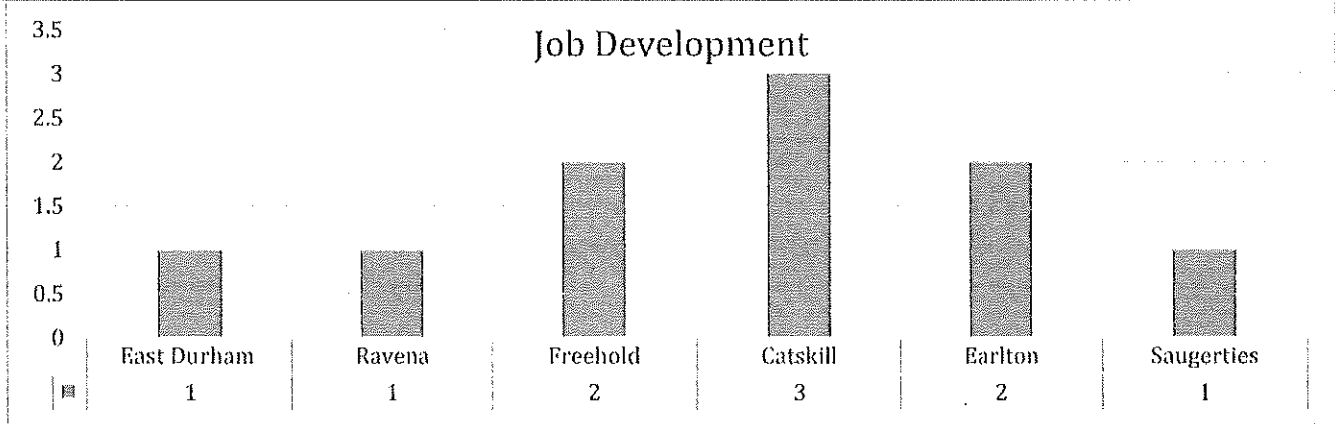
The below chart illustrates the number and township of individuals supported through employment services that are employed in Greene county.



Through employment services, we also assist individuals with securing employment. A Job Developer will support a person with identifying potential job leads, creating a resume, filling out applications, preparing for an interview, networking, etc. Upon hire, they further will assist the person with negotiating the terms of hire, arranging for any needed accommodations, on boarding, etc. The Arc Mid-Hudson Employment Services team assisted **10** Greene County residents with finding employment within their community in 2019.

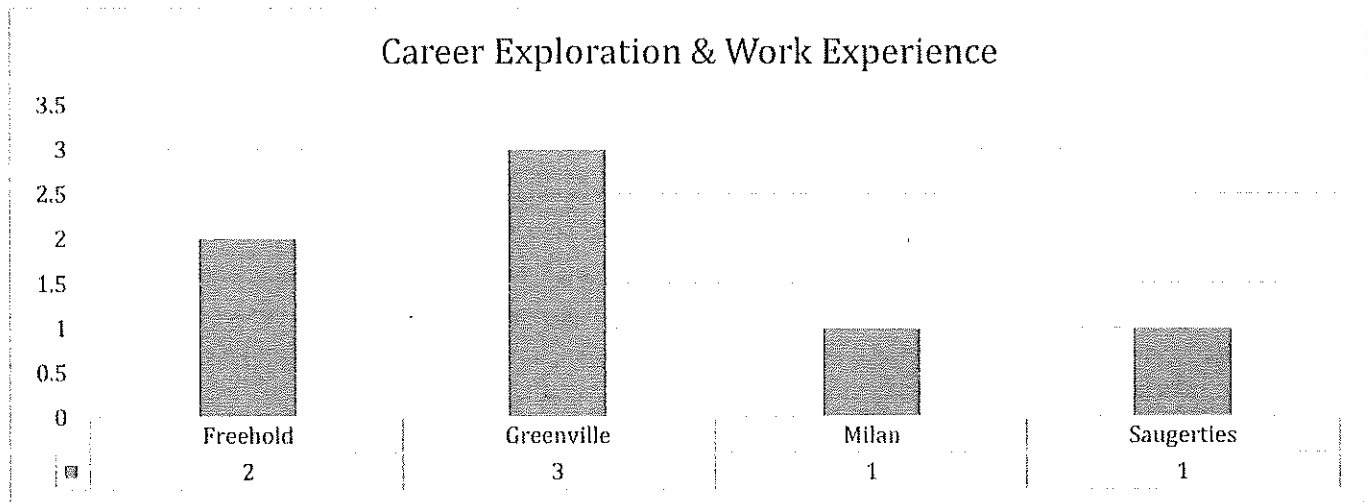
The below chart illustrates the number and township of individuals that were in Job Development in 2019

**The Arc Mid-Hudson
Greene County Annual Report – 2019**



Emphasis is placed on career exploration and developing employability skills needed to secure an entry-level position. Efforts focus on assisting individuals with identifying career interests through discovery tasks, interest inventories, assessments and work experiences/internships. The hands on experience and networking afforded through an internship is extremely valuable. This experience provides the individual with first hand insight into employer expectations, work place routines and demands. The individual is able to identify the types of jobs that peak their interest and what jobs do not capitalize on their strengths. In 2019, 7 people participated in the aforementioned services within Greene County.

The below chart illustrates the number and township of individuals that participated in career exploration & a work experience in 2019



Creating Employment Opportunities/Outcomes:

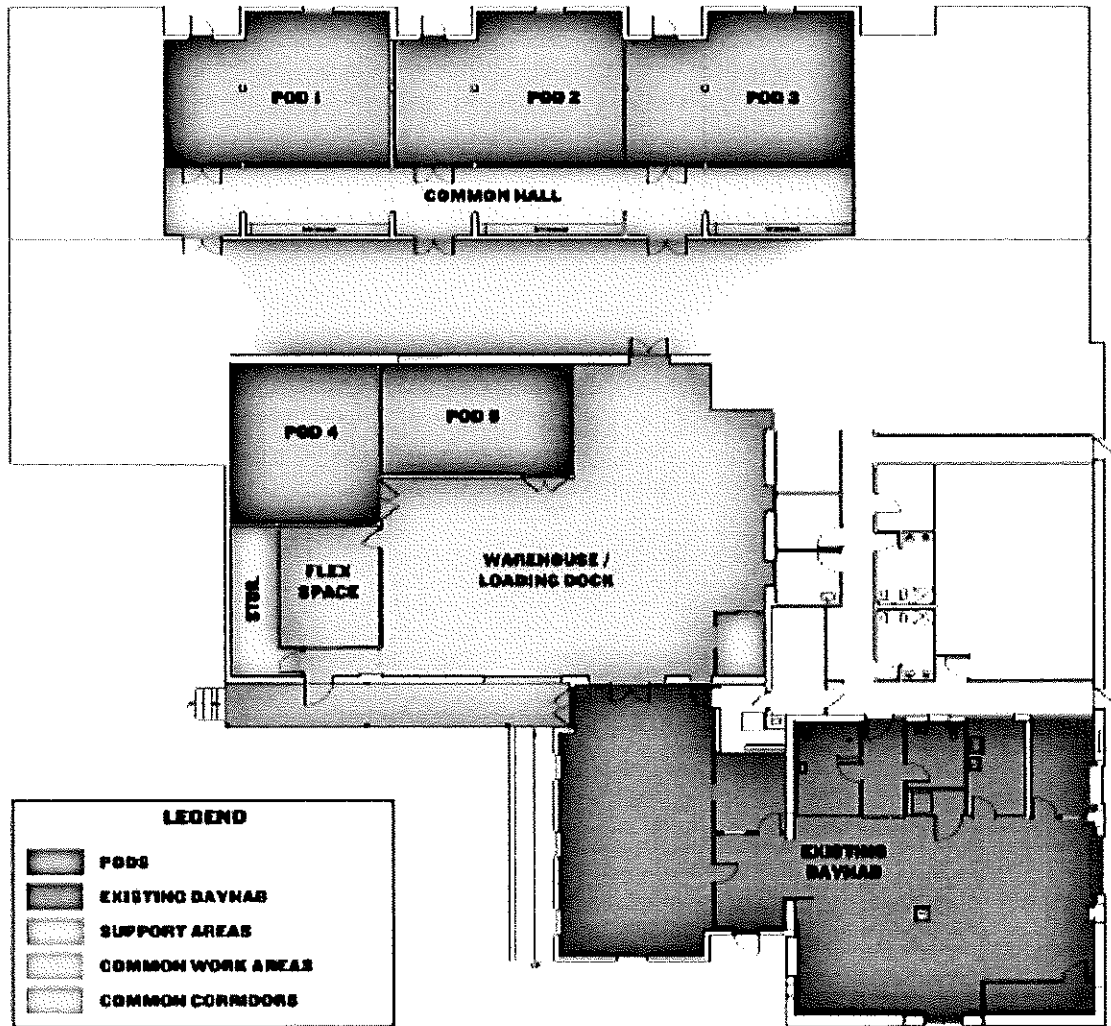
**The Arc Mid-Hudson
Greene County Annual Report - 2019**

Through a partnership with Galileo Technology Group, our previous workshop space in Catskill will be converted into the Catskill Business Center. This venture emerged from our Work Shop Transformation proposal submitted in December 2016 to OPWDD for consideration. The plan detailed our intention to develop integrated employment opportunities for individuals formerly employed in the work centers. The document described our strategy to create business accelerators/incubators within the former workshop space in our Catskill location. It underscored our intent to encourage the growth of local business and entrepreneurs, as well as, promote hiring individuals with disabilities.

Please see below for a blueprint of the proposed pod space.

**311 WEST BRIDGE STREET
CATSKILL, NY**

**CATSKILL
ACCELERATOR**



The Arc Mid-Hudson
Greene County Annual Report – 2019

The space will be outfitted to accommodate 3 to 5 businesses accelerators/incubators depending on their square footage requirements. The Arc Mid-Hudson functions as the landlord and maintains the space and equipment. Galileo Technology Group is providing guidance and mentorship to propel the start-ups to the next level. The theme for the businesses will be manufacturing. This will provide employment for 6 to 12 people and numerous training/assessment opportunities. We are currently in the process of soliciting start-up businesses to rent space within the existing work center area. To rent a space it is required that each business have an established product line and is generating revenue. Within the rental agreement, the business makes a commitment to provide training and employment opportunities for individuals we support and in return, the rent is reduced substantially. Each subsequent year the rent increases until it becomes comparable with market value. Once renters are identified, the space will be modified to meet their specific needs/requirements. The Catskill accelerator concept was highlighted in the Center for Economic Growth's publications as a means to share this information among its network and reach potential renters. Currently, Hany's, a local manufacturer of flavored Kombucha and infused cider, is pursuing renting a space. Plans to modify the space to meet the business owners' needs are in preparation.

Micro-Enterprises:

The Arc Mid-Hudson continues to operate realistic training venues to assist individuals with developing marketable employability skills that can be transferred into entry-level work options/opportunities. ***In 2019, we provided job sampling and training to approximately 22 individuals through Cut 'N' Hedge and A Real Clean.*** In each aforementioned venue, an individual is provided with one on one coaching. Individuals learn the skills associated with each business. Skills inventory assessments are performed pre, post training to measure growth, and identify areas requiring refinement. Particular focus is placed on customer service and soft skill development. Through these job-sampling experiences, the participant is gaining knowledge how to perform basic lawn care and janitorial services to be able to secure future employment in a landscaping business or in a maintenance department. Even though these ventures prove to be an excellent training ground for individuals we support, they are proving to be challenging from a fiscal perspective. The overhead and equipment associated with the ventures are not funded and these programs operate with a deficit.

In 2019 the foundation to create the following two transitional programs was established.

1. *Enrich/School to Work*

- Establishing contractual agreement with Catskill School District to provide pre-employment skill training to students
 - Job Readiness instruction
 - Career exploration
 - Paid Internships
- Dialogue with Columbia-Greene Community College to develop work experiences for High School students on the college campus

2. *Community Pre-Vocational Services*

- Provides pre-employment skills instruction
- Teaches safety skills needed to be independent in the community
- Educates participants on available community resources such as public transportation, One Stop Centers, etc.

The Arc Mid-Hudson
Greene County Annual Report – 2019

- Incorporates integrated community based work experiences as venues to practice and reinforce skill development

By expanding our menu of services to include more Youth and Transition options for students in Greene County schools, graduates will obtain the transferrable skills needed to secure and maintain employment within the local job market.

Transportation:

The Arc Mid-Hudson provides this support by either having a job coach pick individuals up at their home or enlisting the help of the Agency’s Transportation Department. The Transportation Department operates 3 vehicles per day, Monday through Friday. The total 2019 miles were 57,985 (an increase of 15,288 miles). **(Medicaid does not cover these expenses)**. Transportation is provided to the following Greene county locations: Catskill, Cairo, Athens, New Baltimore, Round Top, Norton Hill, Palenville, Hannacroix, and Earlton.

Catskill:

- 12 Individuals to Day Hab,
- 1 Individuals to Supported employment,
- 1 Individuals for Business

Cairo:

- 4 Individuals to Day Hab,

Coxsackie:

- 1 Individual to Day Hab

Athens:

- 1 Individual to Supported employment

Palenville:

- 1 Individual to Day Hab

Hannacroix:

- 1 Individual to Day Hab

Greenville:

- 1 Individual to Business
- 2 Individuals to Day Hab

Total = 25 duplicated

Greene County Transit:

The Arc Mid-Hudson
Greene County Annual Report – 2019

The Arc Mid-Hudson in collaboration with the county and DOT developed the Greene County Transit (GCT) system was started on June 1, 2016. Transit is operated by The Arc Mid-Hudson and runs 10 vehicles Monday through Friday including a Catskill shuttle and 3 vehicles operated by The Arc mid-Hudson covering **271,036** miles in 2019. This represents an increase of 41,264 miles from the previous year.

Total miles **229,772** an increase of 17,267 miles from previous year.

To continue to meet the needs of Greene county residents, The Arc Mid-Hudson in 2019 has provided and maintained the following other services:

Assistance with accessing OPWDD services:

The Arc Mid-Hudson is one of the few agencies in the entire Taconic region who offers this service. Our agency offers Greene County residents the following services (often at no cost to them):

- Assistance with applying for eligibility for OPWDD services
(Medicaid does not pay for this)
- Clinician for Testing for eligibility
- Guardianship
- Collaborating with Greene County SPOA to facilitate transition to OPWDD services.
- Front Door Information sessions for OPWDD

The Arc Mid-Hudson has been a true partner and leader in meeting the needs of Greene County residents with I/DD. This has been made possible only with the collaborative efforts of our agency, county, and our community partners. Our daily efforts are centered not only on providing high quality services, but also on minimizing program, department, and agency losses.

Without the support of the county funds, the rising costs of our Integrated Businesses, Supported Employment, Transportation Services, and Greene County Transit could put the entire program in jeopardy. In order for The Arc Mid-Hudson to provide these much-needed services to Greene County residents, continued support from Greene County is crucial.