



Greene County Round Table News

Published by Greene County Department of Human Services since 1976

NOVEMBER 2018

AN IMPORTANT MESSAGE FROM THE EXECUTIVE DIRECTOR



As we enter the winter season, we are asking for the help and cooperation of the people we serve, especially those who receive home delivered meals and use our transportation services.

During snow or ice storms, it may be necessary for us to close our senior service centers and cancel meals for the day because of hazardous driving conditions. When we close the centers, we also

cancel our transportation services for the day, which includes the vans to the centers, the Shopping Bus, and medical transportation. When the centers are closed, we announce it on TV channels 6, 10, and 13, and on radio stations WHUC 1230 AM, WGY 810 AM, WCZR 93.5 FM, WCTW 98.5 FM, and WRIP 97.9 FM. If you are registered with the county's Swift 911 program, you will receive a phone call stating the closure. We encourage anyone not already enrolled in Swift 911 to do so by visiting <https://www.greenegovernment.com/departments/emergency-services/swift-911-registration>. Or you can call (518) 622-3643 and ask to speak to someone to register.

Our volunteers are the cornerstone of our services, especially for home delivered meals and medical transportation. Most of these volunteers are senior citizens themselves and use their own vehicles. We keep this in mind when the roads are bad or there has been a heavy snowfall the night before. We will close the service for the day before we put any volunteers or staff in danger.

We must also consider the danger of asking someone to deliver a meal to a home when the driveway or sidewalk is not cleared and/or passable. If the volunteer cannot safely get to the home, we will not deliver the meal.

We hope you understand that we want to provide our clients with the services they need, but we cannot endanger the safety of our volunteers and our staff in the process.

Thank you for your assistance and cooperation.

Thérèse McGee Ward, Executive Director



TUESDAY, NOVEMBER 6 IS ELECTION DAY

Polls will be open 6:00 a.m. until 9:00 p.m.

YOUR VOTE COUNTS

If you do not know where your polling station is located, wish to see a sample ballot, and/or have general questions, please contact the Greene County Board of Elections at (518) 719-3550 or go to <https://www.greenegovernment.com/departments/board-of-elections>



**SENIOR ANGELS PROGRAM -
SPREADING CHEER 365 DAYS A YEAR**



SPONSORED BY GREENE COUNTY DEPARTMENT OF HUMAN SERVICES

Will you be alone for Thanksgiving? Come join us . . .

***SENIOR ANGELS' 3rd ANNUAL
COMMUNITY THANKSGIVING DINNER***



Rivertown Senior Center, Athens

Open to all seniors age 60 and older
Seating limited to 175, first come basis

Thanksgiving Day, November 22, 2018
12:00 p.m. - 4:00 p.m. Dinner served 1:00 p.m.

*For more information or to make reservations,
call our office (719-3555) & ask to speak to Ken.*

2018 COMMEMORATIVE SENIOR ANGEL \$3.00 DONATION
Available at all Senior Nutrition Sites and the Main Office, while supplies last.

Senior Angels 2018



All proceeds will go to the Senior Angels Fund.

Thank you in advance for your support.

Senior Angels' Committee



*Greene County Department of Human Services
announces the 2018 Senior Angels Program
and would like to invite you to become a Senior Angel*

The department has elderly, limited-income clients who could use a special gift during the holiday season. These gifts lift their spirits and fulfill a need. Monetary donations will be placed in the department's Senior Angels Fund and be used to purchase a gift for needy senior citizens.

Below are some of the ways we use the funds:

Sponsor our Annual Thanksgiving Dinner on Thanksgiving Day.

Purchase clothing, small appliances and household necessities.

Purchase other items that will enable seniors to live with dignity and independence.

Monetary supplement to help with rising energy costs, when all other sources have been expended.

Gifts for elderly clients in Nursing Homes.

Year round, funds are used to provide one-time, emergency assistance to senior citizens when all other funds have been exhausted and there is no other source to help. All donors will be listed in our Round Table News.

PLEASE RETURN THE SECTION BELOW WITH YOUR DONATION

_____ *I would like my name published:* _____

_____ *I wish to be listed "Anonymous"*

_____ *I would like the money to be donated in memory of:*

*Donations may be dropped off or mailed to:
Greene County Department of Human Services
411 Main Street
Catskill, NY 12414*

*For more information, please call
Greene County Department of Human Services
(518) 719-3555 or toll-free (877) 794-9266*

Thank you to our 2018 Senior Angels . . .



*C & C Excavating, Inc.
Margaret M. Donohue
Frisbee Insurance Agency
Harold & Daniela Goldberg
Lake and Mountain Realty LLC
Lioness Club of Catskill
Therese McGee Ward
National Bank of Coxsackie
P. Schneider & Associates PLLC
Dr. Elena Suditu
Debbi Traficante*

*Coxsackie-Athens Rotary Club
Fortnightly Club of Catskill
Gary & Boots
Laura Harwey
William & Margaret Lawrence
Martinez Auto Body Shop, Inc.
Dennis & Kathleen Meehan
Chris & Carol Pfister
Shook Insurance Agency
Dee & Chick Sutherland
Walenta & Co. Agency Inc.*

In Memory Of:

Cioci Dombrowski

Betsy Hammond

Karen Sprague Johnson

Ruth Kallman

Henry Verdaasdonk

Rose & Frank Hanlon from Kathleen & Dennis Meehan

THANK YOU C – A ROTARY CLUB

Ken Brooks, Chairman of the Senior Angels Program, is seen accepting a donation from Ed Bloomer and Richard Golden of the Coxsackie-Athens Rotary Club to kick-off the annual Senior Angels appeal.



THANK YOU CATSKILL FORTNIGHTLY

MJ Pomilla, Rose Bundy and Ken Brooks of the Senior Angels Program, accept a donation from Janet DelVecchio and MaryEllen Antonelli of the Catskill Fortnightly Club.



STOP MEDICARE FRAUD

The US Office of Inspector General reports \$60 billion in losses from Medicare and Medicaid fraud & abuse through scams and illegal activities.

NY StateWide Senior Action Council is excited to announce its newest program Senior Medicare Patrol (SMP)

StateWide received a grant award from the Administration for Community Living (ACL), that will empower seniors, caregivers and professionals to fight against those who commit fraud, waste, and abuse in the Medicare program.

Let's work together to prevent, detect and report fraud in our state!

PREVENT

StateWide provides:

- ✓ One-on-one counseling
- ✓ Presentations
- ✓ Flyers, brochures, posters and other materials for your community events

DETECT

StateWide provides:

- ✓ Personal Health Care Journal
- ✓ Education: to detect potential problems on your Medicare Summary Notice (MSN)

REPORT

StateWide provides:

- ✓ **FREE** helpline to call with questions and concerns
- ✓ Referrals to outside organizations for help when necessary

Call the SMP Helpline 800-333-4374



This project was supported, in part by grant number 90MPPG0010-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



SHOPPING BUS

The Greene County Department of Human Services offers a shopping bus to Greene County residents age 60 and older, living in the towns of Ashland, Athens, Cairo, Catskill, Coxsackie, Greenville, Hunter, Jewett, Prattsville and Windham. Seniors are picked up at their door, driven to Catskill for shopping, and then have lunch at a local Senior Center before returning home. Special trips on a periodic basis.

<u>MONDAY:</u>	Mountain Top/Catskill (Windham, Ashland, Prattsville, Jewett & Hunter)
<u>TUESDAY:</u>	Cairo/Catskill
<u>WEDNESDAY:</u>	Athens/Coxsackie
<u>THURSDAY:</u>	Cairo/Greenville

NOTE:

The Hamlet Shopping Bus does not run on the following holidays observed in New York State government:

New Years Day	Martin Luther King Day
Presidents' Day	Memorial Day
Independence Day	Columbus Day
Election Day (November)	Veterans' Day
Thanksgiving	Christmas

In addition, during snow or ice storms, it may be necessary for us to close our senior service centers because of hazardous driving conditions. When we close the centers, we also cancel our transportation services for the day, which includes the Shopping Bus.

TRIPS TO COLONIE CENTER

Price per person \$10.00 and due at time of departure.
November 15 December 20



For further information or to make a reservation, call Janet at (518) 719-3559



Public Transportation For Everyone!

Monday thru Friday Service		AM Runs				PM Runs			
Stop ID	Destination	Run 1	Run 2	Run 3	Run 4	Run 5	Run 6	Run 7	Run 8
1	Catskill Hub	6:00 AM	7:00 AM	8:15 AM	9:15 AM	4:00 PM	5:00 PM	6:15 PM	7:15 PM
2	Price Chopper	6:02 AM	7:02 AM	8:17 AM	9:17 AM	3:59 PM	4:59 PM	6:14 PM	7:14 PM
3	Route 9W to Division St.	6:03 AM	7:03 AM	8:18 AM	9:18 AM	3:58 PM	4:58 PM	6:13 PM	7:13 PM
4	West Bridge St.	6:04 AM	7:04 AM	8:19 AM	9:19 AM	3:57 PM	4:57 PM	6:12 PM	7:12 PM
5	Catskill HS	6:05 AM	7:05 AM	8:20 AM	9:20 AM	3:55 PM	4:55 PM	6:10 PM	7:10 PM
6	Hill St. (Hop-O-Nose) / Main St.	6:09 AM	7:09 AM	8:24 AM	9:24 AM	3:52 PM	4:52 PM	6:07 PM	7:07 PM
7	Catskill Court House	6:11 AM	7:11 AM	8:27 AM	9:27 AM	3:49 PM	4:49 PM	6:04 PM	7:04 PM
8	Broad St. thru Spring St.	6:15 AM	7:15 AM	8:30 AM	9:30 AM	3:45 PM	4:45 PM	6:00 PM	7:00 PM
9	Columbia-Greene Community College	6:20 AM	7:20 AM	8:35 AM	9:35 AM	3:40 PM	4:40 PM	5:55 PM	6:55 PM
10	Columbia Memorial Health (Hospital)	6:30 AM	7:30 AM	8:45 AM	9:45 AM	3:30 PM	4:30 PM	5:45 PM	6:45 PM
11	Hudson Train Station	6:40 AM	7:40 AM	8:55 AM	9:55 AM	3:20 PM	4:20 PM	5:35 PM	6:35 PM
12	Route 9G	6:45 AM	7:45 AM	9:00 AM	10:00 AM	3:15 PM	4:15 PM	5:30 PM	6:30 PM
13	Route 9W (30MPH Zone)	6:53 AM	7:53 AM	9:08 AM	10:08 AM	3:05 PM	4:05 PM	5:20 PM	6:20 PM
1	Catskill Hub	6:55 AM	7:55 AM	9:10 AM	10:10 AM	3:00 PM	4:00 PM	5:15 PM	6:15 PM

Route 711 Teal

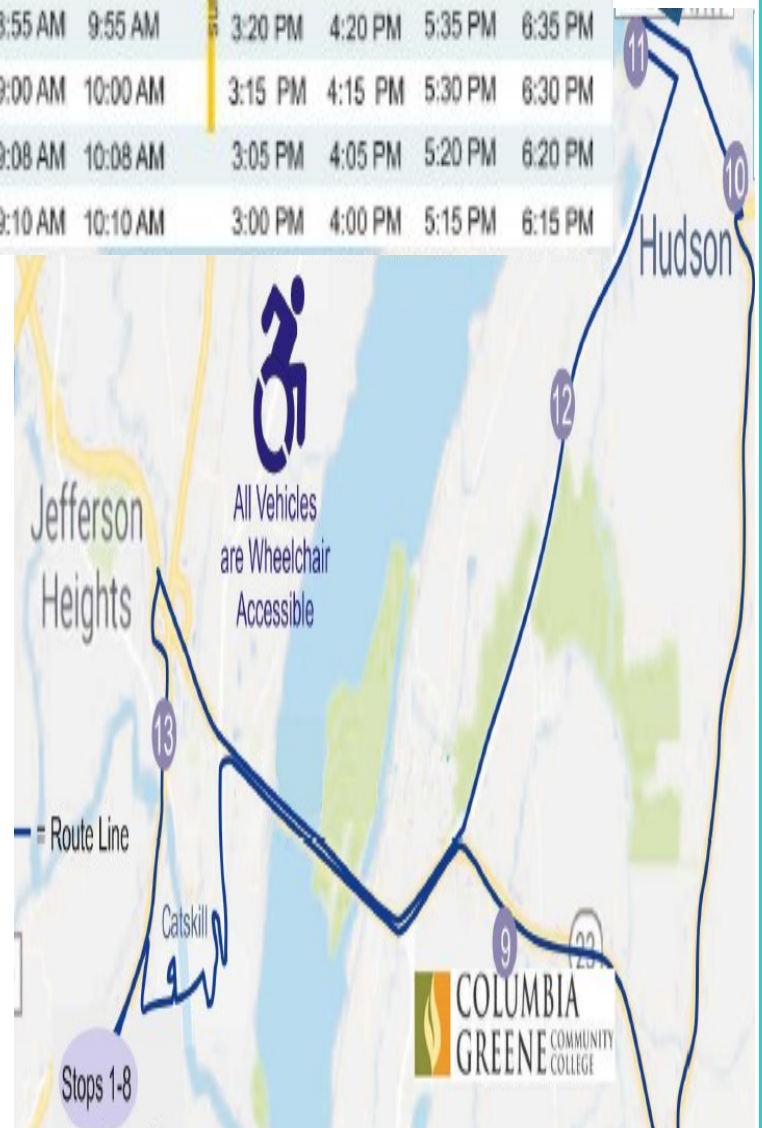


Catskill
Columbia-Greene
Community College
Columbia Memorial Hospital
Hudson Train Station

Office Hours
9am - 5pm
Monday - Friday

For More Information
CALL
(518) 943-3625

www.GreeneCountyTransit.com



"VOLUNTEERS BRING COLOR TO OUR WORLD"



**HOMEBOUND MEDICAL
TRANSPORTATION:**
Desperately needed to provide
transportation for seniors
to their medical appointments.



HOMEBOUND MEAL DELIVERY

If you would be interested in volunteering,
please contact Ruth Pforte at (518) 719-3555
or by email at rpforte@discovergreene.com

*Greene County Department of Human Services
RSVP Recognition Committee*

\$100 Stewarts' Gasoline Raffle



\$5.00 a chance
"Five Winners"

5 Tickets will be drawn.
Each winner will receive one
\$100 Stewarts' gasoline gift card.

Drawing will be held on November 8, 2018

Tickets are available from
RSVP Recognition Committee Members,
at any Greene County Senior Nutrition Site
and

The Department of Human Services,
411 Main Street, Catskill.



*"Volunteers are not paid
-- not because they are
worthless, but because
they are priceless."*

GREENE COUNTY RSVP CELEBRATES

On Thursday, October 4, Greene County Department of Human Services RSVP celebrated their annual volunteer recognition luncheon. Below are some scenes from that day. For full photos, check out our Facebook page or go to: <https://www.greengovernment.com/departments/human-services/2018-rsvp-recognition-luncheon>



To see all photos from the day, go to: <https://www.greengovernment.com/departments/human-services/2018-rsvp-recognition-luncheon> or our Facebook page: Greene County Department of Human Services.

GREENE COUNTY SENIOR SERVICE CENTERS

Centers are closed on legal holidays and inclement weather.

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert.

Please make sure that you sign-up, at least a day in advance, if you wish to attend lunch at any of the nutrition sites. We also ask if you have signed up and become unable to show, to please call us as soon as you can to cancel. By doing this it helps us reduce our food waste.

In addition, each center offers Aging Information & Assistance/Medicare Minute each month.

CALL YOUR LOCAL SENIOR CENTER FOR ACTIVITY INFORMATION

ACRA

Acra Community Center,
Old Rte. 23B, Acra
(518) 622-9898

Sandra Sherman
Meal Site Manager

Elaine Cherrington

NUTRITION EDUCATION:
MON., NOV. 5 - 11:30 A.M.

AGING INFORMATION
& ASSISTANCE

MEDICARE MINUTE:
2nd monthly Wed. - 11:30 a.m.

CATSKILL

Robert C. Antonelli
15 Academy Street, Catskill
(518) 943-1343

Martha Schilling

NUTRITION EDUCATION:
WED., NOV. 7 - 11:30 A.M.

AGING INFORMATION
& ASSISTANCE

MEDICARE MINUTE:
2nd monthly Thurs. - 11:30 a.m.

JEWETT

Jewett Municipal Building
Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager

MaryAnn Brink
Carol Harnett

NUTRITION EDUCATION:
FRI., NOV. 9 - 11:30 A.M.

AGING INFORMATION
& ASSISTANCE

MEDICARE MINUTE:
4th monthly Fri. - 11:30 a.m.

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Shane Dillon, Acting Senior Center Manager

JoanAnn Rouse
Lana Marrone Sebastiana Thurman

NUTRITION EDUCATION:
THURS., NOV. 8 - 11:30 A.M.

AGING INFORMATION & ASSISTANCE
MEDICARE MINUTE:
2nd monthly Mon. - 11:30 a.m.

COXSACKIE

Town of Coxsackie Senior Center
Mansion Street, Coxsackie
(518) 731-8901

Renee Raffiani
Meal Site Manager

NUTRITION EDUCATION:
THURS., NOV. 8 - 11:30 A.M.

AGING INFORMATION & ASSISTANCE
MEDICARE MINUTE:
3rd monthly Wed. - 11:30 a.m.

COUNTY SENIOR NUTRITION PROGRAM GREENE

ALL PERSONS, AGE 60 AND OLDER, ARE INVITED TO ATTEND - SUGGESTED CONTRIBUTION IS \$4.00

DAILY: Whole Grain Bread (unless otherwise noted) w/Promise Spread, and 1% Milk, Coffee or Tea

RESERVATIONS ARE REQUIRED AT LEAST ONE DAY IN ADVANCE

BY CALLING THE APPROPRIATE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
			1 PULLED PORK BROWN RICE COLESLAW BROCCOLI FRESH APPLE	2 BAKED CHICKEN w/ GRAVY FRESH SALAD MASHED POTATO PEAS & CARROTS CHOCOLATE CAKE
5 CHICKEN DIVAN BEET SALAD BROWN RICE PINEAPPLE CHUNKS	6  DEPARTMENT CLOSED	7 BITTERSWEET CHOCOLATE & ALMOND DAY TORTELLINI w/ CHICKEN in Tomato Sauce SPINACH DARK CHOCOLATE PUDDING w/ ALMOND TOPPING	8 PEPPER STEAK FRESH SALAD BAKED POTATO CARROT COINS FRESH ORANGE	9 APPLE GLAZED PORK CHOP AU GRATIN CABBAGE SWEET POTATO OATMEAL COOKIES
12 DEPARTMENT CLOSED 	13 BAKED ZITI w/ RICOTTA ITALIAN GREEN BEANS PEACHES	14 BEEF BURGUNDY OVER NOODLES HONEY BALSAMIC BRUSSELS SPROUTS LEMON PUDDING	15  THANKSGIVING MEAL RELISH TRAY ROAST TURKEY w/ GRAVY & CRANBERRY SAUCE GREEN BEAN CASSEROLE MASHED POTATOES PUMPKIN PIE w/ WHIPPED CREAM	16 SALMON w/ DILL SAUCE FRESH SALAD PARSLEY BOILED POTATO BROCCOLI FRUITED GELATIN
19 SPANISH RICE w/ GROUND BEEF BROCCOLI PEARS	20 ASIAGO CHICKEN PASTA WINTER SQUASH FRESH ORANGE	21 CRAB TOPPED COD OVEN ROASTED RED POTATO SPINACH APPLE CAKE	22  DEPARTMENT CLOSED 3RD ANNUAL COMMUNITY THANKSGIVING DINNER @ RIVERTOWN CENTER	23 COOKS CHOICE CAULIFLOWER CHOCOLATE MOUSSE 
26 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES PEARS	27 TUSCAN MEATLOAF w/ GRAVY MASHED POTATO SPINACH PUFF FRUITED RED GELATIN	28 ROAST PORK w/ GRAVY BROWN RICE RED CABBAGE APPLESAUCE TIRAMISU	29 LEMON HERBED CHICKEN FRESH SALAD OVEN BROWNED POTATO CARROT COINS GRAPE YOGURT PARFAIT	30 HUNGARIAN GOULASH BUTTERED NOODLES FRESH SALAD BROCCOLI FRESH BANANA









COUNTY SENIOR NUTRITION PROGRAM GREENE

ALL PERSONS, AGE 60 AND OLDER, ARE INVITED TO ATTEND - SUGGESTED CONTRIBUTION IS \$4.00

DAILY: Whole Grain Bread (unless otherwise noted) w/Promise Spread, and 1% Milk, Coffee or Tea

RESERVATIONS ARE REQUIRED AT LEAST ONE DAY IN ADVANCE

BY CALLING THE APPROPRIATE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
3 CHILI CON CARNE BROWN RICE BROCCOLI PEACHES	4  NATIONAL COOKIE DAY CHICKEN DIJON FRESH SALAD MASHED POTATOES SPINACH PEANUT BUTTER COOKIE	5 BROCCOLI & CHEDDAR QUICHE PEAS CAULIFLOWER BREAD PUDDING	6 ROAST PORK W/ GRAVY APPLESAUCE BRUSSELS SPROUTS SWEET POTATO FRUITED GELATIN	7 BRAISED BEEF TIP & MUSHROOMS NOODLES FRESH SALAD BABY CARROTS FRESH ORANGE
10 VEGETABLE LASAGNA WAX BEANS ITALIAN MIXED VEGETABLES FRUIT COCKTAIL	11 SEAFOOD SCAMPI PASTA BROCCOLI PINEAPPLE CHUNKS	12 MEATLOAF W / GRAVY MASHED POTATOES SPINACH PUFF RICE PUDDING	 13 NATIONAL COCOA DAY PORK CHOP W/ GRAVY RED CABBAGE APPLESAUCE BAKED POTATO APPLESAUCE CAKE CHOCOLATE MILK!	 14 NATIONAL BISCUITS & GRAVY DAY CHICKEN & BISCUITS W/ GRAVY FRESH SALAD CALIFORNIA MIXED VEGETABLES PEACH CRISP
17 PORK W/ PEPPERS BROWN RICE BROCCOLI & CAULIFLOWER CHOCOLATE MOUSSE	18 CRAB TOPPED COD GREEN BEANS OVEN ROASTED RED POTATO PEACHES	 19 NATIONAL OATMEAL MUFFIN DAY BROCCOLI & SWISS QUICHE HASH BROWN CUBED BUTTERNUT SQUASH JUICE OATMEAL MUFFIN FRUITED GELATIN	 20 CHRISTMAS MEAL ROAST BEEF W/ GRAVY WHIPPED POTATOES PEAS & PEARL ONIONS FRESH SALAD APPLE PIE	21 COOK'S CHOICE FRESH SALAD FRESH ORANGE
24 SALMON W/ DILL SAUCE MASHED POTATOES CALIFORNIA MIXED VEGETABLES PEARS	25 MAIN OFFICE & ALL NUTRITION SITES CLOSED  Merry Christmas	26 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRUIT COCKTAIL	27 BIRTHDAY CELEBRATION BEEF STEW FRESH SALAD CARROT COINS BIRTHDAY CUPCAKE 	28 PORK CHOP IN APPLE JUICE APPLESAUCE BRAISED CABBAGE SWEET POTATO VANILLA MOUSSE
31 BAKED HAM W/ RAISIN SAUCE GREEN BEANS AU GRATIN POTATOES LEMON MERINGUE PIE				

Nutrition Corner

NOVEMBER is AMERICAN DIABETES MONTH



November is a busy month! Not only is it the beginning of the holiday season but it is also considered American Diabetes Month. It is a busy time of year for all of us, with the intense shopping, and of course, flu season - but we can't put our health on the back burner.

Holidays are full of family traditions and favorite foods that are put on the table, year after year. Consider remaking your favorite holiday foods with good health in mind.

So just a little important information for you: Did you know that 1 in 3 American adults have prediabetes? Prediabetes can be reversed - but knowing your risk is Step #1! Prediabetes is defined as an individual's blood sugar level being higher than normal, but not high enough to be diagnosed as diabetes.

There are some prediabetes risks that can't be controlled, like age and family history. But there are lifestyle changes that you can make to reduce your risk:

1. Increase your physical activity
 - Go for brisk walks
 - Park the furthest away from an entrance
 - Take the stairs vs. the elevator
2. Weight loss
 - Visit your physician before beginning any weight loss program
 - Monitor portion sizes
 - Reduce your intake of fast foods
 - Read the nutritional food labels on all products

Making lifestyle changes can help or delay the onset of Diabetes - so do you know your risk? Speak with your doctor and discuss ways you can prevent or reduce the onset of diabetes.

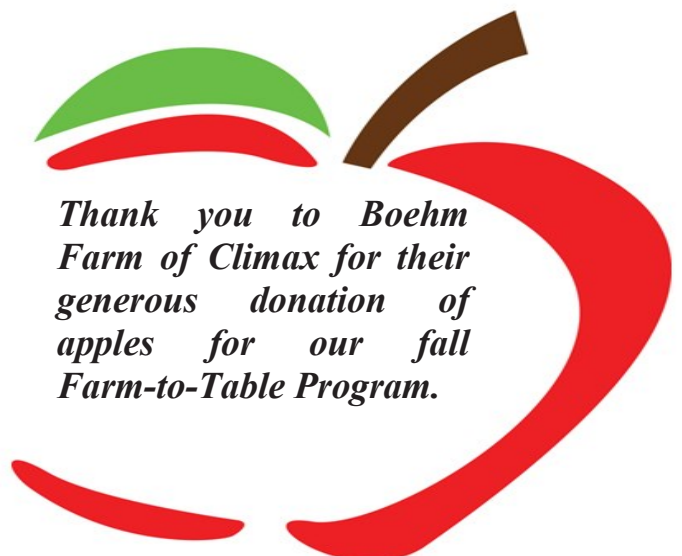


RIVERTOWN SENIOR CENTER HOSTS FALL 2018 BRUNCH

On Tuesday, September 25, 2018, as the "Cook's Choice", seniors attending the Rivertown Senior Center in Athens were treated to a delicious brunch featuring a quiche of ham, onion, & mushrooms, as well as bacon, waffles, fresh baked biscuits, and broccoli.



Linda Drewella provided musical entertainment.



Thank you to Boehm Farm of Climax for their generous donation of apples for our fall Farm-to-Table Program.



GREENE COUNTY DEPARTMENT of HUMAN SERVICES

CONTRIBUTIONS POLICY

For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

Services will not be denied to anyone unable or unwilling to make a contribution.

CONSULTATION and ASSISTANCE:

This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc.

The suggested level of contribution is \$5.00 per office visit (*Actual cost \$20.00/hour*).

IN-HOME SERVICES:

This is discussed with the client by the case manager at the time of assessment.

The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

In-home Contact & Support: Suggested level of contribution is \$1.00 per visit. (*Actual cost \$1 - \$5 per visit*)

LEGAL SERVICES

The suggested level of contribution is \$10.00 per attorney consultation (*Actual cost \$149.00/hour*).

NUTRITION:

Senior Congregate Meal or Home Delivered Meals:

The suggested level of contribution is \$4.00 (*Actual cost \$12.01/meal*).

Nutrition Counseling

Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute.

The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

TRANSPORTATION:

Shopping Bus:

This door-to-door service is provided directly by the Department.

The suggested level of contribution is \$3.00 round trip (*Actual cost \$15.08/one way*).

Senior Center Transportation:

The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

Medical (Homebound) Transportation:

All tolls are to be paid directly by the passenger.

The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles \$3.00 round trip

11 – 20 miles \$5.00 round trip

21 – 40 miles \$9.00 round trip

41+ miles \$15.00 round trip

(*Actual cost is \$29.62 one-way trip, maximum mileage*)

ADULT DAY CARE SERVICES:

The suggested level of contribution is \$30.00 per day (*Actual cost \$99.00 per day*)

Remember to make checks payable to Greene County Department of Human Services & note in memo the service.



As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates your donations. If you or your family are in a position to do so, please fill out the form below. Know that one hundred percent of your donation will be used to provide services to Greene County older adults in need.

THANK YOU FOR YOUR SUPPORT.

NAME: _____

ADDRESS: _____

I designate \$ _____ donation

In memory of _____

to the following:

_____ Round Table News

_____ In-home services

_____ Where most needed

_____ Senior Angels Fund

_____ Homebound transportation

_____ Nutrition Program/Home-delivered Meals

Make checks payable & mail to:
Greene County Dept. of Human Services
411 Main Street, Catskill, N.Y. 12414

**PLEASE READ:
IMPORTANT
MESSAGE**

Effective Jan. 1, 2019, we will be instituting a new policy regarding your contributions.

We will no longer be giving you small coin envelopes for your CONTRIBUTIONS. We will be providing you with a postage paid envelope so you can mail your CONTRIBUTIONS directly to the Greene County Dept. of Human Services Office.

This will eliminate the volunteers being responsible for handling any cash.

PLEASE PROVIDE ANY COMMENTS YOU MAY HAVE ON THIS POLICY, IN WRITING, TO OUR DEPARTMENT.

Greene County Dept. of Human Services
411 Main Street
Catskill, NY 12414



Nicole Noll, our department's new Aging Services Specialist.

She is a graduate of Columbia Greene Community College, with her major being Human Services, and will be the department's NY Connects representative.



like us on
facebook®



GREENE COUNTY SENIOR CITIZENS CLUBS

ATHENS:

ATHENS SENIOR CITIZENS

2nd & 4th monthly Monday, 1:15 p.m.
Rivertown Senior Center

CAIRO:

CAIRO GOLDEN AGERS

2nd & 4th monthly Wednesday, 1:30 p.m.
Acra Community Center

CATSKILL:

CATSKILL SILVER LINING SENIORS

2nd monthly Thursday, 1:00 p.m.
Robert C. Antonelli Washington Irving Center

COXSACKIE:

COXSACKIE AREA SENIORS

2nd & 4th monthly Wednesday, 1:30 p.m.
Van Heest Hall, Bethany Village

SENIOR CITIZENS of COXSACKIE

1st & 3rd monthly Monday, 2:00 p.m.
Coxsackie Senior Center

GREENVILLE:

GREENVILLE GOLDEN YEARS

1st monthly Wednesday, 1:30 p.m.
American Legion Hall

MOUNTAINTOP:

MOUNTAIN TOP GOLDEN AGERS

4th monthly Thursday, 1:30 p.m.
Tannersville Village Hall

W-A-J-P-L GOLDEN AGERS

1st & 3rd Monday, 1:30 p.m.
Hensonville Town Bldg.



Calling All Seniors!



ATTENTION ALL CLUBS:

Do you have anything
to announce about
your club?

**Put it in print in the
Round Table News!**

Contact Maureen
at the Department
of Human Services

News From the Greene County Youth Bureau



Welcome

Laura Anderson & Jasmine Morris, our department's new Youth Services Workers.

GREENE COUNTY PEER COURT



GREENE
COUNTY
PEER
COURT

GIVING FIRST TIME OFFENDERS A SECOND CHANCE

Why Join Peer Court?

- Community service hours
- Hear real court cases
- Learn about the Criminal Justice system
- Scholarship opportunities
- Build your college resume
- Give back to your community

Court cases held on Wednesday Evenings

- For more information or to become a Peer Court Member/ Juror, please contact the Peer Court Counselor:
Heather Daley
hdaley@cagcnv.org
518-943-9205 ext. 110

What Happens in Peer Court?

A youth, who has admitted guilt to a crime or an offense, appears for a sentencing hearing before a jury of their peers. The jury is presented with evidence and then the Peer Court Jury sentences the youthful offender. Peer Court takes a Restorative Justice approach, meaning there is an emphasis on accountability and creating positive relationships and bonds within the community.

★ Greene County Peer Court is working in collaboration with Greene County Departments of Human Services, Probation, Mental Health, Social Services, Public Health, District Attorney's Office, Public Defender's Office, local Police Agencies and Judges.

FREE ANNUAL THANKSGIVING DINNER



**FRIDAY, NOVEMBER 2, 2018
4:30 p.m. until 7:30 p.m.**

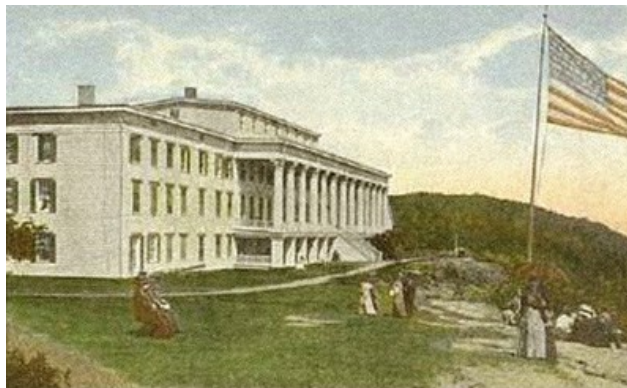
**Hope Restoration Church
117 Route 296, Windham**

Open Seating

Please call, 518-734-3826, to leave your name & how many will be attending

Sorry, take-outs for shut-ins only

Windham Historic Society presents
***The Catskill Mountain House:
Its Life, Lore and Legend***



*Go back in time with Joseph Capobianco who will portray Charles L. Beach, owner/proprietor,
and Diane Capobianco, who will represent Mary Lindsay Beach.
Come experience local history.*

***Friday, November 9, 2018 7:00 p.m.
Windham Hensonville U. M. Church***

*Free admission
Donations gladly accepted for Windham Historic Society*

Light refreshments

PARTICIPANTS WANTED FOR SURVEY ABOUT AGING WITH HIV

Research on Older Adults with HIV 2.0

ACRIA is conducting a survey to better understand the needs of people who are aging with HIV.

- **You are eligible if you are 50 years or older and have HIV and live or receive services in Upstate New York**
- **Participation will take 1.5 to 2 hours; you can participate with a link to the on-line survey or by mail**
- **You will be provided with a \$40 gift card**

If you are interested in participating, please contact our research staff at 646-727-5683



Weatherization Works In Greene County!

**Weatherization Assistance Program is a free program
for income eligible home owners.**

We follow the same income guidelines as HEAP.

2017-2018 WEATHERIZATION PROGRAM INCOME THRESHOLD

Household Size	Monthly Income	Annual Income
1	\$ 2,318	\$ 27,816
2	\$ 3,031	\$ 36,372
3	\$ 3,744	\$ 44,928
4	\$ 4,457	\$ 53,484
5	\$ 5,170	\$ 62,040
6	\$ 5,883	\$ 70,596
7	\$ 6,343	\$ 76,120
8	\$ 7,063	\$ 84,760
9	\$ 7,783	\$ 93,400
10	\$ 8,503	\$ 102,040

Each additional person add \$693

**If your home has never been weatherized
by the Community Action Weatherization Program,
call for an application.**

**Insulation, Air Sealing, Ventilation, Light Bulbs, Refrigerator,
Smoke Detectors and CO Detectors are just some of the things that
the Weatherization Assistance Program may be able to do for your
home.**

Call 518-943-9205 for an application today.

COMMUNITY ACTION
of Greene County, Inc.



ADULT LEARNING INSTITUTE (ALI)

The Adult Learning Institute has announced its program for November 2018.
All are held at Columbia - Greene Community College, 4400 NY RT 23, Hudson
Please call the ALI Office @ 518-828-4181, ext. 3431,
or email ali@sunycgcc.edu to register.

All classes held in Faculty/Staff Lounge, 1:30 p.m. - 4:00 p.m., unless otherwise noted.

Wednesday, November 7, 14 & 28	Mahjongg
Monday, November 1 & 19	Open Pinochle Group
Tuesday, November 6, 13, 20 & 27	Bridge Group
Thursday, November 9, 10:30 a.m. - 12 Noon	World War I and Greene County
Fri., Nov. 10 & Sat., Nov. 11, 7:00 p.m.	"A Doll's House", Arts Center Theater
Sunday, November 12, 2:00 p.m.	"A Doll's House", Arts Center Theater
Tues. Nov. 13, Wed, Nov. 14* & Thurs. Nov. 15	11:30 a.m. - 12:30 p.m. OR 1:00 p.m. - 2:00 p.m.
* Afternoon time is 2:30 p.m. - 3:30 p.m.	Family/Local History, Rm 511
Wednesday, November 14, 1:00 p.m. - 2:00 p.m.	Best of TED Talks, Room 511
Thursday, November 29, 10:30 a.m. - 12:00 Noon	Civil War Letters & Diary of Eseck Wilber

Interested in attending some of the above but no transportation? Call Ken at (518) 719-3555 to see if the DHS can

THIS IS A PAID ADVERTISEMENT (9/18—11/18)

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TTY/TDD: 711



A plan for life.

Our hours are 8 a.m. - 8 p.m. seven days a week, October 1 – February 14. From February 15 – September 30, Monday – Friday, our hours are 8 a.m. - 8 p.m. A voice messaging service is used weekends, after-hours, and federal holidays. Calls will be returned within one business day.

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Capital District Physicians' Health Plan, Inc. | CDPHP Universal Benefits,® Inc.

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GREENE COUNTY ROUND TABLE NEWS
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411 Main Street, Catskill, NY 12414
(518) 719-3555 Toll Free (877) 794-9266
aging@discovergreene.com

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Patrick Murphy

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Laura Anderson

Jasmine Morris

The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable to be seen between 12 Noon and 1:00 p.m.

Agency staff specialize in a variety of subjects. **While walk-ins can sometimes be seen, staff who can best assist you may be unavailable at times. We recommend you call ahead for an appointment.**