NAMI

National Alliance for Mental Illness

Family to Family Course

for

Those who are caring for a person with a mental illness

Monday & Thursday Evenings

6 – 8 PM

May 16 – June 23, 2016

United Methodist Church

Windham, NY

Call to Register:

Jackie – 518-734-4383 Brenda - 518-622-8713

Support Groups

10 – 11 am

The FIRST Saturday of the month

United Methodist Church

5296 Main St.

Windham, NY

Call Jackie for info: 518-734-4383

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Cairo Public Library

512 Main St.

Cairo, NY

Call Brenda for Info: 518-622-8713