

Web Resources



Greene County Family Planning has had no input into the content of these websites.

All websites listed below are from reputable organizations.

General Health information website:

<http://www.health.state.ny.us/community> : From the New York State Department of Health this website includes links for many health related topics related to: Family Planning & Reproductive Health, Health for Pregnant Women & Babies, Infants & Children, Adolescents & Youth, Women, Men, Elderly/Seniors and related links as listed on the New York State Department of Health website

Scroll down for websites related to the following topics: reproductive health issues including reproductive cancers, resources especially for parents/guardians and/or teens, and a list of hotlines

General Reproductive Health Information

<http://www.cdc.gov/reproductivehealth/WomensRH/index.htm> from the Centers for Disease Control and Prevention

Sexually Transmitted Infections

<http://www.health.state.ny.us/diseases/communicable/std/brochures.htm>- information from the NYS Department of Health on sexually transmitted infections

<http://www.cdc.gov/STD/> : from the Centers for Disease Control and Prevention

<http://www3.niaid.nih.gov/topics/sti/default.htm> : from the National Institute of Allergy and Infectious Diseases (NIAID), part of the National Institutes of Health

<http://www.4woman.gov/faq/stdsgen.htm> : from the National Women's Health Information Center (NWHIC), a service of the [Office on Women's Health](#) (OWH) in the [US Department of Health and Human Services](#) (HHS).

HIV/AIDS

<http://www.health.state.ny.us/diseases/aids/facts/index.htm> - information from the NYS Department of Health on **HIV/AIDS**

<http://www.health.state.ny.us/diseases/aids/facts/questions/testing.htm> - from the NYS DOH information about HIV testing.

<http://www.cdc.gov/hiv/resources/factsheets/> from the Centers for Disease Control and Prevention

<http://www.aidsinfo.nih.gov> *AIDSinfo* is a U.S. Department of Health and Human Services (DHHS) project that offers the latest federally approved information on HIV/AIDS clinical research, treatment and prevention, and medical practice guidelines for people living with HIV/AIDS, their families and friends, health care providers, scientists, and researchers.

Reproductive Cancer Information Websites

<http://www.health.state.ny.us/nysdoh/cancer/center/cancerhome.htm> from the NYS Department of Health

<http://www.arhp.org/Topics/Reproductive-Cancers> from the Association of Reproductive Health Professionals

Assistance with preventive cancer screenings

Don't let lack of money keep you from getting the preventive screenings you **need!** The Columbia-Greene Healthy People Partnership helps **MEN AND WOMEN** get cancer screenings.

<http://www.columbiahealthnet.org/our-programs/healthy-people-partnership.asp?section=2>

Greene County Family Planning is among the many local providers to choose from!!!!

Cervical Cancer

<http://www.cdc.gov/cancer/cervical> from the Centers for Disease Control and Prevention

http://www.cancer.org/docroot/CRI/content/CRI_2_4_2X_Can_cervical_cancer_be_prevented_8.asp?sitearea

This link from the American Cancer Society provides information about **cervical cancer**, recommended cervical cancer screening (the Pap test), when a person should start having Pap tests, **the HPV vaccine, Gardasil**, treatment procedures for abnormal pap test results. "Since the most common form of cervical cancer starts with pre-cancerous changes, there are 2 ways to stop this disease from developing. The first way is to prevent the pre-cancers, and the second is to find and treat pre-cancers before they become cancerous."

http://www.cdc.gov/cancer/cervical/pdf/Cervical_FS_0308.pdf from the Centers for Disease Control and Prevention, Division of Cancer Prevention and Control

Breast Cancer

<http://www.cancer.gov/cancertopics/types/breast> information from the National Cancer Institute (NCI), part of the National Institutes of Health

<http://www.nlm.nih.gov/medlineplus/breastcancer.html> from the National Library of Medicine and the National Institutes of Health

<http://cms.komen.org/komen/index.htm> Komen for the Cure is the world's largest grassroots network of breast cancer survivors and activists fighting to save lives, empower people, ensure quality care for all and energize science to find the cures.

<http://www.mayoclinic.com/health/breast-cancer/DS00328> Mayo Clinic is a not-for-profit medical practice dedicated to the diagnosis and treatment of virtually every type of complex illness.

http://www.cancer.org/docroot/CRI/CRI_2x.asp?sitearea=&dt=5 from the American Cancer Society

Ovarian Cancer

<http://www.health.state.ny.us/diseases/cancer/ovarian> from the NYS Department of Health

<http://www.cancer.gov/cancertopics/types/ovarian> information from the National Cancer Institute (NCI), part of the National Institutes of Health

<http://www.nlm.nih.gov/medlineplus/ovariancancer.html> from the National Library of Medicine and the National Institutes of Health

<http://www.nlm.nih.gov/medlineplus/tutorials/ovariancancer/htm/index.htm> from the National Library of Medicine and the National Institutes of Health (an interactive tutorial)

<http://www.mayoclinic.com/health/ovarian-cancer/DS00293> information from the Mayo Clinic

http://www.cdc.gov/cancer/ovarian/pdf/Ovarian_FS_0308.pdf from the Centers for Disease Control and Prevention, Division of Cancer Prevention and Control

Uterine Cancer

<http://www.4woman.gov/faq/cuterine.htm> : from the National Women's Health Information Center (NWHIC), a service of the Office on Women's Health (OWH) in the US Department of Health and Human Services (HHS).

http://www.cdc.gov/cancer/uterine/pdf/Uterine_FS_0308.pdf from the Centers for Disease Control and Prevention, Division of Cancer Prevention and Control

<http://www.nlm.nih.gov/medlineplus/uterinecancer.html> from the National Library of Medicine and the National Institutes of Health

<http://www.mayoclinic.com/health/endometrial-cancer/DS00306> information from the Mayo Clinic

Vaginal and Vulvar Cancers

http://www.cdc.gov/cancer/vagvulv/pdf/VagVulv_FS_0308.pdf from the Centers for Disease Control and Prevention, Division of Cancer Prevention and Control

<http://www.cdc.gov/CANCER/vagvulv> from the Centers for Disease Control and Prevention, Division of Cancer Prevention and Control

http://www.cancer.org/docroot/cric/content/cric_2_4_1x_what_is_vulvar_cancer_45.asp from The American Cancer Society

<http://www.nlm.nih.gov/medlineplus/vulvarcancer.html> from the National Library of Medicine and the National Institutes of Health

Male breast cancer:

From the National Cancer Institute: <http://www.cancer.gov/cancertopics/pdq/treatment/malebreast>

<http://www.mayoclinic.com/health/male-breast-cancer/DS00661> Mayo Clinic is a not-for-profit medical practice dedicated to the diagnosis and treatment of virtually every type of complex illness.

http://www.cancer.org/docroot/CRI/content/CRI_2_4_1X_What_is_male_breast_cancer_28.asp from the American Cancer Society

<http://www.cancer.gov/cancertopics/pdq/treatment/malebreast/patient> from the National Library of Medicine and the National Institutes of Health

Testicular cancer

From the National Institutes of Health: <http://www.nlm.nih.gov/medlineplus/testicularcancer.html>

From the National Cancer Institute: <http://www.cancer.gov/cancertopics/types/testicular/>

From the American Cancer Society:

http://www.cancer.org/docroot/PED/content/PED_2_3X_Do_I_Have_Testicular_Cancer.asp

From the Mayo Clinic: <http://www.mayoclinic.com/health/testicular-cancer/DS00046>

Prostate Cancer:

From the National Cancer Institute: <http://www.cancer.gov/cancertopics/types/prostate>

From the National Institutes of Health: <http://www.nlm.nih.gov/medlineplus/prostatecancer.html>

From the American Cancer Society: http://www.cancer.org/docroot/CRI/CRI_2x.asp?sitearea=LRN&dt=36

From the Mayo Clinic: <http://www.mayoclinic.com/health/prostate-cancer/DS00043>

Web Resources especially for parents/guardians and/or teens

Greene County Family Planning encourages parents/guardians to review the sites below for content that may be useful to themselves or to their children.

<http://www.4girls.gov/body> : From the U.S. Department of Health and Human Services this is an excellent resource. It is also listed as a resource on the New York State Department of Health website. It is written for girls age 10 to 16 but is also very appropriate for parents.

http://www.4parents.gov/psu_english_final.pdf : This is a link to a booklet called “**Parents Speak Up-A Guide to Discussing Relationships and Waiting to Have Sex.**”

<http://www.advocatesforyouth.org/parents/index.htm> the parent section of the website of “Advocates for Youth an organization established in 1980 as the Center for Population Options, Advocates for Youth champions efforts to help young people make informed and responsible decisions about their reproductive and sexual health. Advocates believes it can best serve the field by boldly advocating for a more positive and realistic approach to adolescent sexual health.”

<http://www.thenationalcampaign.org/parents/default.aspx> : the parent section on the website of “The National Campaign to Prevent Teen and Unplanned Pregnancy seeks to improve the lives and future prospects of children and families and, in particular, to help ensure that children are born into stable, two-parent families who are committed to and ready for the demanding task of raising the next generation. Our specific strategy is to prevent teen pregnancy and unplanned pregnancy among single, young adults. We support a combination of responsible values and behavior by both men and women and responsible policies in both the public and private sectors. If we are successful, child and family well-being will improve. There will be less poverty, more opportunities for young men and women to complete their education or achieve other life goals, fewer abortions, and a stronger nation.”

<http://www.cdc.gov/vaccines/spec-grps/preteens-adol.htm> : From the Centers for Disease Control and Prevention. Information on recommended **pre-teen vaccinations**

<http://www.cdc.gov/HealthyYouth> : From the Centers for Disease Control and Prevention.

http://www.health.state.ny.us/community/infants_children/child_health : *Welcome to Parenthood: A Family Guide* is offered by The New York State Department of Health to help you find the answers.

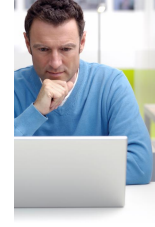
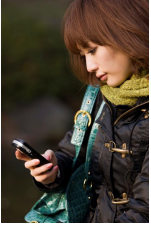
<http://www.iwannaknow.org/parents/index.html> : the American Social Health Association (ASHA) is a nonprofit organization whose mission for over 90 years has been to stop sexually transmitted diseases and their harmful consequences to individuals, families, and communities. The [iwannaknow.org](http://www.iwannaknow.org) website is designed specifically for teenagers, and it is our hope that you will allow your teenager the space to learn from this site. We encourage teenagers to seek the guidance of a knowledgeable adult since this is a time in their lives that so many new issues about their bodies, sex and sexual feelings occur. We do not presume to take the place of a parent when discussing sexual health. You know your teenager and are in tune with his or her life. Our goal is to provide educational information in a relaxed, safe and fun environment that can help initiate conversations about sexual health between you and your teenager.

http://www.youngwomenshealth.org/about_us.html: The Center for Young Women’s Health (CYWH) is a collaboration between the [Division of Adolescent & Young Adult Medicine](#) and the [Division of Gynecology](#)

at [Children's Hospital Boston](#). The Center is an educational entity that exists to provide teen girls and young women with: [Carefully researched health information at YoungWomensHealth.org](#)
[Special health education programs & conferences by and for teens at the Center for Young Women's Health](#)
[Links to information about the expert medical care available at Children's Hospital Boston](#). The mission of our website, [YoungWomensHealth.org](#), is to help teen girls, their parents, teachers, and health care providers improve their understanding of normal health and development, as well as of specific diseases and conditions. We want to empower teen girls and young women around the world to take an active role in their own health care. We invite you to explore our website to find [health resources for teens, parents, and healthcare professionals](#), and to learn more about our [special youth programs](#), [medical services](#), and [research projects](#).

<http://www.youngmenshealthsite.org> :Young Men's Health (YMH) is a website produced by the [Division of Adolescent and Young Adult Medicine](#) at [Children's Hospital Boston](#). The purpose of the website is to provide [carefully researched health information](#) to teenage boys and young men. The mission of Young Men's Health is to help teen boys improve their understanding of normal health and development, as well as of specific diseases and conditions. We want to empower teen boys and young men around the world to take an active role in their own health care. We invite you to [explore our website!](#)

<http://kidshealth.org/teen> and http://kidshealth.org/parent/system/doctor/medical_care_13_18.html: from the Nemours Foundation , established in 1936 by philanthropist Alfred I. duPont, is dedicated to improving the health and spirit of children. Today, as part of its continuing mission, Nemours supports the operation of a number of renowned children's health facilities throughout the nation, including the Alfred I. DuPont Hospital for Children in Wilmington, Delaware, and the Nemours Children's Clinics throughout Florida. Nemours also supports important clinical research aimed at translating advances in science into practical ways of improving health care for infants, children, and teens. (Nemours is a link that can be found on websites of from the National Library of Medicine and the National Institutes of Health)



Helpful Hotlines

Adolescent Crisis Intervention & Counseling

1-800-999-9999 www.covenanthouse.org

The Covenant House NineLine helps with many issues including the breakup of relationships, problems with parents, school or peers, parenting concerns, alcohol and substance abuse, health concerns, physical abuse, homelessness and suicide

Alcohol and other Drug Abuse

1-800-522-5353 www.oasas.state.ny.us

New York State Office of Alcohol and Substance Abuse Services Info and Referral Line for information, counseling or referral

1-800-344-2666 www.al-anon.alateen.org

Al-Anon/Alateen Meeting and Info Line
Hope and help for young people who are relatives or friends of a problem drinker

HIV/AIDS

1-800-342-2437 www.cdc.gov/hiv/dhap/htm

Centers for Disease Control and Prevention
National AIDS Hotline

1-800-962-5065 or 1-800-541-2437

call for HIV testing locations and other info
www.health.ny.state.us/nysdoh/aids

New York State Health Department

Child Abuse

1-800-342-3720 www.ocfs.state.ny.us

NYS Child Abuse and Maltreatment Hotline

Domestic Violence

1-800-942-6906 www.opdv.state.ny.us

New York State Office for the Prevention of Domestic Violence

518-943-9211- Office phone of Columbia- Greene Domestic Violence Program

Eating Disorders

847-832-3438 (not toll free) M-F 10-6 EST

www.anad.org

National Association of Anorexia Nervosa and Associated Disorders- hotline counseling and referrals related to anorexia, bulimia and compulsive overeating

Missing Children

1-800-843-5678 www.missingkids.com

National Center for Missing and Exploited Children

Poison Control

1-800-222-1222 www.aapcc.org

American Association of Poison Control Centers

Rape

1-888-943-2472 - Reach Center Hotline

518-943-4482 - The Reach Center Catskill Office

Runaway, Throwaway, Homeless Youth

1-800-621-4000 www.nrscrisisline.org

National Runaway Switchboard
shelter, transportation, food, crisis intervention, message service, mediation service, bus tickets home

Sexually Transmitted Diseases

1-800-227-8922 www.cdc.gov/std

Centers for Disease Control and Prevention

1-919-361-8488 www.ashastd.org

Herpes Hotline- American Social Health Association

Smokers Quit Line

1-866-697-8487 NYS Smokers Quitline

Suicide Prevention

518-689-4673- The Samaritans

18-447-9650- Capitol District Psychiatric Center
Crisis Line

1-800-999-9999- Covenant House=s Crisis Hotline

