

Greene County Family Planning

Community Education Program

Greene County Family Planning
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Community Education Program

The goal of the Community Education Program is to reduce the numbers of unintended pregnancies and the numbers of sexually transmitted diseases, and increase the general reproductive health of people by increasing knowledge about reproductive health issues and subsequently effect behavior change.

The Education Program of Greene County Family Planning is one that can be offered through various methods to a wide variety of people seeking a basic understanding of reproductive health issues. The Education Program is designed to be offered to groups or individuals. It is sufficiently flexible to be adaptable to all levels of education and comprehension. Workshops/in-services and classes are available by request to schools, colleges, parent groups, community groups, community based agencies, local government agencies, private sector employers, and health professionals. Program staff often collaborates with other local education programs. The Educational Program also includes the use of the media such as television, radio, posters, pamphlets, and newspapers.

Books and videos are available upon request. All program materials are reviewed by the Educational Materials Advisory Committee for appropriateness to age, for our community and for accuracy. The committee is made up of members of our community.

If you are interested in arranging a program, borrowing materials or for other assistance, please call Greene County Family Planning at 518-719-3580.

Programs can be individualized to the particular need of an audience. Programs may consist of a combination of the following methods: lecture, video, demonstrations, games, discussions, question box, role plays, power point programs and art work. The following lists are programs that have

been presented in our community. You may request other topics in the arena of reproductive health care. Call the Health Educator at 719-3581 for more information.

Program Topics for Adults

Agency Services/ Importance of Reproductive Health Care- “We Care About You”

Contraceptive Education- “No and Other Methods of Birth Control”

STD/HIV Education and Prevention- “VD/ STD Who Me?”-can include or not include a demonstration of the correct use of barrier methods of risk reduction such as condoms

Parent/ Child Communication- “Health Chat- How Do We Talk To Our Kids About Those Sensitive Issues?”

Menopause- “Take Charge”

Breast and Testicular Self Exam

Think Ahead for a Healthy Baby- preconception health including FAS/FAE/ a two session lesson

Think Ahead for a Healthy Baby: lesson focuses on Fetal Alcohol Syndrome and Fetal Alcohol Effects

HIV/AIDS- Myths vs. Facts

Program Topics for Adults and Children /Teens

Agency Services/ Importance of Reproductive Health Care- “We Care About You”

Puberty- “It’s Great Being A Girl”

HIV/AIDS- “Let Talk About AIDS”

HIV/AIDS- “Jeopardy Game” can be abstinence only or abstinence based

Program Topics for Adults and Children /Teens/ cont’.

Sexually Transmitted Infection (STI) Education and Prevention- “VD/STD Who Me?”--can include or not include a demonstration of the correct use of barrier methods of risk reduction such as condoms

Contraceptive Education- “No and Other Methods Of Birth Control”

Adolescent Pregnancy- “Tough Roads- Teen Pregnancy”

Program Topics for Children and Adolescents

Agency Services/ Importance of Reproductive Health Care- “We Care About You”

Teen Pregnancy- “Tough Roads- Teen Pregnancy

Contraception Education- “No and Other Methods of Birth Control”

Sexually Transmitted Infection (STI) Education and Prevention- “VD/STI/ Who Me?”- can include or not include a demonstration of the correct use of barrier methods of risk reduction such as condoms

My Friends and I - A Look at Healthy Relationships

Puberty- “It’s Great Being A Girl”

HIV/AIDS- “Let’s Talk About AIDS”

HIV/AIDS- “HIV/AIDS Jeopardy Game”- can be abstinence only or abstinence based

Think Ahead for A Healthy Baby- Preconception Health

Better Safe Than Sorry: focuses on FAS/FAE

Multi Session Programs for middle school, high school or college classes can cover the following topics-

- ▣ Overview of Greene County Family Planning services
- ▣ Importance of reproductive health care

- ▣ STI/HIV/AIDS education and prevention - can include or not include a demonstration of the correct use of barrier methods of risk reduction such as condoms
- ▣ Teen pregnancy issues
- ▣ Teen pregnancy prevention including abstinence

- ▣ Dating relationships
- ▣ Communication and decision making skills
- ▣ Relationship of alcohol, tobacco and other drugs on your risks of pregnancy, STD infection and assault
- ▣ Sexual coercion
- ▣ Preconception Health

Other Resources Available

The following materials are available on a loan basis for a one month time period - call 719-3580 and ask for the Health Educator.

- Books
- Videos
- Games
- Demonstration Aids- examples- contraceptive teaching kit, fetal development poster, Empathy Belly- training in proper use is required, available by appointment with Health Educator
- Curricula

The following materials are available on site only for research purposes on an appointment basis- call the Health Educator at 719-3580

Reference Books

Periodicals

Greene County Family Planning has free written materials on many health related topics. Call the Health Educator with your request.